

NEWSLETTER #23

2nd Quarter 2000

Amite, LA



The Group Warming Up in Amite!

As if it isn't warm enough in Louisiana in June but we did the warm-up anyway and then about three more hours of Get-down Kenpo.

Once again, it was great. The place is great. The people are great. The action is great. And above all the Karate Connection Brotherhood is the greatest. Every year upon returning, we are ready to turn around and do it again the next weekend.

There are two things we really look forward to each year and soon there could be three. The first and oldest is our annual trip to Amite, Louisiana each June. The trip we just got back from was number seven. The next most anticipated event is of course the Long Beach Tournament and Seminar, the third of which is coming up again the second Saturday of March, next year. The newest of our composite events will take place for the first time in San Jose, California this coming August.

The IKCA Seminar will be held on the morning of August 20, 2000 which is a Sunday. The Tournament will be held on that same afternoon. The reason these events are being held on Sunday instead of a Saturday is because The Great American Nationals, which are presented by Master Jim Buhisan and Ramir Mosqueda, will take all of the preceding Friday and Saturday. So, if you are an IKCA member

who wishes to compete in regular tournament events they are there for you on Friday and Saturday and if you would like to compete in the IKCA variety we will be there for you on Sunday. We hope for this to become another annual event.

Everyone comes to such a gathering knowing the same basics, techniques and form but there are always things that have to be looked at and brought up to the standard we wish to maintain. Sometimes it's as simple as an open hand versus a closed fist. Sometimes it's an angle in the form. Sometimes it's more complex but whatever it is we get a chance to work on it and send everyone home with a greater understanding of what they can get from the system. We did something a little different this time in Amite. We are always trying to stimulate the seminars in one way or another and although everything is going fantastically well we decided to try something new and see how the people liked it.

After two hours of rigorous workout we had a free-for-all. Don't let that throw you. All it means is that we threw the seminar open to the participants to go into which ever group they wished and participate to whatever degree and time they wanted, being free to drift from one to the other and join in or leave at any point.

Three groups were involved in the theory and technique of Freestyle Fighting. Each had a different leader and therefore, a different point of view. You could choose the one that suited your own personality or one that offered something you had never considered before. While those groups were doing their thing, there were two groups involved in running the Semi-Circle Drill. All too often many of our students do not have the availability of enough people to run a semi-circle drill and this gave them a rare opportunity.

The beauty of the "Circle of Humiliation" as we like to call it, is that you can run this drill with as many different levels of advancement as you have students. All you have to do is tailor what each student does when it's their turn in the middle. If they have never done it before, they can just practice taking a proper defensive stance at the correct distance and that's a good start for them. If they have worked the drill only a couple to a few times we start them off with taking their defensive position and adding a block. In time they can progress to adding a strike or kick to the equation. For those who are familiar with the drill, they can do full-out techniques. That way all levels can work at once and those not as experienced can see and benefit from those with more experience. It's a win-win situation.

The freestyle groups present the challenge of how to train and teach freestyle techniques to students with wide-ranging degrees of experience. Actually, it doesn't come out that much different than the

semi-circle groups. The instructor assesses each student and pairs him or her off with a student of greater experience so that person may help their partner with the overall instructor observing the group as a whole and making individual suggestions when they become necessary.

For the freestyle portion of the seminar we chose to use the "Back-and-Forth" drill. This drill is done by having only one person attacking at any given time. The defenders may use distance as a defense, they may use blocking, they may jam their opponent, and they can counter either in place or retreat and then counter. What they cannot do is initiate an attack. What this does is greatly reduce the chance of injury due to the clash. The clash being when both fighters initiate a simultaneous attack. This gives the instructor the opportunity to observe both the attacking techniques and the defensive tactics of each pair and make suggestions. Then of course the participants rotate to another partner.

Upon talking with a representative number of participants it looks as if we will be doing the free-for-all again, probably at the Great American Nationals in San Jose, August 20, 2000. If you live in any of the Western states, you or the school you attend will no doubt receive information on the tournament and the IKCA involvement in it. If you have any questions concerning the Seminar there or the Tournament events please call us at (714) 229-0372. The cost for the IKCA Seminar is \$70.00. The cost for entering the IKCA Tournament Portion of the day is \$30.00 plus \$10.00 if you wish to compete in both the Master Form and the Triathlon events. If you enter both you are free to enter as a part of a team for the team event, with no further charge.

The Amite Tournament

The Tournament in Amite isn't exactly the same as the one we have in Long Beach, it's a lot less formal. It's really a part of the party Mayor Goldsby hosts for us at his pool Cabana on Friday evening before the Saturday Seminar. There's a lot of eating, socializing and finally competing. We don't have the Master Form competition or the Team Event. It's just the Triathlon. And it's open to all who wish to compete. The results are official and the trophy medallions are awarded.

The Champions

This years' competition was really interesting, because of the diversity of the people involved. We had a number of people who wanted to do it just for the heck of it, knowing they couldn't possibly beat, what I call, the real gunners. The people you'd expect to win unless they went brain-dead at just the wrong moment. And that happens more times than you would like to imagine.

In the women's division, Michelle Sylvester a Brown Belt under Damon Excell gave it a try although she had never even done some of the events in practice. All things considered, she did herself proud but knows now she's got to get with the program before next year. It took a lot of heart just to get out there in front of her peers and give it a try.

Monica Syler under Joey and Sandra Cadena also got into the action even though she is a Green Belt competing against those who far outrank her. In this instance you could tell at a glance that she had done these events as drills and she did very well considering her rank. Again, it takes a lot of heart to do something like this but the beauty is that everyone in the room is pulling for you and they give you a lot of encouragement from the sidelines. Oh sure, they might want someone close to them to win but they are happy for whoever does because whoever it is, it's one of our own.

It was Megan Joyce whose instructor is Ron Marcarelli, who captured third place with a solid performance. I think we can look to Megan to right up there in the future as well. She's young and cool and moves with authority and you could see that these events were no more than the drills she did back home.

Sandra Cadena whose instructors included Vic and me, on video, but most importantly, her husband Joey took second place home. Her speed and power was truly outstanding. Vic said it best when he said to me, "She moves just like a guy". Now, for the feminists out there, please don't take this as a disparaging remark. It's a compliment. The same one I gave to Barbara Hale, one of Kenpo's most accomplished women practitioners, to which she replied, "Thank you Chuck, that's the nicest thing anyone has ever said to me". All we mean by it, is pound for pound they are as good as anyone we have ever seen, male or female. Sandra is definitely a contender where ever she goes, be it an open tournament or an IKCA tournament.

In this case movement alone was not the deciding factor. Because of the rules of the game a whole lot more comes into play. In this tournament she was moving with such speed and power she got a little too caught up in the moment. Something I'm guilty of all too

often myself. We get to enjoying the targets coming at us and the intensity of its explosive quality, we (at least I do) forget that we can't just hit everything in sight and let it go at that. I constantly have to remind myself that this is a drill that is centered on doing different techniques for each opponent. When I first developed this drill, long before it became a competitive event, we would just "cut and shoot". It didn't make any difference if we used the same technique over and over. All that mattered was hitting the targets with good form and execution. It's not a bad way to practice but what's the point of learning and drilling all those great techniques if you can't use them?

So, this is a contest and rules of the contest say that you cannot do the same technique more than once without suffering deductions. The exception is doing a technique on the other side for an attack from the other hand. Example: Fists of Fury, inside a right punch, and later, inside a left punch.

The most costly infraction of course is to come up blank and not do a technique at all. We call it "blowing at technique" and the sad part of it is, you could be doing moves and putting in shots that could annihilate your opponent completely but if your combination isn't a recognized, named, Karate Connection Technique, it's a "Blown Technique" because that's the only way this kind of competition can be judged and it's really the only way we are going to force ourselves to utilize our entire Art. So while we are looking so good and displaying such ferocity we are losing points hand-over-fist at the same time.

Case in point, is the queen of cool, Carrie Godwin. Carrie wasn't moving as hard as Sandra and lost points for it but she stayed within the parameters of the competition beautifully. On her run through the semi-circle she had no blown techniques and repeated only Bolo, for a left punch. Part of her training in the semi-circle is, if it comes to a choice between repeating a technique and hesitating long enough for that attack to be considered a blown technique, to quickly make the decision to repeat, because the deductions are only half that of a blown technique.

The thing to remember here is that this is a competition that has rules and the only way you are going to win at this is to study those rules and use them to your advantage. The by-product is that it will improve your overall Kenpo expertise immensely. Will it give you as much practical experience as going out to a Honky-tonk three nights a week and fighting everyone who will fight you? Absolutely not. Is that as reasonable way to practice? I won't even dignify that with an answer.

So what you have to do to be a winner in the Triathlon events is to move with the speed and power of Sandra Cadena and at the same time with the coolness and precision of Carrie Godwin. Now what's going to happen when Carrie starts moving with Sandra's speed and power, which is what she's been working on since she's seen the video we shot in Amite? And what's going to happen when Sandra begins concentrating more on precision and the rules of the game, which I imagine she already is? It's going to get real interesting in future competition, isn't it?

That's what this competition is all about. It's one thing to do these drills in the dojo and turn in a good performance, where your main objective is striving for perfection, for your own personal satisfaction. It's quite another to go up against people from far and wide who are out there practicing their guts out, just to beat you. And what does that do for the over-all quality of our Kenpo? I do believe, in the short time we have been doing it, it has had the impact we hoped it would. We have seen the quality improving steadily since we introduced these drills as competitive events. The triathlon events have given another dimension to the Art and to the IKCA and its members. It has given us a way to practice for excellence and for something that brings us even closer together as a Brotherhood.

The Guys

Jason Smith who teaches at Ron Marcarelli's school in DeBary Florida had the fewest deductions in the Escape Technique Line and he was smokin'. Jason's reaction times to the grabs were wonderful. Joey Cadena of Falfurrias TX was right behind him with only one more deduction. Then came Nathan Murphree of Branson, MO with just one more. The rest of the field was not too far behind during this event. If you have ever seen the triathlon you know, the first leg is the easiest. The grabs and holds definitely dictate which technique you must do. Therefore, there are very few "Blown Techniques." You can easily screw up on the blows, by leaving some out or not hitting the targets but the techniques themselves are predictable so it's an easy event to judge. Not so, with the semi-circle.

The semi-circle is everyone's nemesis, contestants and judges alike. For the contestants it's the heat of the moment and trying not to repeat a technique, blow a technique, leave any moves out of a technique, hit all the targets and maintain a solid stance and balance throughout. Plus, you have to make sure the blows are strong but don't hit and injure an attacker-judge. And the judges have to see it all and call it right.

Vic and I took on the most challenging job within the judging, that of naming the techniques as they are being done and initialing them on a card for reference and comparison when the run is finished.

It takes both of us and occasionally we still have to ask for help from the judges whose responsibilities are hands and feet.

We are now in the process of experimenting with video for these purposes, as well as the rest of the judging for the Triathlon. If we've got it, we might as well use it. So far, video is allowing us to see things we couldn't possibly have seen otherwise and these elements are important in determining the overall performance of the winners. Video has been our best friend in the past and it looks like it will be into the future as well. We'll be letting you know more about video judging in the next Newsletter, when our research reaches a more definitive state.

In the meantime, here's how it went with the guys in Amite. I hate being redundant but I have to say it again. The semi-circle is a "dooms day machine". And the biggest killer within it, is blowing a technique, which is what killed most of the contestants. Sure, they can beat up their entire neighborhood but they'd do it with the same three or four techniques, which would work there but not in the Triathlon.

Everyone had at least one blown technique with the exception of Joey Cadena. He would have had what we call a perfect run but he did repeat a technique and then picked up one more deduction, because of it. He repeated Crenshaw High Five but he realized it as he got to the end of the technique and it looks as if he became momentarily pissed at himself because instead of shooting the last chop to the neck he just sort of waived it off. I'll be honest with you, we didn't pick up that deduction at the time, I picked that up on the video during the analysis I've been doing since we are back. I think we are going to set a new standard with video judging in the future. The fact is that Joey picked up one more deduction than we saw at the time meaning nothing in this particular case because he would have won hands down anyway; but perfection is what we are seeking and its perfection we will have. We will settle for nothing less.

An interesting happened for second and third places. Nathan Murphree from Branson MO had only eleven deductions on the semicircle and Alan Nisberg from Tampa Bay, FL had twenty one. When it came to Striking the Dummy however things reversed and Nathan, through a series of off-target shots, racked up thirteen deductions and Alan who turned in a strong precision performance, totaled only three, which tied with Joey for best score on that leg. So now Nathan and Alan were dead even for the tournament but there is a tie breaker built into the tournament rules. The Striking the Dummy event is timed and in case of an overall tie, the contestant with the fastest time on that event is the winner. Nathan beat Alan by four one hundredths of a second.

And the beat goes on! The competition gets more exciting each time we have it.

Everyone had a great time and learned a lot from one another and once again we wish to thank Mayor Goldsby for his fantastic hospitality and all the great food his brother Miles prepared for us. The seafood gumbo was the best we've ever had <u>anywhere!</u> Thanks again Reggie and Lisa.





Brian Hawkins Annual Kenpo Tournament



Pictured above are some of the people we ran into at Brian Hawkins annual Kenpo Tournament held in Culver City California, just a stones throw from the West LA Studio Brian managed for Mr. Parker. He was the last manager of that school before Mr. Parker's untimely passing. That's Big Brian to the extreme right. Next to him is a Kenpo Legend, Albert Cornejo, next is the familiar face of Vic LeRoux, then Tommy Chavez. Next to Tommy is an old friend and compatriot George Waite. That's me in the middle standing next to Frank Trejo. Next to Frank stands Ed Parker Junior. The next young man is unknown to me but obviously not to the others. Next to him is Bob Lyles whom we hadn't seen in a few decades. And last but not least is Dian Tanaka, the top ranking Kenpo Lady Forms Champion of all times, looking younger and more lovely than ever. Dian doesn't get older she just gets better. It was wonderful seeing these folks and several others that were busy running the tournament when this photo was taken. We had a great day. Thanks to Dian for sending this photo. One of the highlights of the day was when one of the Crazy Eagles, Efren Palacios won the Black Belt Freestyle competition. The Crazy Eagles is an IKCA Affiliate School owned by Armando Deloa.



The above photo shows Efren in a semi-final match where he became airborne from a kick that didn't rise above the waist. As you can see, his opponent is much larger than he is. In fact I would have to say he was a full head taller than Efren and forty pounds heavier but it didn't make any difference in the final outcome, because Efren beat him and he was no pushover. The guy had gotten to the semi-finals in an impressive series of matches and wound up taking third place.

Efren went into the finals against a man much closer to his own size and it was an exciting match, to say the least. The final point came when his opponent attacked and Efren ducked away from it, spun and came up with a hooking heel kick to the back of the man's head that made contact. In fact for a while the judges pondered over the loss of a point for excessive contact or possibly even disqualification but then wound up giving him the point, the match, and the Championship. They finally agreed that the kick was just too good not to be rewarded.

If you look in the last Newsletter you will see that Efren placed second in the Master Form Competition at the IKCA Championships last March in Long Beach. Efren is an amazing young man, whom you will see a lot of in the future.



Something to Consider

The following came to us through an e-mail from our brothers in Alabama. We thought it warranted repeating. They invited us to download a photo of them but it wouldn't work, using two different computers. Finally in a last attempt we printed out the photo from their homepage on our PC, then scanned it onto the Macintosh and transported it onto this page, for reprinting here. Ain't technology

grand!



We practice a martial art that we can trace back to China in origin, we learn and practice it in America. It has been innovated and renovated to make it more practical and useful in modern combat and street fighting. Even though we have the deepest respect for our roots, it has been Americanized and rightfully so, for we live in America and we are free, free to practice AMERICAN KENPO. Freedom to learn and teach all modern combat sciences is what keeps this country free, and we celebrate this freedom on Independence Day every year on the fourth day of July. Enjoy your freedom as an American, but above all remember what freedom really means, it is a way of life, and MANY people of Many nations have given their lives to keep their families and countrymen FREE!! SALUTE!

Your American Brother in Kenpo, Trace Albritton, 2nd Dan Kenpo.

FAQ

We are certain that by now you are aware of the IKCA Website at http://www.karateconnection.com and we hope you have visited it.

One of the features on the site is the newly created Frequently Asked Questions page. There are a number of questions that have already been submitted and yours might be among them. If, on the other hand, you do not have a computer or have one but are not online, it's hardly likely you asked any of these questions.

We use computers on a daily basis and after a while you get to thinking that everyone else does too, but it just isn't so.

For those of you who don't need to be online or haven't even seen the necessity for a computer we would like to share some of those questions with you with the space available in this issue and issues to come. They are good questions and some you might have wondered about yourself.

Here they are as they came in to us:

1. How long does it take to get a black belt in the IKCA?

This is a fair question. Unfortunately there is no set answer. It would be like asking, "How long does it take to learn to play the violin?" Who could answer that? Naturally, it all depends upon the amount of time the individual is able to devote on a weekly or daily basis and the given talent of the student. I wish we could give a number of months or even years but we can't. it would also depend upon previous training. Some students come to us as Black Belts from other schools of Kenpo. Their rate of learning is uncommonly fast. Others come with Black Belts from other styles or systems of Karate. Their rate is usually very quick as well. Then there are those who have no previous Martial Arts training what-so-ever. They can run the gamut as far as time is concerned. Where do you fit into this puzzle?

2. Do IKCA folks practice/test/train with shoes on or off?

We train with our shoes ON for a very specific reason. We wear them the rest of the time and if we were to train with them off it could change things if and when we need to use our Art. If you are not accustomed to wearing them when you train it could easily change your speed and how you move in combat. If you are used to wearing them while training they will make no difference to you on the street. Also, shoes are the best protective equipment, for the feet, that we have. The most vulnerable part of the body in freestyle is the toes, which have a propensity for getting broken all too easily. Another reason we like the use of shoes in the dojo is the fact that, they allow

us to become comfortable with using more of our power when kicking into a physical target such as a life size dummy, thereby helping us develop more powerful kicks.

3. Why do folks in the IKCA wear black uniforms?

It's just a matter of preference. I wore a white gi for the first twenty or so years in the Art and Mr. LeRoux for probably the first fifteen. When Black became available we gave them a try and found them more comfortable than having to watch everywhere we sat or what we leaned against, trying to avoid getting a spot on our fresh white uniforms and eventually having to trash them because of stains, when they were still serviceable. I guess it's more a matter of practicality than anything else. Much like the system itself; if it isn't practical, don't do it.

4. Does the IKCA system teach ground fighting? (If not, then why not? Isn't this stuff important for a real fight?)

The IKCA does not teach ground fighting on video for the simple reason that it can't be taught effectively on video. It requires sensitivity and the only way to learn it properly is to have an instructor right there with you, preferably on top of you, during your training because everything changes with the slightest of movements. Isn't this stuff important? It certainly is! And the IKCA uses its own members, who are highly trained, to train our other members when they are available. For a much more in-depth view of this subject please go to IKCA Newsletter Articles here on the web site and click on Stand-up fighting - vs. - Ground fighting.

5. Can an IKCA student be tested at an IKCA seminar?

Unfortunately, no. For several days before and after and the entire day of the seminar our time is always much too committed to allow us to do any testing.

6. How can I demonstrate the various techniques for testing if I don't have a training partner?

This is one of the toughest questions of all. Doing blocks and strikes in the air without a live body to show their relationship to the targets goes against the method of testing we have established, which has proven itself overwhelmingly successful for over ten years. We want to see that you know what the targets are and that you are capable of hitting them. There is only one other acceptable method and it must be approved on an individual basis, before the testing commences. Plus, we reserve the right to cancel it at any time if it

isn't proving effective for a particular student. That method is doing the techniques on the Ultraman dummy. Even though the dummy doesn't react like a real person, we are familiar with how they do react. We are also familiar with the restrictions they offer. It isn't exactly the same as a live partner but in some ways it's even better. Using the Ultraman allows us to evaluate many things. We can see the targets being struck with power and we can see that a physical object is not slowing the moves. We can see that the targets, which are available for any given technique, are actually being hit, which are the majority We wish we could make striking the dummy an additional requirement for every test but that would force all of our students to purchase an Ultraman, which we feel is a costly and therefore an unreasonable demand. If on the other hand, it's absolutely the only way you have of getting a partner, in all likelihood we will allow you to begin that way and proceed if it proves effective for you.

7. Can I be a member of the IKCA and another Kenpo organization?

Absolutely! Nothing in the IKCA Bylaws prohibits a member from membership in other organizations or clubs.

8. Can I teach a martial art or style other than IKCA Kenpo if I am an IKCA Black belt?

Again - Absolutely! Please refer to the <u>IKCA Bylaws</u> for complete information on the subject.

9. How can I teach the yellow belt techniques to kids if I didn't have to learn them myself?

The Yellow Belt techniques were designed for children under twelve. The Yellow Belt Video also teaches the Basics in a slightly more fundamental manner. It was done this way to give kids five easy-to-learn Techniques as an introduction as well as a double dose of basics, because the basics are repeated at the Orange Belt level and included in the test. If you are a Qualified Instructor and intend to teach the Yellow Belt Techniques all you have to do is get the Yellow Belt tape and learn them yourself. It should take any Qualified Instructor all of about twenty minutes.

10. If I'm an IKCA certified instructor can I charge students a fee over and above the \$45 video testing fee?

To begin with, the official IKCA testing fee is \$49.95 (as of the printing of this article, please check at www.karateconnection.com for

current pricing) and if you are a Certified Instructor it means that you have already Qualified by taking a student of yours through the program to Black Belt so there is no longer any necessity to pay testing fees to the IKCA. You are only required to do so with one student. The exceptions of course are promotions to Black Belt. When each of your subsequent students is going for their Black Belt they must test through the IKCA in order to become a Sanctioned IKCA Black Belt. As to charging a fee over that of the IKCA's, if you are teaching and giving extra time to a student in preparation of an upcoming test you must charge what you feel is fair for that time. The IKCA charges for time spent and it is only reasonable for you to do the same. In fact, because of the amount of time expended upon such promotions the IKCA Black Belt tests and promotions have recently been raised to \$100.00 (as of the printing of this article, please check at www.karateconnection.com for current pricing). Complete rules concerning and governing rank are here on the web site under, IKCA Bylaws.

We hope these questions are among those you would have asked. If you have any further questions please feel free to ask them here. If they fall into the category of Frequently Asked Questions we will be happy to add them to this page. It might take some time so please be patient. In the meantime if you watch our thirty minute Preview Video, we feel most of your questions will be answered during that time.

The above questions are only the first batch that came through at the announcement of the FAQ page. Others will follow, until hopefully we have answered all the questions folks have to ask.





We would like to take this opportunity to congratulate you on your promotion. We know what kind of dedication and perseverance it requires to earn rank in the Martial Arts and we wish to pay our sincerest respects to you for having shown what it takes to appear on this list.

Terry L. Syler	Premont, TX, USA	GREEN
Allen R. Granger	Lawton, OK, USA	PURPLE
Kevin O'Hara	Australia	ORANGE
Steven Daros	Australia	ORANGE
Kristen Stenberg	Garden Grove, CA, USA	ORANGE
Donald Areas, Sr.	Napa, CA, USA	BLUE
Marcus Rowlands	Napa, CA, USA	ORANGE
Monica Syler	Falfurrias, TX, USA	GREEN
Amy Longoria	Falfurrias, TX, USA	GREEN
Amador Pena	Falfurrias, TX, USA	GREEN
Sam Cantu	Falfurrias, TX, USA	GREEN
Luis Escobar	Falfurrias, TX, USA	BLUE
Eden Escobar	Falfurrias, TX, USA	BLUE
Roy Basaldua	Falfurrias, TX, USA	PURPLE
Tom Dyer	Ventura, CA, USA	ORANGE
Ron White	Pittsburg, KS, USA	GREEN
Jerry Brooksher	Pittsburg, KS, USA	GREEN
Charles L. Diehl	Louisville, KY, USA	GREEN
Jose D. Segovia	Oakhill, VA, USA	BLUE
Mike Moss	Bakersfield, CA, USA	1st Degree Black Belt
James F. Seals	Georgetown, TX, USA	1st Degree Black Belt
Andrew M. Croniser	Forest Port, NY, USA	BLUE
Robin Gary Boss	Lancaster, NH, USA	PURPLE
Shawn Becraft	Rockville, MD, USA	PURPLE
Donovan Kook	Savanna, VA, USA	ORANGE
Gene Horsley	Thornton, CO, USA	ORANGE
Toni Weinbeck	Chaplin, MN, USA	ORANGE
John Koeshall	Chaplin, MN, USA	GREEN
Reggie Goldsby	Amite, LA, USA	2nd Degree Black Belt
Paul Britton	Amite, LA, USA	6 th Degree Black Belt
Alejandro Chacon	Bellflower, CA, USA	BLUE
Andrew Osnaya	Bellflower, CA, USA	PURPLE
Kyle Bexten	Holts Summit, MO, USA	ORANGE
James Phelps	Holts Summit, MO, USA	ORANGE
Chris Cade	Holts Summit, MO, USA	ORANGE
Roger Kallenbach	Holts Summit, MO, USA	ORANGE
Eddie Schepers	Holts Summit, MO, USA	ORANGE

Rosa Hernandez	Richmond, CA, USA	PURPLE
Tec W. Ihle	Middletown, OH, USA	PURPLE
Anthony Boan	Napa, CA, USA	ORANGE
Greg Fletcher	Trenton, OH, USA	PURPLE
Zack Lenz	Pittsburg, KS, USA	ORANGE
Ronald L. Casto	LaPine, OR, USA	ORANGE
Kenneth Dean Crosier	Phoenix, AZ, USA	GREEN
Lee Cochran	Phoenix, AZ, USA	YELLOW
Steve Clements	Phoenix, AZ, USA	YELLOW
Michael J. Gemmell	Rossmoor, CA, USA	BROWN
Fredrick Roots	Oakland, CA, USA	PURPLE
Greg Yates	Scottsboro, AL, USA	GREEN
Angie Yates	Scottsboro, AL, USA	BLUE
Wayne Lowe	Scottsboro, AL, USA	PURPLE
Tish Nelson	Scottsboro, AL, USA	ORANGE
Jason L. Carter	Pierre, SD, USA	ORANGE
Marcus A. White	Pittsburg, KS, USA	ORANGE
Justin Brown	Pittsburg, KS, USA	ORANGE
Ronnie Arnold	Pittsburg, KS, USA	ORANGE
Luciano Goosen	South Africa	ORANGE
Celest DuPreez	South Africa	ORANGE
Izak DuPreez	South Africa	ORANGE
Thinus Labuschagne	South Africa	ORANGE
Seven L. Abe	Torrance, CA, USA	BROWN
Stephanie Watters	Debary, FL, USA	GREEN
Heather Miller	Debary, FL, USA	GREEN
Frenchie Leftly	Debary, FL, USA	GREEN
Frenchie Leftly Erik Watters	Debary, FL, USA	GREEN BLUE
Frenchie Leftly Erik Watters Lloyd Hermosisima	Debary, FL, USA Torrance, CA, USA	GREEN BLUE 1st Degree Black Belt
Frenchie Leftly Erik Watters Lloyd Hermosisima Daniel T. Maher	Debary, FL, USA Torrance, CA, USA Boonville, NY, USA	GREEN BLUE 1st Degree Black Belt BLUE
Frenchie Leftly Erik Watters Lloyd Hermosisima Daniel T. Maher Denna Rector	Debary, FL, USA Torrance, CA, USA Boonville, NY, USA Scottsboro, AL, USA	GREEN BLUE 1st Degree Black Belt BLUE ORANGE
Frenchie Leftly Erik Watters Lloyd Hermosisima Daniel T. Maher Denna Rector Ron L. Whipple	Debary, FL, USA Torrance, CA, USA Boonville, NY, USA Scottsboro, AL, USA Lancaster, CA, USA	GREEN BLUE 1st Degree Black Belt BLUE ORANGE GREEN
Frenchie Leftly Erik Watters Lloyd Hermosisima Daniel T. Maher Denna Rector Ron L. Whipple Paul Metz	Debary, FL, USA Torrance, CA, USA Boonville, NY, USA Scottsboro, AL, USA Lancaster, CA, USA Manitowoc, WI, USA	GREEN BLUE 1st Degree Black Belt BLUE ORANGE GREEN GREEN
Frenchie Leftly Erik Watters Lloyd Hermosisima Daniel T. Maher Denna Rector Ron L. Whipple Paul Metz Ruben Uribe	Debary, FL, USA Torrance, CA, USA Boonville, NY, USA Scottsboro, AL, USA Lancaster, CA, USA Manitowoc, WI, USA Bellflower, CA, USA	GREEN BLUE 1st Degree Black Belt BLUE ORANGE GREEN GREEN YELLOW
Frenchie Leftly Erik Watters Lloyd Hermosisima Daniel T. Maher Denna Rector Ron L. Whipple Paul Metz Ruben Uribe Kenneth Hines	Debary, FL, USA Torrance, CA, USA Boonville, NY, USA Scottsboro, AL, USA Lancaster, CA, USA Manitowoc, WI, USA Bellflower, CA, USA Bellflower, CA, USA	GREEN BLUE 1st Degree Black Belt BLUE ORANGE GREEN GREEN GREEN YELLOW ORANGE
Frenchie Leftly Erik Watters Lloyd Hermosisima Daniel T. Maher Denna Rector Ron L. Whipple Paul Metz Ruben Uribe Kenneth Hines Jessica Sossamon	Debary, FL, USA Torrance, CA, USA Boonville, NY, USA Scottsboro, AL, USA Lancaster, CA, USA Manitowoc, WI, USA Bellflower, CA, USA Bellflower, CA, USA Bellflower, CA, USA	GREEN BLUE 1st Degree Black Belt BLUE ORANGE GREEN GREEN YELLOW ORANGE PURPLE
Frenchie Leftly Erik Watters Lloyd Hermosisima Daniel T. Maher Denna Rector Ron L. Whipple Paul Metz Ruben Uribe Kenneth Hines Jessica Sossamon Raul Figueroa	Debary, FL, USA Torrance, CA, USA Boonville, NY, USA Scottsboro, AL, USA Lancaster, CA, USA Manitowoc, WI, USA Bellflower, CA, USA	GREEN BLUE 1st Degree Black Belt BLUE ORANGE GREEN GREEN YELLOW ORANGE PURPLE PURPLE
Frenchie Leftly Erik Watters Lloyd Hermosisima Daniel T. Maher Denna Rector Ron L. Whipple Paul Metz Ruben Uribe Kenneth Hines Jessica Sossamon Raul Figueroa Henrik B. Christensen	Debary, FL, USA Torrance, CA, USA Boonville, NY, USA Scottsboro, AL, USA Lancaster, CA, USA Manitowoc, WI, USA Bellflower, CA, USA Bellflower, CA, USA Bellflower, CA, USA Bellflower, CA, USA Denmark	GREEN BLUE 1st Degree Black Belt BLUE ORANGE GREEN GREEN YELLOW ORANGE PURPLE PURPLE YELLOW
Frenchie Leftly Erik Watters Lloyd Hermosisima Daniel T. Maher Denna Rector Ron L. Whipple Paul Metz Ruben Uribe Kenneth Hines Jessica Sossamon Raul Figueroa Henrik B. Christensen Soren B. Christensen	Debary, FL, USA Torrance, CA, USA Boonville, NY, USA Scottsboro, AL, USA Lancaster, CA, USA Manitowoc, WI, USA Bellflower, CA, USA Bellflower, CA, USA Bellflower, CA, USA Bellflower, CA, USA Denmark Denmark	GREEN BLUE 1st Degree Black Belt BLUE ORANGE GREEN GREEN YELLOW ORANGE PURPLE PURPLE YELLOW YELLOW
Frenchie Leftly Erik Watters Lloyd Hermosisima Daniel T. Maher Denna Rector Ron L. Whipple Paul Metz Ruben Uribe Kenneth Hines Jessica Sossamon Raul Figueroa Henrik B. Christensen Soren B. Christensen Tim Jensen	Debary, FL, USA Torrance, CA, USA Boonville, NY, USA Scottsboro, AL, USA Lancaster, CA, USA Manitowoc, WI, USA Bellflower, CA, USA Denmark Denmark Denmark	GREEN BLUE 1st Degree Black Belt BLUE ORANGE GREEN GREEN YELLOW ORANGE PURPLE PURPLE YELLOW YELLOW YELLOW
Frenchie Leftly Erik Watters Lloyd Hermosisima Daniel T. Maher Denna Rector Ron L. Whipple Paul Metz Ruben Uribe Kenneth Hines Jessica Sossamon Raul Figueroa Henrik B. Christensen Soren B. Christensen Tim Jensen Asbjorn Madsen	Debary, FL, USA Torrance, CA, USA Boonville, NY, USA Scottsboro, AL, USA Lancaster, CA, USA Manitowoc, WI, USA Bellflower, CA, USA Bellflower, CA, USA Bellflower, CA, USA Bellflower, CA, USA Denmark Denmark Denmark Denmark	GREEN BLUE 1st Degree Black Belt BLUE ORANGE GREEN GREEN YELLOW ORANGE PURPLE PURPLE YELLOW YELLOW YELLOW ORANGE
Frenchie Leftly Erik Watters Lloyd Hermosisima Daniel T. Maher Denna Rector Ron L. Whipple Paul Metz Ruben Uribe Kenneth Hines Jessica Sossamon Raul Figueroa Henrik B. Christensen Soren B. Christensen Tim Jensen Asbjorn Madsen Tue Bennike	Debary, FL, USA Torrance, CA, USA Boonville, NY, USA Scottsboro, AL, USA Lancaster, CA, USA Manitowoc, WI, USA Bellflower, CA, USA Bellflower, CA, USA Bellflower, CA, USA Bellflower, CA, USA Denmark Denmark Denmark Denmark Denmark	GREEN BLUE 1st Degree Black Belt BLUE ORANGE GREEN GREEN YELLOW ORANGE PURPLE PURPLE YELLOW YELLOW YELLOW ORANGE ORANGE
Frenchie Leftly Erik Watters Lloyd Hermosisima Daniel T. Maher Denna Rector Ron L. Whipple Paul Metz Ruben Uribe Kenneth Hines Jessica Sossamon Raul Figueroa Henrik B. Christensen Soren B. Christensen Tim Jensen Asbjorn Madsen Tue Bennike Andreas Bager	Debary, FL, USA Torrance, CA, USA Boonville, NY, USA Scottsboro, AL, USA Lancaster, CA, USA Manitowoc, WI, USA Bellflower, CA, USA Bellflower, CA, USA Bellflower, CA, USA Bellflower, CA, USA Denmark Denmark Denmark Denmark Denmark Denmark	GREEN BLUE 1st Degree Black Belt BLUE ORANGE GREEN GREEN YELLOW ORANGE PURPLE PURPLE YELLOW YELLOW YELLOW ORANGE ORANGE ORANGE
Frenchie Leftly Erik Watters Lloyd Hermosisima Daniel T. Maher Denna Rector Ron L. Whipple Paul Metz Ruben Uribe Kenneth Hines Jessica Sossamon Raul Figueroa Henrik B. Christensen Soren B. Christensen Tim Jensen Asbjorn Madsen Tue Bennike Andreas Bager Anders Bastholm	Debary, FL, USA Torrance, CA, USA Boonville, NY, USA Scottsboro, AL, USA Lancaster, CA, USA Manitowoc, WI, USA Bellflower, CA, USA Bellflower, CA, USA Bellflower, CA, USA Bellflower, CA, USA Denmark	GREEN BLUE 1st Degree Black Belt BLUE ORANGE GREEN GREEN YELLOW ORANGE PURPLE PURPLE YELLOW YELLOW YELLOW ORANGE ORANGE ORANGE ORANGE
Frenchie Leftly Erik Watters Lloyd Hermosisima Daniel T. Maher Denna Rector Ron L. Whipple Paul Metz Ruben Uribe Kenneth Hines Jessica Sossamon Raul Figueroa Henrik B. Christensen Soren B. Christensen Tim Jensen Asbjorn Madsen Tue Bennike Andreas Bager Anders Bastholm Rita Rowlands	Debary, FL, USA Torrance, CA, USA Boonville, NY, USA Scottsboro, AL, USA Lancaster, CA, USA Manitowoc, WI, USA Bellflower, CA, USA Bellflower, CA, USA Bellflower, CA, USA Bellflower, CA, USA Denmark	GREEN BLUE 1st Degree Black Belt BLUE ORANGE GREEN GREEN YELLOW ORANGE PURPLE PURPLE YELLOW YELLOW YELLOW ORANGE ORANGE ORANGE ORANGE PURPLE ORANGE
Frenchie Leftly Erik Watters Lloyd Hermosisima Daniel T. Maher Denna Rector Ron L. Whipple Paul Metz Ruben Uribe Kenneth Hines Jessica Sossamon Raul Figueroa Henrik B. Christensen Soren B. Christensen Tim Jensen Asbjorn Madsen Tue Bennike Andreas Bager Anders Bastholm Rita Rowlands Aaron J. Murphree	Debary, FL, USA Torrance, CA, USA Boonville, NY, USA Scottsboro, AL, USA Lancaster, CA, USA Manitowoc, WI, USA Bellflower, CA, USA Bellflower, CA, USA Bellflower, CA, USA Bellflower, CA, USA Denmark Napa, CA, USA Branson, MO, USA	GREEN BLUE 1st Degree Black Belt BLUE ORANGE GREEN GREEN YELLOW ORANGE PURPLE PURPLE YELLOW YELLOW YELLOW ORANGE ORANGE ORANGE ORANGE ORANGE PURPLE ORANGE Jr. Black Belt
Frenchie Leftly Erik Watters Lloyd Hermosisima Daniel T. Maher Denna Rector Ron L. Whipple Paul Metz Ruben Uribe Kenneth Hines Jessica Sossamon Raul Figueroa Henrik B. Christensen Soren B. Christensen Tim Jensen Asbjorn Madsen Tue Bennike Andreas Bager Anders Bastholm Rita Rowlands Aaron J. Murphree Shawn McLaughlin	Debary, FL, USA Torrance, CA, USA Boonville, NY, USA Scottsboro, AL, USA Lancaster, CA, USA Manitowoc, WI, USA Bellflower, CA, USA Bellflower, CA, USA Bellflower, CA, USA Bellflower, CA, USA Denmark Spenmark Napa, CA, USA Branson, MO, USA Springdale, AR, USA	GREEN BLUE 1st Degree Black Belt BLUE ORANGE GREEN GREEN YELLOW ORANGE PURPLE PURPLE YELLOW YELLOW YELLOW ORANGE ORANGE ORANGE ORANGE JT. Black Belt BROWN
Frenchie Leftly Erik Watters Lloyd Hermosisima Daniel T. Maher Denna Rector Ron L. Whipple Paul Metz Ruben Uribe Kenneth Hines Jessica Sossamon Raul Figueroa Henrik B. Christensen Soren B. Christensen Tim Jensen Asbjorn Madsen Tue Bennike Andreas Bager Anders Bastholm Rita Rowlands Aaron J. Murphree Shawn McLaughlin Alan Paul Rudicel	Debary, FL, USA Torrance, CA, USA Boonville, NY, USA Scottsboro, AL, USA Lancaster, CA, USA Manitowoc, WI, USA Bellflower, CA, USA Bellflower, CA, USA Bellflower, CA, USA Bellflower, CA, USA Denmark	GREEN BLUE 1st Degree Black Belt BLUE ORANGE GREEN GREEN YELLOW ORANGE PURPLE PURPLE YELLOW YELLOW YELLOW ORANGE ORANGE ORANGE ORANGE JIRBIACK BEIT BROWN ORANGE
Frenchie Leftly Erik Watters Lloyd Hermosisima Daniel T. Maher Denna Rector Ron L. Whipple Paul Metz Ruben Uribe Kenneth Hines Jessica Sossamon Raul Figueroa Henrik B. Christensen Soren B. Christensen Tim Jensen Asbjorn Madsen Tue Bennike Andreas Bager Anders Bastholm Rita Rowlands Aaron J. Murphree Shawn McLaughlin Alan Paul Rudicel Jerry Brooksher	Debary, FL, USA Torrance, CA, USA Boonville, NY, USA Scottsboro, AL, USA Lancaster, CA, USA Manitowoc, WI, USA Bellflower, CA, USA Bellflower, CA, USA Bellflower, CA, USA Bellflower, CA, USA Denmark	GREEN BLUE 1st Degree Black Belt BLUE ORANGE GREEN GREEN YELLOW ORANGE PURPLE PURPLE YELLOW YELLOW YELLOW ORANGE ORANGE ORANGE ORANGE JT. Black Belt BROWN ORANGE BROWN
Frenchie Leftly Erik Watters Lloyd Hermosisima Daniel T. Maher Denna Rector Ron L. Whipple Paul Metz Ruben Uribe Kenneth Hines Jessica Sossamon Raul Figueroa Henrik B. Christensen Soren B. Christensen Tim Jensen Asbjorn Madsen Tue Bennike Andreas Bager Anders Bastholm Rita Rowlands Aaron J. Murphree Shawn McLaughlin Alan Paul Rudicel	Debary, FL, USA Torrance, CA, USA Boonville, NY, USA Scottsboro, AL, USA Lancaster, CA, USA Manitowoc, WI, USA Bellflower, CA, USA Bellflower, CA, USA Bellflower, CA, USA Bellflower, CA, USA Denmark	GREEN BLUE 1st Degree Black Belt BLUE ORANGE GREEN GREEN YELLOW ORANGE PURPLE PURPLE YELLOW YELLOW YELLOW ORANGE ORANGE ORANGE ORANGE JIRBIACK BEIT BROWN ORANGE

Mark Farris	Ashland City, TN, USA	ORANGE
Olivia Hansen	Edmonton, AB, CAN	YELLOW
Jenny Nicloe	Edmonton, AB, CAN	YELLOW
Galvin Harrigan	Edmonton, AB, CAN	YELLOW
Derek Nobert	Edmonton, AB, CAN	ORANGE
Karl Proulx	Edmonton, AB, CAN	ORANGE
Bradley Pearce	Edmonton, AB, CAN	ORANGE
Andres Curry	Edmonton, AB, CAN	ORANGE
Brandon Finney	Edmonton, AB, CAN	ORANGE
Tiffany Clarke	Edmonton, AB, CAN	PURPLE
Kurt Elzinga	Edmonton, AB, CAN	PURPLE
Ted Pepping	San Jose, CA, USA	2nd Degree Black Belt
Carrie M. Godwin	Buena Park, CA, USA	Jr. Black Belt
Jack A. Parks	Long Beach, CA, USA	1st Degree Black Belt
Keysha Alexander	San Jose, CA, USA	BROWN
Victor J. Arellanes	San Jose, CA, USA	2nd Degree Black Belt
Josh Knox	Manitowoc, WI, USA	GREEN
Mark Christiansen	Manitowoc, WI, USA	GREEN
Lance Meltzer	Napa, CA, USA	1st Degree Black Belt
Joseph Manluco	Vallejo, CA, USA	BROWN
Michael Techlowec	Pisgah, AL, USA	GREEN
Greg Moore	Weedville, PA, USA	BLUE
Mel Williams	Cumberland, MD, USA	PURPLE
Margaret Lamas	Fredrick, MD, USA	ORANGE
Britina Lamas	Fredrick, MD, USA	ORANGE
Will Bowen	Pisgah, AL, USA	ORANGE
Jerry Brooksher	Pittsburg, KS, USA	1st Degree Black Belt
Ron White	Pittsburg, KS, USA	3 rd Degree Black Belt
Patrick Wamsley	Napa, CA, USA	1st Degree Black Belt
Ronald L. Casto	LaPine, OR, USA	PURPLE
Steven McClellan	Peoria, AZ, USA	ORANGE
Trace Albritton	Pisgah, AL, USA	2nd Degree Black Belt
Stephanie Lawrence	Cedar City, UT, USA	1st Degree Black Belt
James Catuccio	Scotia, NY, USA	1st Degree Black Belt
Lee Cochran	Glendale, AZ, USA	ORANGE
Roy Gutierrez	Falfurrias, TX, USA	ORANGE
Izeke Cantu	Falfurrias, TX, USA	ORANGE
Rauel Villarreal Alberto Garcia, Jr.	Encino, TX, USA Falfurrias, TX, USA	ORANGE ORANGE
•		ORANGE
Jimmy McBee Roman Baca	Riviera, TX, USA Falfurrias, TX, USA	ORANGE
Jennifer Allen	Falfurrias, TX, USA	ORANGE
Joshua Cosby	Falfurrias, TX, USA	ORANGE
Richard Salinas	Falfurrias, TX, USA	ORANGE
John Kelley	Webster, TX, USA	ORANGE
Erin Stenberg	Garden Grove, CA, USA	BLUE
Jimmy Brennan	Buena Park, CA, USA	GREEN
Lucien LeFlohic	Buena Park, CA, USA	BLUE
Charles O'Malley	Amite, LA, USA	ORANGE
Tina Geneste	Amite, LA, USA	ORANGE
Brittany McLaughlin	Springdale, AR, USA	ORANGE
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Jason Sullivan
Robert Campbell
Jonathan Campos
Robert "Bo" Hudson
Kodi Judson
Janelle Mullis
Krystopher Taylor
Kristina Moreno
Fiona Draper
Leigh David Alsteris
Michael Bethune
Andy LeBlanc
Paul Marshall
Michael J. Gemmell
Eddie Booze

Springdale, AR, USA
Australia
Australia
Australia
Canada
Australia
Rossmoor, CA, USA
Buena Park, CA, USA

ORANGE

Jr. Black Belt 8th Degree Black Belt





