

INTERNATIONAL KARATE CONNECTION ASSOCIATION NEWS



NEWSLETTER #36

3rd QUARTER 2003

THE IKCA'S JOURNEY CONTINUES

Whoever said, about each individual's Kenpo experience that the Journey never ends, surely knew what he was talking about. The same applies to the IKCA and its journey. And as with both, the scenery constantly changes along the way.

This year we had, what has to be, the most successful and fulfilling Seminar yet here in Long Beach. Last year we tried something new and it went over so well we decided to repeat it this year in the hopes it would be as good. Well, it wasn't as good; it was surprisingly better, a whole lot better because we expanded upon the premises. And we are in the process of making plans to develop it even further.

In the past we thought our video students needed the full three hours in order to be brought up to their full potential at their belt level. They proved our assessment wrong and it took us a while to realize it but when we did we rectified it. Last year we only allotted them *one* hour and were happy to see that by-and-large that's all they needed, so we devoted the remaining two hours to other things they can't get strictly from video. Other hands-on elements of Kenpo, things you can only get one-on-one, up close and personal.

The IKCA and the video program have turned out a fantastic group of Martial Artists but it has admittedly taken quite a while to do it. But for those who are truly serious and able to find the time and funds to attend our Seminars it has taken far less time. No less effort, but definitely less time. Now with the help of some of our IKCA brothers from around the country we have been able to put together more videos which are helping us shorten the timeframe, but it's still no substitute for the personal time spent at the Seminar.

This year we were indeed fortunate to be honored by the presence of Mr. Steve Muhammad who just happened to be in town for another function. He joined an old friend and student of his, Mr. Robert Temple, who was teaching the

elements of Freestyle fighting, something they both excel at. Once Mr. Muhammad began his impromptu discourse the other venues quickly finished their lessons and *everyone* crowded around him. Mr. Muhammad held the entire audience captive for over a half hour until we absolutely had to ask him to finish in order to move on to the competition part of the day, to the great disappointment of the crowd.

The Winds of Change are Blowing

Because of what we have learned over the past four years and especially this past two years, the Long Beach Seminar/Tournament is going to become the *West Coast Kenpo Confederation*, a seminar only. In the future if a second day of activity becomes feasible we will definitely work the competition back into the events. The competition is by far the most fun part of the affair, but too many of our people feel that to travel as far as many of them have and spend what it costs, just to have fun, is a little on the frivolous side and feel they would rather leave with more Kenpo knowledge to build upon, than a good time to look back on. The IKCA is governed by the majority, and if the majority wants more Kenpo instruction it becomes our job to expand the time spent on the learning phases to accommodate their wishes.

Until now the day has been divided into two elements. The first three hours for the Seminar then an hour lunch break, and the remainder of the day, about four hours for the competition. Last year the presentations for the winners were made later in the evening and that didn't set well so this year they were made immediately after the events, which went over much better, with the later part of the evening open for a social gathering around the hotel swimming pool, which worked out great.

With the Seminar cut from three hours for the IKCA material to one and the remainder of the time open to each individual, they got to go to whatever part of the facility they wanted to for whatever subject interested them the most. Unfortunately, two hours isn't enough time to get to all of what was offered and most of people didn't get to take advantage of all or even a significant part of what was offered.

Too much Kenpo and too little time. So, the planning for the 2004 Long Beach Seminar is going to include much more time for each practitioner to get to many, many more of the subjects available and be able to take advantage of all of the diverse personnel we plan for this gathering. It will still include the hour for the IKCA material but the rest of the day will be scheduled in a far different manner. And there is a *surprise* in the planning, something that has never been done before that you are going to love. We really want to tell you what it is because it would

help guarantee a great turnout but we are reluctant to divulge it at this time because we don't want anyone else saying, "Hey, that's a great idea, lets do it for our seminar, that way when the IKCA does it, it will look like they are copying us". We'll let you know just before the event, when it's too late for anyone else to steal our thunder. Let them come up with their own great ideas.

On-Site Testing

However, there is one new feature we feel we can tell you about this far in advance. We will be holding **TESTING FOR RANK** at the Seminar. That's right, if you don't have anyone to take the test with, or a camcorder to video it with, or anyone to freestyle with, you will have at this gathering. To make it even better, before the testing begins there will be a one hour class on the Elements of Freestyle, followed by a one hour class reviewing the Master Form, hosted by yours truly, Chuck Sullivan, both to be held in the room where the testing will take place, so you can tune-up whatever you need before testing. With this plan you will already have the hour covering the material for your belt level, which is the first hour of the overall Seminar for IKCA people only, then an hour on Freestyle and after that an hour on the Master Form. What could be better? If you have ever been apprehensive about taking a test this plan should help eradicate those fears.

There's a lot more that is going to change or be added. Example: Instead of all of the various subjects being presented within the same general area at the same time, as in the past two years, next year the great room will be divided by the telescoping partitions provided by the hotel making individual rooms that are separated for more privacy and less distractions, plus the subjects will be presented multiple times throughout the day, with most scheduled for three times during the seven hour span.

More Kenpo Than Time

The way the schedule stands now, there will be seven segments, each a separate subject with the exception of Freestyle Fighting, which will be taught by two pairs of instructors, each pair presenting a different viewpoint on this most important subject, thereby making it a total of eight segments, which do not include the testing for rank that will be going on at the same time, or the IKCA Master Form which is strictly for our people.

There will be a total of seven hours of study presented in fifty-minute segments with a ten-minute break between each for a drink of water or a bathroom break. This means there will still be more subject matter than there are hours to

study it. But there is bound to be some material that is of more interest to you than others, so it will be up to you to choose which you want most and spend your time in those classes. Also, it means you will be back for the next seminar to pick up on what you missed this time. We do not intend to break for lunch so you will have to grab it on the run or take a little time from the end of one segment and the beginning of the next to fit it in. The SeaPort Marina Hotel will set up a fast-food facility near the main area for your convenience.

We have designed the scheduling many different ways and this came out the best for everyone, students and instructors alike.

What is a Kenpo Confederation?

In July of this year I was invited to teach along with seven other old-timers at Ed Parker Junior's Homecoming Camp at the original Ed Parker Studio in Pasadena, California. His idea was to get as many of the early Black Belts as he could, back to the Original School to teach on the same floor his father and we had taught on in the early days. Part of the invitation included the understanding that I was not required or even obligated to teach the original Kenpo material, so Mr. LeRoux and myself, along with Jeff Salzman, Howard Singer and Eddie Booze introduced the participants to some of the Karate Connection's unique drills and other concepts concerning our Kenpo. For instance, a lot of these guys are still running around in their bare feet and admitted to never having practiced so much as once with their shoes on.

There was a world of things to talk about and to share that they had never been exposed to, things that by now, we as your instructors, and you as Karate Connection practitioners take for granted. Unfortunately, the little time we had with them prohibited doing much more than scratching the surface.

These people had never been exposed to the Semi-circle or striking life-like targets with full power and it really showed, but given enough time and instruction they would have done just fine. So, we would like to make it available to them at our Seminar. These are great people and our Kenpo Cousins. At the Homecoming Camp we became aware that they could take advantage of the Semi-Circle Drill and the Striking the Dummy Drill if they were to use their own techniques, so we decided to invite them to our shindig and let them see the rest of what we are all about. Their response was very positive at the Homecoming and since we all speak the same language, Kenpo, why not? The more the merrier.

Not only that, a good part of our motivation in inviting them is that we are so proud of our people and what they have done with the system. Our pride is bursting at the seams and we want people outside of our immediate family to see

where they have taken it and just how fantastic our people really are. We have been around for a long time and have seen it all, and nobody moves like the Karate Connection people. Nobody has blending, borrowing and combining that Karate Connection people have and nobody has the consistency of the Karate Connection people.

We may be the architects of this system but you are the engineers and the builders who have taken it to where it is, and to God only knows to where it will go. And if all this sounds a little like a father who is swollen with pride, then so be it.

Just a Brief Overview

The above is just a brief overview of what's to come. We don't have all the logistics completely worked out as yet but we do know where we want to go and pretty much how we are going to get there. So, stay tuned for further developments. Now on to...

THE IKCA SEMINAR 2003



This is one of the reasons we want to separate the venues of the Seminar. It's just too much for one room to handle no matter how large it is. Next year the great room will be divided.



Steve Muhammad displays various weapons and targets...



and then leads a punching drill.



Here's a series showing Mr. Muhammad's indomitable rotational force in motion.



Brian Antak along with James Parson delve into the intricacies of freestyle fighting.



Vic teaching double sticks.

Glen Lyman and Vic teaching a drill.



Glen Lyman straps on his infamous multi-knife utility belt.



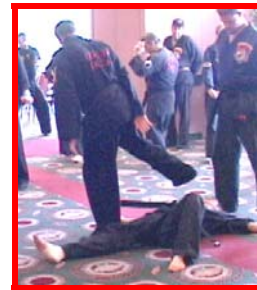
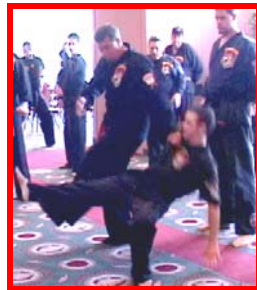
Students in Glen's group practice with a mock knife.



John Barnett demonstrates With Bishop Donnie Williams



Paul Metz stops everything To get back to the heart of Art, by focusing on a basic.



Vic shows his favorite blind-spot kick after a sweep



Because of the speed at which it travels, you can't see Chuck's key slinger at work here, but you can see its effect on the target.



Shawn Monday teaches standing manipulation techniques as well as ground fighting, sometimes from alongside and sometimes from the bottom.



IKKA CHAMPIONSHIPS 2003

We really hate to see the Championships get cut from the schedule but in the name of progress we are going to take it out for at least this coming year and possibly longer. As stated earlier in this newsletter, if we can expand the event into a full two-day affair we will be able to include it once again. In the meantime keep practicing the events as drills because they are absolutely the best way to practice for spontaneity. And when they come back you'll want to be ready.

This year's Championships saw by far the best competition yet. The judging had to get even stiffer because the competitors have improved to such a fantastic degree. Something that would have been passed over, as recently as last year, earned a deduction this year. Now for the winners of the Master Form Competition:

MASTER FORM COMPETITION

FIRST PLACE goes to Carrie Godwin who did it for the third year in a row! Her form just keeps getting better and better. Her attention to detail is practically flawless.



The blind overhead shot
In Clashing Hammers.



Carrie's head high kick in
Rolling Thunder.

Carrie has moved out of California and can no longer workout with her regular group. In fact, in order to compete this year she had to drive from Washington State, just this side of the Canadian border by herself (actually she brought the dog along). She says that if she drives straight through it takes twenty-three hours. That's a lot of dedication for an 18 year old, but she said she just couldn't miss it.



Fully extended knife-edge kick
In Hooked Lightning.



Perfect hand placement on
Inside the Storm.

SECOND PLACE winner is Paul Hutterer, back by only two points, giving Carrie a close run for the title. Looking at his form you can easily see why.



Back kick in
Captured Wing



Gaining
height in
Leaping
Thunder



Knife edge
kick in
Universal
Block



Thrust kick in
Thrusting Release

THIRD PLACE went to Alan Nisberg, our Florida Connection who himself was only a couple of points behind second place.



Hammerfist on Repeating Hammers



Unwinding into Stinging Butterfly



Back kick on Universal Block



Sweep and chop on Trapped Lightning



Winners of the Green-Brown Belt Division (L to R)
1st Place Chris Milan; 2nd Place Chris Jovez; 3rd Place Jacob Hee



Winners of the Purple-Blue Belt Division (L to R)
1st Place Nathan Bautista; 2nd Place Todd Fowler; 3rd Place Andy Lackey

TRIATHALON COMPETITION

In the Triathlon Competition this year there was a dead heat for first place. Carrie Godwin repeated her win of last year but was tied by Jeff Beck of Cedar City Utah who made the trip with his instructor Glen Lyman. They were six points ahead of the next competitor so we decided to award two first place medallions. Second and third were also awarded.

All of the competitors did an outstanding job. There were far fewer blown and repeated techniques this year than in the past competitions. In the Escape and Semicircle events the strikes came a lot closer to the targets, the power increased and the overall control was excellent. And on the Striking the Dummy event the improvement in Accuracy, speed and power was absolutely wonderful. We couldn't have asked for more. It's impossible for us to express our pride in those of you who have competed in these events over these past five Championships. *Thank you!*



In the Escape Technique line Carrie nails the groin shot and notice where the rear hand is - right on the kidney.



In the Semicircle she nails all three shots in Returning Serpents. This is the second one.



Here she is in the middle of Stinging Butterfly.

1st
Place
shared
by
Carrie
Godwin
and
Jeff
Beck



Jeff Beck drives home the elbow on Captured Wing.



Jeff's kick during Twirling fans is so perfect that both of the dummy's pant legs jump up. It doesn't get any better than that.



Here's Jeff's ridgehand to the throat that finishes off Stinging Butterfly.



Paul Hutterer, who has some really long legs, put them to their maximum use here.

2nd
Place
Paul
Hutterer



Here Paul finishes up Gathering the Dragon, complete with the leg break, which is very difficult to do on the dummy.



Alan's back kick on Captured Wing



Here Paul finishes up Beheading the Dragon, leg check included.



Excellent control on the groin shot in Thai Boxer.

3rd
Place
Alan
Nisberg



Alan can really crank on it when it comes to the dummy. Here's his shot to the knee in Stinging butterfly. One of the more difficult shots to get power into and keep your fluidity going.

Many thanks to the attackers for donating their bodies for the day. We offered them body armor but they turned it down.



New Karate Connection Poster



The new Karate Connection Poster measures 23¹/₂ by 31 inches. It's fully laminated in heavy duty plastic, with grommets inserted for easy hanging. Each technique is named under its belt color; with an arrow added indicating the direction it is done in the Master Form. This beautiful addition to your dojo or personal workout wall is only \$39.95 plus shipping and handling. Please call us to order.



PROMOTIONS



We would like to take this opportunity to congratulate you on your promotion. We know what kind of dedication and perseverance it requires to earn rank in the Martial Arts and we wish to pay our sincerest respects to you for having shown what it takes to appear on this list.

Thomas Fihl	Denmark	Green
Wasyf P. Hrim, Jr.	Woodgate, NY, USA	Orange
Thomas Smith	Hardin, MT, USA	Brown
Robert Gibson	Scottsboro, AL, USA	Brown
Ethan Wagner	California City, CA, USA	Purple
Paul Buehne	Corpus Christi, TX, USA	Orange
Michael Ritter	Corpus Christi, TX, USA	Purple
Lauren Ritter	Corpus Christi, TX, USA	Purple
David Beau Davila	Corpus Christi, TX, USA	Blue
Jarett Ramirez	Corpus Christi, TX, USA	Purple
Michelle Revels	Corpus Christi, TX, USA	Orange
Laura Thornton	Midland, TX, USA	Green
Patrick Weatherred	Midland, TX, USA	Blue
Jordan Weatherred	Midland, TX, USA	Blue
Arlan Morett	Midland, TX, USA	Blue
Savannah Cain	Midland, TX, USA	Purple
Ryan Shanks	Midland, TX, USA	Purple
Selena Martinez	Midland, TX, USA	Orange
Eddie Booze	Buena Park, CA, USA	9 th Degree Black Belt
Luis Escobar	Edinburg TX, USA	1 st Degree Black Belt
Roy Basaldua	Edinburg TX, USA	1 st Degree Black Belt
Justin O'Pool	Northport, AL, USA	Blue
Paul Gore	Tuscaloosa, AL, USA	Green
Latasha Bjorkman	Lompoc, CA, USA	Purple
Ron Ridley	Elk Grove, CA, USA	Blue
Alex Mills	Overland Park, KS, USA	Orange
Chris Jacobson	Overland Park, KS, USA	Brown
Brian Hunter	Overland Park, KS, USA	Orange
Michael Mangan	Clermont, FL, USA	Orange
Marty Josey	Durham, NC, USA	Brown
Neil Guenther	Milwaukee, WI, USA	Green
Paul Drankiewicz	Milwaukee, WI, USA	Brown
Dan Ogeletree	Bakersfield, CA, USA	Brown
Niels H K Thomsen	Denmark	Blue
Craig John	Australia	Orange
Louise Milton	Australia	Yellow
Joshua Schmidt	Australia	Yellow

Natisha Morris	Redondo Beach, CA, USA	Yellow
Alexis Lucio	Redondo Beach, CA, USA	Yellow
Julio Rodriguez	Redondo Beach, CA, USA	Yellow
Sarah Mullins	Redondo Beach, CA, USA	Yellow
Joyce Lowder	Redondo Beach, CA, USA	Orange
Doane Lucio	Redondo Beach, CA, USA	Orange
Brandy Cannon	Redondo Beach, CA, USA	Blue
Joshua David Pacheco	Redondo Beach, CA, USA	Purple
Bill Hayes	Redondo Beach, CA, USA	Yellow
Bill Hayes	Redondo Beach, CA, USA	Orange
Nicholas Lauer	Morinville, Alberta	Brown
Michael Gibson	Morinville, Alberta	Brown
Robert Neufeld	Morinville, Alberta	Brown
Lee Lienau	Morinville, Alberta	Green
Cecile Lewis	Morinville, Alberta	Blue
Curtis Donald	Morinville, Alberta	Green
Larissa Donald	Morinville, Alberta	Green
Jasmin Deloa	Bellflower, CA, USA	Yellow
Amparo Hinjosa	Bellflower, CA, USA	Yellow
Victoria Parks	Bellflower, CA, USA	Yellow
Christopher Kuni	Bellflower, CA, USA	Orange
Arthur Law III	Bellflower, CA, USA	Orange
Robert Escalante	Bellflower, CA, USA	Orange
Michael Gorospe	Bellflower, CA, USA	Orange
Rico Palacpac	Bellflower, CA, USA	Orange
Donald Areas	Napa, CA, USA	1 st Degree Black Belt
Jason Johnson	Manitowoc, WI, USA	1 st Degree Black Belt
Jerry Brooksher	Pittsburg, KS, USA	2 nd Degree Black Belt
Shawn Monday	Overland Park, KS, USA	4 th Degree Black Belt
William Curran	Johnston, RI, USA	Yellow
Michael Faraj-Musleh	Johnston, RI, USA	Yellow
Fouad Faraj-Musleh	Johnston, RI, USA	Yellow
Johana Faraj-Musleh	Johnston, RI, USA	Yellow
Raymond Gambuto III	Johnston, RI, USA	Purple
Joseph Gambuto	Johnston, RI, USA	Purple
Brian E Maslen	Pittsburg, KS, USA	Orange
Scott Tracey	Ft. Payne, AL, USA	Orange
Casey Moon	Ft. Payne, AL, USA	Orange
Gary Denbow	Farmington, MN, USA	Orange
Ray Urbano	Napa, CA, USA	Orange
Tonya Pena	Napa, CA, USA	Purple
Brian Hunter	Wichita, KS, USA	Purple
Jacob Hee	Vallejo, CA, USA	Brown
Chris Jovez	Vallejo, CA, USA	Brown
Chris Milan	Vallejo, CA, USA	Brown
Genesis Yrad	Vallejo, CA, USA	Brown
Joey Kuni	Bellflower, CA, USA	Purple
Alicia Monroe	Johnston, RI, USA	Orange

Rebecca Monroe	Johnston, RI, USA	Orange
Paxton Paillott	Amite, LA, USA	Yellow
Kayla Cobb	Rainsville, AL, USA	Yellow
LaRanda Westbrook	Rainsville, AL, USA	Yellow
Billy Richey	Rainsville, AL, USA	Yellow
Paul Drankiewicz	Milwaukee, WI, USA	Junior Black Belt
Efrain Rivera Miranda	Moca, PR	1 st Degree Black Belt
Brent Harper	Grand Terrace, CA, USA	3 rd Degree Black Belt
Gary Perez	Howell, MI, USA	4 th Degree Black Belt
Tom Ford	Everett, WA, USA	5 th Degree Black Belt
Frank Rasmussen	Copenhagen, DEN	Purple
Jonas Nielsen	Copenhagen, DEN	Orange
Steven P. Griffin	Redondo Beach, CA, USA	Yellow
Steven P. Griffin	Redondo Beach, CA, USA	Orange
Lee Takeuchi	Redondo Beach, CA, USA	Yellow
Elizabeth Corman	Redondo Beach, CA, USA	Purple
Christopher Massey	Johnston, RI, USA	Green
Brittany Ali Curran	Johnston, RI, USA	Yellow
Tony Ramon	Edinburg, TX, USA	Green
Sean Spiser	Midland, TX, USA	Yellow
Robert Garza	Midland, TX, USA	Orange
Russell Shanks	Midland, TX, USA	Orange
Travis Dougherty	Midland, TX, USA	Orange
Laura Thornton	Midland, TX, USA	Brown
Latasha Bjorkman	Lompoc, CA, USA	Blue
Michael Park	Overland Park, KS, USA	Orange
Karen Ramsey	Overland Park, KS, USA	Orange
Brian Hunter	Overland Park, KS, USA	Blue
Robin Prinzing	Overland Park, KS, USA	Orange
Cathan Prinzing	Overland Park, KS, USA	Orange
Ryan Murray	Overland Park, KS, USA	Orange
Bill Parsons	Raleigh, NC, USA	2 nd Degree Black Belt
Sergio Lopez	Torrance, CA, USA	2 nd Degree Black Belt
Mike White	Pittsburg, KS, USA	1 st Degree Black Belt
Shea McLaughlin	Pittsburg, KS, USA	1 st Degree Black Belt

Coming Next Issue

What are the actual odds on going from beginner to Black Belt with the Karate Connection? Read all about it in the next issue. We have years of statistics to draw from and the findings are quite interesting!

