

NEWSLETTER #27

2nd QUARTER 2001

How Long Does it Take To Get a Black Belt?

That's a question I have heard many times over the years and one for which there is no answer. It could be asked of anything. How long does it take to learn to play a violin? Who Knows?

I think what people are really looking for is an average. Something to go by in order to help them decide whether they want to put in the amount of time it will take. If the answer were to be ten years there probably wouldn't be too many people even willing to begin. If the answer were to be six months there would undoubtedly be many more willing to give it a try.

Let's just say that there's literally no time limit when it comes to making Black Belt. It just takes as long as it takes. We had people start their training with us, at the original Karate Connection School in Hawthorne, California in 1980, and train until the school closed in 1985, who didn't make it during that time. Several returned when the Karate Connection videos came into existence and I began teaching classes again to help the program locally. In the meantime Vic was running programs on the High Desert, too far for them to attend.

John Barnett, Tim Beers, Hugo Rojas and Beto Maldando were four of those people. They trained for varying lengths of time at the Hawthorne School then were forced to take a hiatus from the time it closed and Karate Connection Video Program began. When they heard about the new classes being formed they all came back and eventually got their Black Belts. They all tried other systems or schools during that period but just didn't care for whatever they found, when compared to what they had learned originally. So for them, there was a period of about ten years between when they began to when they finally got to Black Belt.

Now let's look at the other side of that coin. Let's take a hypothetical group of ten people who begin on the same day. Are they all going to progress from White to Black in exactly the same amount of time? They could. It's conceivable that everyone in the group has just about the same degree of dedication and talent. Not likely, but at least theoretically, it could be possible.

What is much more likely is that some won't make it at all, and not due to lack of dedication or talent. Life has a way of getting in the way of our wishes and desires. But let's say, just for the sake of argument, that they all stay, and at the same time let's examine what dedication is all about. One of the most dedicated people I have ever known in the Art was the very first man to receive his Black Belt from Ed Parker, at his Studio in Pasadena, a man by the name of Rich Montgomery. I understand Rich was going through a divorce at that time and had literally thrown himself into the Art, body and soul. He was at the studio every minute he wasn't at work. He didn't want to spend any more time than he had to at home or alone so he was there, working out. I believe that most of the time he did take Sundays off. Now that's dedication but how many people do you know who can commit themselves to anything to that degree? I have never known anyone else in all my time in the Art. A few have come close but not quite like Rich.

When I made Black Belt it took a few months short of four years, which was about typical in those days. That was training on an average of two nights a week, with the classes lasting an hour and a half. I was able to put in a little time on the weekends but not a lot. I rarely ever missed a class. I really doubt that I missed four times during that period. So let's look at the amount of hours I put in, in class time. Three hours a week for fifty-one weeks is a hundred and fifty three hours, times three years and none months, equals <u>six hundred and sixty seven hours</u>. That's just class time but I have no way of calculating the extra time so I'll leave it out for this computation.

Rich was at the Studio from the time he got off work at around four o'clock in the afternoon. He was teaching as a White belt with two Brown Stripes, which was his rank when i began studying there. He had been doing that for about a year before I knew him. But let's say he didn't actually start teaching until five in the evening and taught until nine when our class began. Mr. Parker ran our class ran from nine until ten thirty pm. Rich was also a student in that class. So Rich was putting in five and a half hours a day, four days a week. He was also there all day Saturday which was, let's say, only six hours although I really think it was more. That's twenty-eight hours a week, conservatively, very conservatively.

Rich made Black Belt in just about a year and a half, which, when calculating the above figures is about <u>two thousand</u>, <u>one hundred and eighty four hours</u>. People were blown away when Mr. Parker made Rich Montgomery a Black Belt. At first it sent the message that, they too could make it in that length of time, until they calculated the amount of hours Rich had put in.

I have always said, "Don't tell me how many years you have in the Art, tell me how many hours you have". As you can see from the above, the hours add up fast when you're doing it with that kind of dedication, or if you're doing it for a living.

Now, let's look at the second half of the equation. Talent. There is no substitute for talent and you can't buy it. If you are blessed with it you are going to move along much faster than the poor guy who has little or no talent. It's a fact that can't be denied. Unfortunately, I have seen talented people who lacked the dedication and didn't go far at all but when you mingle the two; it's a fantastic combination.

The most talented man I have had the pleasure to call a student was the winningest Kenpo fighter of all time, Mr. Steve Muhammad, formerly Steve Sanders. I could show Steve a move, watch him do it twice, correct it once and the next time he did it he had it. The next time he did it he innovated it and did it better than I showed it to him. I used to joke with Steve, telling him that I wasn't going to show him any more if he was going to keep doing that. He'd laugh and we'd move on. No one was upset when Steve made black belt in less than two years. Other Black Belts were coming to me and asking when he was going to make it, because he embarrassing them as a Brown Belt. It was a relief for them when he got his belt. At least now they were getting their butts kicked by another Black Belt. I spoke to Steve recently and we were kicking the old days around when he gave me probably the best complement I have ever received concerning the Art. We were talking about the night matches he and I used to have and he said, "Fighting you was like fighting myself".

What none of us knew at the time was that Steve had a little more time in the Art but because of a year and a half in Viet Nam he virtually started over in rank when he returned. But the talent was there, and mostly responsible for his rapid ascent to Black belt once he was able to maintain a regular schedule of training. As I said, there is no substitute for talent.

The Art of Karate isn't really a competition with the people around you. It's a competition with yourself and if it takes you a little longer than one of your classmates don't even think about it, just keep on, keeping on. Whoever it was that said all men are created equal never stepped onto the mats with Steve Muhammad. All you can strive for is to do the best you can do. Don't worry about the other guy. Work on developing your own strong points and eliminate your weaknesses. Stay focused. If the guy next to you moves ahead of you, remember, he isn't turning his back on you, but you could use the opportunity to give it a pat for a job well done, because he's just trying to be the best he can be.

WHERE DO I GO FROM HERE?

In the old days we used to think that Black belt was the pinnacle, the top of the heap, king of the hill. We probably thought that because Ed Parker was the only Black Belt holder we had ever seen and he was so many light-years ahead of us, it was unthinkable that we could ever be there ourselves. So naturally, we assigned the word

"expert" to having a Black Belt. Today we know it is only a stepping-stone to another level of learning and understanding. As a new Black Belt you have just finished learning all of the material you need to hold that rank. Now you have to make it yours. Are you an Expert? Hardly! A more accurate description would probably be, that you are still a Novice but now you have the tools required to begin the quest to true understanding. It takes getting your Black Belt just to acquire those tools and then you are finally ready to learn how to use them.

As a rule of thumb, don't let anyone attempt to teach you anything <u>new</u> for at least two years after you get your Black belt. Use that time to get a real understanding of what you already know. Don't confuse the issue by trying to stack knowledge upon knowledge. Knowing and doing are two different things. I would hate to see a student of mine go forth into the cold mean world, with a wealth of knowledge, only to get beaten to a pulp because they couldn't actualize it. Getting your Black Belt is like finishing a Trade School, now comes your Apprenticeship, later comes Journeyman and still later, Master Journeyman and finally, if you wish, Teacher.

Until you can face a Semi-circle of five attackers and do a different technique for each attack with an effective, extemporaneous blend and at the same time strike every target with accuracy, speed and power, don't even think of adding to your knowledge base. Not only is it unnecessary but it will actually impede your progress in attaining your goal. And until you can hit the life-size dummy with <u>total</u> accuracy, speed and power with all of the blows of the techniques you already know, why would you want to add even more that you can't make work? How many ineffective techniques do you need? It all goes back to Ed Parker's famous quote: "I'd rather have ten techniques I can fight with, than a hundred techniques that fight me."

WALKING WITH KENPO

In our system we only have fifty-five techniques total, and when done on the other side, a hundred and ten. I introduced the three drills that make up the Triathlon over thirty years ago but they became much more defined and refined with the creation of the Karate Connection, over eleven years ago. Thirty years ago I was content with having my students just hitting any target in any manner in the Semi-circle. It didn't make any difference if they used the same technique over and over. But things have changed and now we want to see you use your Art, not just little pieces of it.

We have yet to accomplish what I consider an acceptable level of performance. There are those brief shining moments when we pull it off but no one has yet mastered those drills to perfection or even near-perfection, meaning, doing them perfectly more times than not. Forget mastery, we would settle for just plain damned good. It's coming but it's been a slow hard process. We are becoming more relaxed in the semi circle and as far as being grabbed from behind is concerned, that's the least challenging of the three drills, because your opponent is making a total commitment and all you need to do is work off of it. We still manage to screw it up but not nearly as often as in the Semi-circle.

Striking the dummy with the Green Belt Techniques is the newest of the drills but probably the one which will be mastered the soonest because you can see, hear and feel when the dummy has been acceptably struck and when you find yourself lacking you'll know what to work on to improve your performance.

Once you have your Black Belt is when your growth really begins. This is the time when you'll begin to develop your own personal style. Don't rush it. Enjoy it. Watch yourself improve. Feel the power come. See the speed develop. You'll begin to sense the targets before you see them. Blows will begin to snap that used to just go out and back or even hang up on the target. Through beating on your dummy your power will increase dramatically.

If you were to ask any student, when they are about to get their Black Belt is they think they deserve it, the majority would probably answer, yes. Ask them a few years later if they think they deserved it and they would probably say, no. it's during that time that you discover how much you know and can put to use, and how much you know but can't actualize yet.

Knowledge is only as good as the ability to use it. I can't tell you how many Black Belts I have run into over the years who talk a terrific fight. During the Viet Nam War the troops referred to it as "talking the talk and walking the walk". The former means <u>nothing</u> without the latter. So get your Black belt and *then* learn to, "Walk, with Kenpo".



Spontaneity: Right or Wrong?

Oh Lord, how I hate to misuse a word, and in my humble opinion, to keep on misusing it should constitute a misdemeanor, if not a felony.

I have been calling what we do in the line when grabbed from behind or being punched at in the semi-circle an exercise in <u>spontaneity</u>. Well guess what, it isn't. There's nothing spontaneous about it. it is in reality a learned, practiced response to <u>a random attack without prior notification or provocation</u>. The response must be instantiations and effective. I have been using the word spontaneous to describe that action for the last thirty-five or forty years and finally got called on it. Naturally, I argued with the call at first. That is until I consulted a dictionary. When I did, here's what I found. To my surprise!

Spontaneous - (Webster's New Twentieth Century Dictionary) - Acting in accordance with a resulting from natural feeling, temperament, or disposition or from a native internal proneness, readiness, or tendency without compulsion, constraint, or premeditation; as a spontaneous gift or proposition. Acting by its own impulse, energy or natural law, without external cause or influence as, spontaneous motion spontaneous growth spontaneous combustion. Growing without being planted indigenous; wild as a spontaneous growth of wood.

Spontaneous - (Thorndike Century Senior Dictionary) - 1. Caused by natural impulse or desire; not forced or compelled; not planned beforehand. Both sides burst into spontaneous cheers at the skillful play. 2. Taking place without external cause or help; caused entirely by inner forces. The eruption of a volcano is spontaneous. 3. Growing or produced naturally not planted, cultivated, etc.

Well there you have it - what we are doing is not really spontaneous at all. It's really <u>a</u> <u>learned action, practiced to a point of precision, which in time becomes reflexive</u> - yes!

Is there a single word to describe that? If you know of one please let me know. I'm going to miss using spontaneous to cover it all. At first I thought extemporaneous might do the trick but after looking it up, it doesn't do it either. Then i went to the Thesaurus in my computer and brought up <u>reflexive</u> and guess what. I got. Automatic, Knee-jerk, Impulsive, and <u>surprise</u>, <u>surprise</u>, there was my old friend <u>Spontaneous</u>. And yet when you look up spontaneous in the Thesaurus, reflexive doesn't come up. My how the English language will mess with you.

Words were devised to enable us to communicate, and in my mind <u>spontaneous</u> <u>reaction</u> has always meant an immediate action which happens without having to think about it first. shoot first and ask questions later, is how I thought always thought of it. But I was wrong, so now I'll have to stop using the word spontaneous to describe what is actually, <u>a highly practiced immediate reflexive response</u>. What a mouth full that is. Wait a minute, on second thought, after I wrote this I have been in contact with many of our brothers and sisters at the Amite Seminar and every time I heard someone us the word "spontaneous" in the same context that I've always used it, I winced, but I kept my mouth shut, but you know what? If it's OK with everyone else, it's OK by me. To hell with what's proper and correct. In the words of the immortal Bruce Lee, "If it works, use it!" So I will, because it seems to convey the same message and meaning to everyone. As long as we are all making the same mistake - so be it!

It took several decades of everyone using the word "ain't" for it to finally make it into the dictionary. When i was a kid they used to say ain't, ain't a word. Well it is now. So maybe if we do the same with the word <u>spontaneous</u> we can actually get our meaning accepted through popular usage. It ain't the worst thing that could happen.

Back to Loosiana!

This was our eighth trip to Amite and what can I say? I think I've covered just about everything there is to say about our being there over this past seven year. How great the people are who join us from all over the country. How great Dr. Goldsby's Southern Hospitality is. How great the French Quarter is on a Saturday night. How much fun we have at the dinners we all join together for. And this year how great the Gator Tour was down on the Bayou. All true, every word of it. I've talked about how much we get done at the Seminar and how much fun we have at the Tournament/Party at Reggie's pool house on Friday night. So what's left?

SOMETHING NEW AT THE TOURNAMENT - THAT'S WHAT! We call it "In Your Face Judging"

It seems that no matter how hard you try to judge as impartially as you can there is always the lingering doubt that somehow favoritism or prejudice will rear its ugly head. Even if you don't think it possible, there's still that nagging feeling. So, as an experiment at this year's Amite Tournament we did something completely different in the annals of competitive history. When it comes to subjective judging, who better to judge the performances than the contestants themselves? And that's exactly who judged the final scores - the top four contestants.

We use the Amite Tournament as a base for experimentation and it has served us well. This year we combined the use of video and our newest concept for judging and let it rip. The regular judges scored the live competition, as they would usually have done in the past. in Long Beach, after the competition we then went to the video replay to verify our findings. There are many times during the actual competition that you know that you are going to want to see the video replay because the action is so fast, at the time, you are afraid you might have missed something, and you are usually correct.

This year in Amite we not only used video but we left the final results up to the four top scored contestants. They were the ones responsible for making the final decisions on the deductions. The individual being scored was naturally not on the panel at the time his performance was being evaluated. The other three did the scoring and it took two of them to decide if the deduction stood or not. Most of the time the decisions were unanimous. It was great to see how they were working together to arrive at a fair and impartial decision. As reported in the last Newsletter, being able to see the performances again on video makes all the difference in the world. If you're not absolutely sure, watch it again ad if you're still not sure, watch it in slow motion. Sooner or later you'll come to the right conclusion. Because if you can't decide if it's a deduction, then obviously, it isn't.

There are other advantages to this type of judging. It really makes no difference if the judging is hard or lenient, just as long as it's the same for all contestants and these guys were the contestants and they were trying as hard as they could to make sure everything came out right. Because when it was all over they had no one to look at but themselves for fairness and justification.

After they had come up with their results we compared them with how the initial judging went. Their results were different from ours. Which would probably have happened with our judging as well, after we had the chance to review all of the performances and evaluate them on video. In this situation all we had to do is come up with the four top people and then turn it over to them. If there had been two contestants at the forth place position who were within a point or two of each other we would probably have extended that number to a five member panel.

This kind of judging is still in the experimental stages and has some refinement to come but we really love the concept. This is the first time I have seen competition that was subjectively judged where no one had anything to say about the judging afterwards. Nothing! You know this kind of thing could be used for many kinds of competition, from high diving to figure skating but in the world of that kind of competition I doubt that the

judging personnel would ever relinquish the power they wield over those sports. We on the other hand, relish the concept of turning it over to the competitors in the name of fairness. It may never catch on anywhere else but I feel we may have found our method for the future.

We especially loved the way the competitors worked together. This exercise brought them together in a way that none other could have, they will never forget the two hours they spent working with each other to decide who turned in the best performances on the Triathlon that night. As it turned out, and this might come as a surprise to you, it was Green belt Paul Hutter, who entered more as a lark, who captured first place, his was one of those performances in the "Semi-circle" that was suspect at the time he did it and we knew, as soon as he finished, that we wanted to see it again on video. He had a couple of techniques that didn't look like regulation Karate Connection techniques but they evidentially were or they would have been caught during the video examination. From what I understand, those judges were even looking at things like the configuration of the foot during the delivery of a kick. They were tough on each other. Congratulations Paul, and congratulations to your instructor Mr. Paul Metz, both of Manitowoc, Wisconsin.





Welcome to the newest feature of the IKCA Newsletter! The **BLACK BELT GALLERY** will periodically profile one of our very own black belts in an effort to let you, the members, get to know this family called the IKCA.

So as not to show favoritism, it's been decided we'll start at the top of the Family Tree and descend first by rank, then alphabetically. The profiles will be written based on the availability of individuals, their desire to be profiled, and will <u>always</u> be approved by the person being interviewed. So make sure you contact information is up-to-date.



BRIAN ANTAK 7th Degree Black Belt

Brian is currently based in Bakersfield CA USA, though originally hailing from Redding in the northern part of the state. He began studying Hapkido at the age of 14. Charles Newland of the Bong Soo Han organization was his first instructor, and Brian achieved the rank of 1st Dan when he was 18. An electrician by trade, Brian still found the time to open his first school at the age of 22, in the Central Valley, seven miles north of Redding.

One day while driving through town, Brian noticed an old Porsche dealership with what he recognized to be a Kenpo symbol displayed. Curious, he stopped in and was pleased to find out that the owner of the new school was Tom Ballard, an old high school friend, and Parker Black Belt. Ballard was at that time affiliated with Jim Mitchell, founder of the original WKKA. Over the next couple of years Brian and his Kenpo counterpart held numerous inter-school tournaments pitting their respective students against each other. These friendly competitions laid the groundwork for a future endeavor. As their relationship grew, Ballard approached Brian with the prospect of merging the two schools into a single facility, while still teaching the two arts separately. Soon the partnership became a reality and the Redding Martial Art World was established.

But as any martial arts instructors in close proximity will do, Brian and Tom were watching and learning from each other. Ballard appreciated the skill the Korean stylist had with his legs, and Brian was fascinated with what he terms, "the Parker study of human movement". When Brian began to formally study Kenpo he had already developed a great respect for the art. "I was so traditional for so long." he says, "I really got my eyes opened." Brian went on to be promoted to 1st degree in Kenpo, and just three weeks later was awarded his 3rd Dan in Hapkido.

Years passed and in 1990 life brought Brian and his family to Bakersfield. Establishing a full time school, he studied with Frank Landers and Pat Salantri of Los Angeles and eventually was awarded his 5th degree in Kenpo. All along Brian had combined the two arts he loved, and it was during this time that he developed a new art which he called Hapjukenpo. The USKA has recognized this art as legitimate and granted him the title of SOKE. Brian also became very active as a tournament promoter in the Bakersfield area.

In 1996 Brian came across the ad for the KARATE CONNECTION in Black Belt Magazine and was intrigued by the "lean and mean" claims. He had heard of Chuck Sullivan and knew of his standing in the Kenpo community. "I sent for the preview tape and liked what I saw," says Brian, "Then I bought the set and liked it even more. It's quick and direct, get in and get out!" He also recognized an efficient, teachable curriculum for schools and proceeded to begin to work his way through the material.

While an IKCA orange belt, Brian had the opportunity to meet Chuck and Vic at a local tournament. "I was competing in fighting (as a black belt) and what I didn't know was that not a few of the people watching me were IKCA black belts," Brian relates, "The brotherhood was incredible!" Upon completion of the IKCA material and with passing scores of 90% or higher on all of the tests, in about a year, according to the IKCA Bylaws, Brian's previously awarded rank was recognized and he was promoted to Sixth Degree Black Belt. That was in 1998, so this year he was eligible to test for his seventh, which he did. His test was outstanding and he has been promoted to Seventh Degree Black Belt by the IKCA. "He's a terrific guy," says Vic, "so intense, and a great person!"

Currently Brian is teaching part-time with an enrollment of about 45. He states that his physical size and demeanor sometimes puts people off. "I had the mother of one student say, 'You just look so mean!' but I think people would be surprised at what a humanitarian I am. I really have a big heart." One of the things that give Brian a lot of personal satisfaction is seeing students develop. "When you see a kid with Attention Deficit Disorder sprout wings and develop self-respect, that's what makes it worth it, that's what it's all about." When asked what he would like to pass on to his fellow IKCA members, Brian didn't hesitate. "Never give up on an individual! You can be the turnkey in their life. You might be a part of giving them what it takes to go on to be a CEO, or an astronaut!" Well said Brian, and may we all strive to develop a heart as big as yours.



New IKCA Patch Makes Its Debut



It's **BIG** – 8 ¾ x 13 inches It's **BOLD** – Full Color Heavy Embroidery

This is the patch that was used for Chuck Sullivan's jacket that his students presented to him at his Judan Party. The IKCA Logo says who you are without advertising a name. That's the way we wanted it. Those who know who we are know who we are. Those who don't; don't need to. Use this beautiful patch for a leather jacket, varsity style jacket or for the back of your Gi. Check the Karate Connection online store for the current price.



We would like to take this opportunity to congratulate you on your promotion. We know what kind of dedication and perseverance it requires to earn rank in the Martial Arts and we wish to pay our sincerest respects to you for having shown what it takes to appear on this list.

| Bob Lingo Marcus White Jimmy Cosby Christy Thomas Lisa Tolliver | Pittsburg, KS, USA Pittsburg, KS, USA Scottsboro, AL, USA Scottsboro, AL, USA Scottsboro, AL, USA | BROWN BELT BROWN BELT BLUE BELT BLUE BELT BLUE BELT |
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| Jake Albin | Scottsboro, AL, USA | BLUE BELT |
| Laura Beth Massey | Scottsboro, AL, USA | PURPLE BELT |
| Trevor Hedden | Franklin, NC, USA | YELLOW BELT YELLOW BELT |
| Matthew Ingate | Franklin, NC, USA | YELLOW BELT |
| Victoria Ingate | Franklin, NC, USA | YELLOW BELT |
| Patty Hedden | Franklin, NC, USA | YELLOW BELT |
| Mary Jo Bale | Franklin, NC, USA | YELLOW BELT |
| Owen Simpson Michaella Hedden | Franklin, NC, USA | YELLOW BELT |
| David Arnold Jr. | Franklin, NC, USA | YELLOW BELT |
| Amanda McCoy | Franklin, NC, USA Franklin, NC, USA | YELLOW BELT |
| Todd Reitmeier | · | ORANGE BELT |
| Kelli Reitmeier | Franklin, NC, USA | ORANGE BELT |
| | Franklin, NC, USA | ORANGE BELT |
| Roger Van Auken | Boise, ID, USA | |
| Steve Brake | Boise, ID, USA | ORANGE BELT PURPLE BELT |
| Henry Collins | Los Angeles, CA, USA | _ |
| Jason Ramey | Ft. Stockton, TX, USA | GREEN BELT |
| Jeff Faulk | Nigeria, Africa | GREEN BELT |
| Wes Faulk | Nigeria, Africa | BROWN BELT |
| Blair Faulk | Nigeria, Africa | BROWN BELT |
| David Cheffi | | ORANGE BELT |
| Robert Penner | Ellinwood, KS, USA | PURPLE BELT |
| William A. Schneider | E. Bernstart, KY, USA | PURPLE BELT |
| Johnny Dettmer | DeBary, FL, USA | JUNIOR BLACK BELT |
| T.J. Craig | DeBary, FL, USA | JUNIOR BLACK BELT |
| Ryan Craig Daniel Jones | DeBary, FL, USA DeBary, FL, USA | JUNIOR BLACK BELT JUNIOR BLACK BELT |

| Kevin Finnerty | DeBary, FL, , USA | JUNIOR BLACK BELT |
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| Angel Magana | Bellflower, CA, USA | BLUE BELT |
| Raul Figueroa | Bellflower, CA, USA | BROWN BELT |
| Anthony Falls | Bellflower, CA, USA | BROWN BELT |
| Michael Odgaard | Denmark | YELLOW BELT |
| Henrik B. Christensen | Denmark | ORANGE BELT |
| Daniel Holland | Denmark | PURPLE BELT |
| Soren Holland | Denmark | PURPLE BELT |
| Fredrick Roots | Oakland, CA, USA | BROWN BELT |
| Anthony Phung | Oakland, CA, USA | BROWN BELT |
| Thomas Campuzano | Oakland, CA, USA | BROWN BELT |
| Van Coong | Oakland, CA, USA | BROWN BELT |
| Ricardo Ortega | Oakland, CA, USA | BROWN BELT |
| Venus Lieu | Oakland, CA, USA | GREEN BELT |
| Betty Noeum | Oakland, CA, USA | GREEN BELT |
| Gilbert Aranda | Oakland, CA, USA | GREEN BELT |
| Mo Tong | Oakland, CA, USA | GREEN BELT |
| Marty LaPrelle | Napa, CA, USA | 3RD DEGREE BLACK BELT |
| Nathan D, Murphree | Branson, MO, USA | 2ND DEGREE BLACK BELT |
| Rick Hansen | Kearney, NE, USA | ORANGE BELT |
| Rick Timbs | Tyler, TX, USA | ORANGE BELT |
| Curt Timbs | Tyler, TX, USA | ORANGE BELT |
| Austin Smith | Cedar City, UT, USA | JUNIOR BLACK BELT |
| Eden Escobar | Falfurrias, TX, USA | GREEN BELT |
| Luis Escobar | Falfurrias, TX, USA | GREEN BELT |
| Roy Basaldua | Falfurrias, TX, USA | GREEN BELT |
| Caitlin Williams | DeBary, FL, USA | JUNIOR BLACK BELT |
| Josh Flagg | DeBary, FL, USA | JUNIOR BLACK BELT |
| Carlos Velazquez | DeBary, FL, USA | JUNIOR BLACK BELT |
| Erik Watters | DeBary, FL, USA | 1ST DEGREE BLACK BELT |
| Stephanie Watters | DeBary, FL, USA | 1ST DEGREE BLACK BELT |
| Chelsea Betham | DeBary, FL, USA | JUNIOR BLACK BELT |
| Danny S. Martin | DeBary, FL, USA | JUNIOR BLACK BELT |
| David Aboulafia | Napa, CA, USA | ORANGE BELT |
| Kian Tavakoli | Napa, CA, USA | BLUE BELT |
| Louis Viorato | San Jose, CA, USA | BROWN BELT |
| Michael Farrell | San Jose, CA, USA | BROWN BELT |
| Brandon Faulkner | Torrance, CA, USA | BROWN BELT |
| Tony Nith | Oakland, CA, USA | ORANGE BELT |
| Dao Nguyen | Oakland, CA, USA | ORANGE BELT |
| Mimi Io | Oakland, CA, USA | ORANGE BELT |
| Kaochoy Saechao | Oakland, CA, USA | ORANGE BELT |

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| Shauna Albritton | Scottsboro, AL, USA | ORANGE BELT |
| Austin Harrison | Scottsboro, AL, USA | ORANGE BELT |
| Daniel Welch | Scottsboro, AL, USA | ORANGE BELT |
| Nathan Connelly | Scottsboro, AL, USA | ORANGE BELT |
| John Austin Cornett | Scottsboro, AL, USA | YELLOW BELT |
| Cooper Jarnagin | Scottsboro. AL, USA | YELLOW BELT |
| Jessica Chapdelaine | Whitmore Lake, MI, USA | ORANGE BELT |
| Kristy S. Shaffer | Phoenix, AZ, USA | ORANGE BELT |
| Roger VanAuken | Boise. ID, USA | PURPLE BELT |
| David VanAuken | Boise, ID, USA | ORANGE BELT |
| Joseph D. Buckway | Evanston, WY, USA | ORANGE BELT |
| Ken McMillin | Phoenix, AZ, USA | 7TH DEGREE BLACK BELT |
| Brian Antak | Bakersfield, CA, USA | 7TH DEGREE BLACK BELT |
| Ron Woolley | Bakersfield. CA, USA | 1ST DEGREE BLACK BELT |
| Cody Lancaster | Bakersfield, CA, USA | ORANGE BELT |
| Erie McBride | Bakersfield, CA, USA | ORANGE BELT |
| Parris Easley | Bakersfield, CA, USA | ORANGE BELT |
| Joshua Hungerford | Bakersfield, CA, USA | ORANGE BELT |
| Pete Marcos | Bakersfield. CA, USA | GREEN BELT |
| Aaron Marcos | Bakersfield, CA, USA | BLUE BELT |
| Nick Barker | Bakersfield, CA, USA | BLUE BELT |
| William Melendez | Bakersfeld, CA, USA | GREEN BELT |
| George C. Theakos | Buena Park, CA, USA | ORANGE BELT |
| Maureen Lehman | Manitowoc, WI, USA | 1ST DEGREE BLACK BELT |
| Raymond May | Manitowoc, WI, USA | JUNIOR BLACK BELT |
| Efrain Rivera Miranda | Moca, PR | GREEN BELT |
| Brian C. Yankowski | Quakertown, PA, USA | PURPLE BELT |
| Tony Brigner | Lucasville, OH, USA | ORANGE BELT |
| Douglas E. Kepner | Troy, NY, USA | ORANGE BELT |
| Thomas Fihl | Denmark | BLUE BELT |
| Anna Becker | Franklin, NC, USA | YELLOW BELT |
| Amanda McCoy | Franklin, NC, USA | YELLOW BELT |
| Jarrett Alley | Franklin, NC, USA | YELLOW BELT |
| Brandon Angel | Franklin, NC, USA | YELLOW BELT |
| Paul Frates | Franklin, NC, USA | YELLOW BELT |
| Stephen Karcher | Franklin, NC, USA | YELLOW BELT |
| Tory Everrett | Franklin, NC, USA | YELLOW BELT |
| Eric Olvera | Franklin, NC, USA | YELLOW BELT |
| Owen Simpson | Franklin, NC, USA | ORANGE BELT |
| Mary Jo Bale | Franklin, NC, USA | ORANGE BELT |
| Katie Sue Boissenneault | Franklin, NC, USA | ORANGE BELT |
| Layla Brisbois | Franklin, NC, USA | ORANGE BELT |
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Daniel Brisbois Juan Ortiz Julio Casteneda Ricky Hurtado Jimmy Townsend Andrew Osnaya Jonathan Torres Joseph Thompson Sergio Herrera Jerry Mejia Alex Broussard Michael Cassio Michael Cassio Sascha C. Aquino Arielle Nadja Aquino Harry E. Rahming Mark Bundy

Franklin, NC, USA Bellflower, CA, USA Amite, LA, USA Santa Clarita, CA, USA Santa Clarita, CA, USA Saugus, CA, USA Saugus, CA, USA Thornton, CO, USA Maysville, MO, USA

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