



NEWSLETTER #43

2nd QUARTER 2005

LAST CALL for the 2ND WEST COAST KENPO CONFEDERATION

By the time you receive this Newsletter there won't be much time left to make a reservation for the 2nd West Coast Kenpo Confederation but if you hustle you can do it.

We are so excited about the lineup of talent we have assembled for the teaching staff that we just had to tell you about it. The following is what is in the catalog each participant will receive, describing each of the subjects and Instructors for the various classes throughout the day.

The purpose of this catalog is to allow you to familiarize yourself with the classes that will be offered at the 2nd West Coast Kenpo Confederation and to choose in advance the ones you wish to attend. In the middle of the catalog you will find a color-coded schedule for easy reference and an itinerary page that you may fill in with your choice of classes.

Please be advised that there will be no reservations. If you have a particular desire for a class, please try to get there as early as possible. The instructors have been advised not to overcrowd the classes, so you will be taken on a first come first served basis.

Most of the classes will be offered more than once during the day. Others will only be offered one time but they are subjects that we know will be of interest to fewer people, such as business classes, or a class that was done last year and is repeated this year such as the Key Slinger presented by Mr. Sullivan. If you've been there and done that you will probably want to take a different class during that time slot.

Some of the classes will be two fifty-minute segments, back-to-back in length and even they will be repeated later in the day. And remember, those classes could be split up if necessary. You could take the first fifty-minute segment of the class in the morning, if there is another class you wish to attend, and then you could catch the second half of the two-segment session in the afternoon. We tried to keep the schedule as flexible as possible.

The configuration of the facility is one giant room, which we refer to as the *Main Room*, which can be divided into three separate rooms using the built-in partitions. We will begin using the Main Room for the first hour of the day, which will begin at 7:45 AM for the Karate Connection people.

This hour is to check out our distance students and make certain they are up to par on the material to their individual belt levels. At 8:45 AM the rest of the participants of the Confederation will be admitted into the Main Room for an opening ceremony and orientation address and to be advised of any alterations in the schedule for the day (which we don't foresee at this time).

At 9:00 AM the Main Room will be divided into three separate rooms. Room Number-One is the one nearest the stairway and check-in desk. Room Number-Two is the one in the middle, and Number-Three the one farthest from the check-in desk. Room Number-Four is on the main floor past the Hotel check-in desk in the atrium area. The Hotel will provide water, in various locations. If it is a hot day and you are engaged in a strenuous workout please remember to hydrate often. There is no need to ask permission to go to the rest room or get a drink at any time during a class session. Also, you are not required to remain in a class if you decide you would rather check out another class during that time period. You are free to go from class to class and if there is room for you, you may join that class at whatever stage it are in.

At the end of the last classes the Main Room will once again be returned to its open configuration for a closing ceremony. Don't miss it! After a short period to clean up and change clothes, please gather at the pool area for dinner with your instructors and fellow Kenpoists, compliments of the West Coast Kenpo Confederation.

Kenpo Trapping

Vic LeRoux

Vic LeRoux became enamored with trapping techniques a long time ago. While a Kenpo Black Belt under Ed Parker, he picked up every shred of information from Mr. Parker that he could and when that wasn't enough, he studied with Danny Inosanto and Richard Bustillo at Jeet Kune Do headquarters in Gardena, California, and later with Jerry Poteet.

Over the years, using his background with these wonderful sources, Vic integrated elements from his Trapping training with Mr. Parker along with the techniques he learned at the Jeet Kune Do Center into a system that satisfied the defensive demands of Kenpo and the offensive capabilities of Jeet Kune Do. Then, as all professional instructors must do, he spent years picking up whatever bits and pieces not covered by them, through the process of analyzing and developing his own insights and judgments, the result is a combination of the best of the best.

Vic intends to take the concept of trapping even further with his seminar this year by adding sensitivity to your Kenpo. He will broach the subject of how to open your opponent up, as well as how to stop and control an attack and how to finish a fight.

Using Ed Parker's Kenpo Trapping, he will discuss closing the distance between you and an opponent with footwork. He will cover the Looping, Pinning and Heel Palm checks along with punching combinations, arm breaks, knee checks, and foot pinning with the entire body weight added to the trapping.

Using what Vic likes to call modified Wing Chun he will present Chi-Jerk, which is essentially stop-leg kicks or leg trapping, Pac Sau - pinning hand, Lop Sau - grabbing hand, and Jut Sau - hooking hand. He will also incorporate a Bong-Sau drill - close quarter combat training.

Along with all of the above he will be presenting some things his main instructor Chuck Sullivan taught him and his early group way back at the old Crenshaw Studio in Los Angeles in the sixties and seventies. These are things that Vic never forgot, because he still has the scars to remind him. They include but are not limited to, closing the distance using the double switch stances, the step through sweep, control through capturing the garment, capturing in a downward movement, shoulder-check and control, riding the lead leg and the body for control and adding punches to the takedown. Should be a great fifty minutes.

Mr. LeRoux will offer this Class two times during the day.

FIRST SESSION – 9:00 TO 9:50 AM – Room # 2

REPEATED – 3:00 TO 3:50 PM – Room #2

Beginners

Jujitsu-Grappling

Shawn Monday

Mr. Monday will give you a short introduction about what Jujitsu/Grappling is and how it fits well into what we do as Kenpo Practitioners. He will explain how the basics are very important in Jujitsu/Grappling and use this session to concentrate on nothing but basic drills and techniques. He will also demonstrate grappling wearing a Gi or not wearing a Gi.

Standing Basics and Techniques:

This is geared toward teaching how to utilize takedowns and standing submissions. Depending on the training surface, he will not teach the full takedown unless there is a mat present. The standing basics that will be taught are: The Clinch, Arm Drags, The Duck Under, Leg Sweeps and Trips.

Ground Positioning:

Ground positioning is important because it sets up both your ground striking techniques as well as your submission techniques. Like any type of freestyle fighting, any position can be reversed or countered. The positions he will be teaching are: Mount, Top Cross Mount, Guard, Half-Guard, Scarf Lock (kesa gatame), Top Turtle, Side Turtle, Knee on Stomach.

Each of these positions have escapes and reversals. He will teach one basic escape for all these positions.

Submission Techniques:

Mr. Monday will immediately start off with explaining how to *tap and when to tap to avoid injury*.

He will teach some basic submissions for the beginners. Shoulder Lock, Arm Bars, Straight Ankle Lock, Heel Hook, Rear Choke and Elbow Lock.

Drills:

He will also teach a couple of drills utilizing standing techniques, Position Flow Drills and Submission Flow Drills.

**9:00 TO 10:50 AM – Room #3
This session will not be repeated.**

Reality Drills

Paul Metz

Because of the need to develop this theme from elementary to advanced Drills, these classes will be one hour and fifty minute sessions.

One of the highlights of last year's Confederation was when Mr. Paul Metz put on his full body armor and ran drills where the students were allowed to actually strike him with reasonable power to vital areas. It was a revelation for many people who were able, for the first time, to strike at a live moving target that was, at the same time, striking back at them, with proper padding of course.

Mr. Metz's demonstration and training period were not scheduled last year, it was just sandwiched in with other things but we thought so highly of it that we not only scheduled it for this year but we asked him to expand upon that theme in both time (it's now a one hour and fifty minute session) and the number of presentations (it will be offered twice during the day).

Whatever you do, please don't miss taking this class, no matter what kind of Kenpo techniques you practice, or even if your style doesn't practice techniques at all. This is as real as it gets, without people getting hurt. Here's where you find out exactly how effective you really are. And don't be afraid that you won't live up to the standard you've set for yourself. This is just like any other type of training; it starts out slowly and builds upon your increased proficiency. Mr. Metz has this down to a science and you'll be happy with the results.

**FIRST SESSION – 9:00 TO 10:50 AM – Room #1
REPEATED – 2:00 TO 3:50 PM – Room #3**

Knife Fighting

Glen Lyman

Glen Lyman and knife fighting are practically synonymous. Glen has always had a passion for the blade and has developed his expertise second to none in this fascinating art.

One of the advantages of studying the use of the blade is that it gives you an insight as to how to best defend against it. A little like walking that proverbial mile in the other guy's shoes.

This class will introduce students to using the knife as a weapon. Strategies and techniques are taken from Kenpo and from various Filipino fighting systems.

Topics to be covered:

- Safety
- Concealed carries and legal issues
- Grips
- Basic footwork
- Movement and tapping vs. blocking
- Three ranges of combat
- Five basic angles of attack
- Counters to the five basic angles of attack
- Fatal anatomical targets

Drills:

- Pass, Cut and Thrust Drill (flowing counters to the five angles of attack)
- Template Drill (The nine most deadly targets to attack and to defend)

FIRST SESSION – 9:00 TO 9:50 AM – Room #4
REPEATED – 5:00 TO 5:50 PM – Room #4

BKF Kenpo
SGM Steve Muhammad
GM Donnie Williams
Professor Robert Temple

What can we say about these three incredible Kenpo legends? They have taken their art to the pinnacle and have enjoyed teaching it for many years. They are a trio of Kenpo's greatest fighting champions of their respective eras and are here to pass their winning techniques along to the present generation.

Anyone who has ever seen Senior Grand Master of the BKF – Steve Muhammad – move can attest to the obvious accuracy, speed and power he possesses, which has not diminished in the least over the past four decades; and has become the trademark of the BKF.

Accuracy is something every martial artist has to deal with on their own. No one can teach you that, but speed and power can be learned and Mr. Muhammad is just the one to teach it, along with the rest of the team, the co-founder of the BKF Bishop Donnie Williams and Professor Robert Temple.

Mr. Muhammad's special offering to this Confederation includes the following, which he has titled:

THE WAY OF THE WARRIOR

Offensive Fighting – Hands and Feet

Counter Offensive Fighting – Hands and Feet

Defensive Kicks

Defensive Hands

Slow Fighting – Brain-Sight Vs Eye-Sight

Body Language Reading

Hand and Body Placement for Hand and Foot Strikes

FIRST SESSION – 10:00 TO 10:50 AM – Room #2
REPEATED – 4:00 TO 4:50 PM – Room #4

The Preemptive Strike

Chuck Sullivan

How to negotiate or initiate the *preemptive strike*, also known as the *surprise attack*, or even as the *sucker punch*, is the subject of this class.

The first thing you'll learn is that if you are in range, and someone who knows what they're doing decides to alter your face with his their fist, you don't stand a chance of stopping it. Action is faster than reaction, and you'll have a chance to prove it. You will participate in a drill that will prove this simple statement beyond the shadow of a doubt.

First you'll learn how to do it. Not that you will ever want to sucker punch anyone, but it would be a good thing to know how to do effectively should the need ever arise. As far as dealing with that kind of attack, there are things that can help, should it happen to you. We will be discussing various concepts of Kenpo and principles of self-defense that make it realistic to counteract this kind of attack.

Because the need for a preemptive attack is especially relevant against multiple opponents, this subject will also be addressed.

10:00 TO 10:50 AM – Room #4
This session will not be repeated.

The Key Slinger

Chuck Sullivan

If you attended last year's West Coast Kenpo Confederation, you no doubt remember the noise coming from the Key Slinger class as the keys were making contact with the cardboard targets. They sounded like gunshots, and it was louder if you were in the room itself.

If you don't know what the key slinger is, here's your opportunity to find out and have some fun at the same time. It just does a body good to be able to hit something full out once in a while and the key slinger gives you the opportunity to do just that.

You will find that the power you are able to generate through rotational, centrifugal force is awesome and the cutting, tearing action of the keys frightening. This is a serious weapon. Everyone attending will receive a slinger to practice with and take with them.

2:00 TO 2:50 PM – Room #4
This session will not be repeated.

American Kenpo

Dian Tanaka

Last year Miss Tanaka's class filled up to capacity and a little beyond, so this year she requested a double session to be able to keep the groups smaller, in order to spend more time with individuals. Plus, she requested that the length of the sessions be doubled as well. So, this year she will be doing two one-hour and fifty-minute sessions. The subject matter Miss Tanaka will be covering is as follows:

Part One will cover lower body conditioning drills, "ideal phase" takedowns, footwork patterns and covering the differences in stance selection when working against empty hand vs. weapons. The second half of Part One will use the maneuvers covered in the first half, in free-flow controlled sparring.

Part Two will cover "give and take" drills designed for position and opportunity recognition, with the emphasis on the upper body. The second half of Part Two will move out of the idea phase to controlled free-flow sparring. Bring your sparring gear for this class.

Miss Tanaka will offer this class two times during the day.

FIRST SESSION – 11:00 AM TO 12:50 PM – Room #1

REPEATED – 2:00 TO 3:50 PM – Room #1

The Gun Disarm

Jim Allard

Jim Allard is a Huntington Beach Police officer and training officer. He is also a veteran Black belt with the Karate Connection and a championship wrestler and grappler.

One of Jim's specialties over the years has been the gun disarm because of his chosen profession. He has gone to extreme lengths in searching for the definitive disarm the one that works every time and from all possible angles.

Over the years he has seen, investigated, explored and analyzed every possible approach from every possible source, including the FBI, the Secret Service, and the military. He has developed a singular technique that when learned and practiced will take care of this need completely.

We have learned a number of gun disarms over the years and in our humble opinion what Jim has to offer is by far the best we have ever seen. The people who took his class last year came away feeling that it alone was worth the trip.

Even though this class was offered last year, it will be run twice this year so everyone that feels the need can take advantage of it.

FIRST SESSION – 11:00 TO 11:50 AM – Room #2

REPEATED – 5:00 TO 5:50 PM – Room #2

Freestyle Fighting

Armando Deloa

You may not like to Freestyle because it represents one of the more unpredictable elements of the Art, but you know that you need to, in order to become a well-rounded martial artist.

Like it or not, it's just something you have to do and the better you do it, the more you'll like it.

There aren't many ways to learn how to freestyle and spending time with an expert is probably one of the best, but expert instructors in that field are hard to find. Most full time instructors don't like to teach freestyle because it can be hard on the body after a number of years.

The Karate Connection is fortunate to have in its midst Armando Deloa one of the most talented and accomplished freestyle instructors around. It will serve you well to take advantage of his expertise while he is still in his prime and teaching this valuable aspect of the art.

This class can handle anyone from beginner to the advanced student and it should be on your schedule regardless of your rank or experience.

Even if you can't physically participate because of an injury or for whatever reason, you should still make one of these sessions a priority, because you will come away from it with knowledge on this most important subject that you wouldn't have otherwise. Later, you can work on it at your own pace and on your own time. It's better if you can participate, but even if you can't or just don't want to, you can learn through observation.

If you plan to freestyle bring your freestyle protective gear.

FIRST SESSION – 11:00 TO 11:50 AM – Room #3

REPEATED – 4:00 TO 4:50 PM – Room #1

Joint Locks and Kenpo

Doug Meeks

Doug Meeks holds the rank of *Seventh Degree Black Belt* and the title of *Master Instructor* in the IKCA, meaning he has awarded over twenty Black Belts since becoming a Certified Instructor, actually, twenty-five to date, and he has a second generation under him on the family tree.

Doug, like so many other ranking Karate Connection Black Belts, has utilized what Kenpo and the Karate Connection has given him, and taken it to new and exciting levels in a specialized area, without ever losing sight of the system as a basis for all that follows.

Master Instructor Meeks uses joint locks to set-up, control, or finish an opponent. He will teach you to expand and deepen your knowledge and application of joint locks, through the practice of a *lock flow pattern*.

You will learn twelve to fifteen joint locks, done one after another with a partner. Examples of how and when to blend these skills into your self-defense techniques will also be demonstrated and practiced.

This is a must-do class for all who want to expand their knowledge of Joint Manipulation and Compliance Techniques.

FIRST SESSION – 11:00 TO 11:50 AM – Room #4

REPEATED – 2:00 TO 2:50 PM – Room #2

Semi-Circle and Striking the Dummy Drills

Jerry Brooksher

Last year we presented these drills as separate entities and found that they worked better when combined, so this year we put them together under the guidance of Jerry Brooksher, a premier IKCA instructor out of Pittsburg, Kansas.

If you are a BKF practitioner or from any of the American Kenpo Schools, you should try these drills because they take the moves you are already doing and put them to the test of reality.

The Semi-circle is just that, reality. You will be part of a half circle standing in front of a student, whom you will attack when pointed to by the instructor standing behind that individual. There are no spoken commands, so the person who is being attacked has only the movement of the attacker to react to. When all five of the attackers have attacked twice, the semi-circle rotates and the next person takes his or her turn to be attacked.

This drill sharpens your reflexes and lets you know for sure how well you are reacting to *attacks from all angles*. In a perfect world everyone attacks from the front. In the world we live in, they don't. The drill begins very slowly and picks up in pace as you become more comfortable with it.

Striking the dummy allows you to see at a glance if you are hitting the correct target or not, and allows you to use all of the power you wish to put into it. Until you have actually made contact with a number of your regularly practiced strikes and kicks, it's all supposition. You *think* you are hitting the target because that's where you are aiming, but you'll never know for sure until you actually do it.

If you've never done the Semi-circle, or don't have enough people to do it on a regular basis, you have to take advantage of this class. Or, if you don't own a life-size dummy and want to try one out to see if it would help with your workout at home, please try ours. They are there waiting for you and they never get tired of getting beat up. Please bring gloves and shoes for practice on striking the dummy.

FIRST SESSION – NOON TO 12:50 PM – Room #4

REPEATED – 3:00 TO 3:50 PM – Room #4

Hypnosis in the Martial Arts

Robert Choat

his subject is really unique for the Karate Connection, the BKF, or American Kenpo in general. You might be asking yourself, what could hypnosis possibly have to do with the martial arts? Attend this class and you'll find out.

We have been aware of the possibilities and their correlation to what we do for quite some time, but until recently haven't had access to anyone who could put us in touch with them. Now we do, and we are ready to rock and roll.

Mr. Robert Choat will take you through it step by step. He was introduced to the Martial Arts at the age of five in Okinawa and has been a practitioner ever since. His involvement in hypnosis is quite extensive, as you can see below. This combination makes Mr. Choat a real find for the West Coast Kenpo Confederation.

Bob Choat, C.Ht. GMS

Business Growth Expert

Inspired Warrior Coach

Certified Hypnotherapist

Trainer

Certified NLP Master Practitioner

Certified Time Line Therapy Practitioner™

Member of the American Hypnosis Association, the Hypnotherapist's Union (AFL-CIO)

Local 472, The National Guild of Hypnotists, Coachville, Time Line Therapy

Association™, The Graduate School of Coaching, and a 1998 Graduate of Rapport Leadership International

FIRST SESSION – NOON TO 12:50 PM – Room #2

REPEATED – 4:00 TO 4:50 PM – Room #2

Business

Jim Buhisan

If you are in the business of running a Karate School or are interested in the business end of the Art, this is a must-do class for you. Mr. Buhisan has been in the business for over two decades and has been highly successful throughout his business career and is willing to share with you the secrets of that success.

He will discuss with you the types of Martial Arts businesses, such as after School Programs – YMCA or Community Center Programs – Karate School (Part Time) 2 to 3 days per week and Karate School (Full Time) 4 to 6 days per week.

He will give you advice on such subjects as Funding and discuss your choices between Family Funding, Bank or Private Party Loans, SBA Loans, Grants, and even Partnerships.

He will advise you on Curriculum, Customer Service, Assistant Instructors and Volunteers, Instructors Programs and Titles, Types of Programs and Fees.

All of the above is just a quick overview and only the beginning of Mr. Buhisan's list of topics.

Last year Mr. Buhisan passed out a fantastic Business Manual for the students to take along for future reference, but it wouldn't be a bad idea to bring a pad and pencil to take notes for the things that might be of particular interest to you that won't be found in the manual.

This year Mr. Buhisan will be introducing new topics such as Low Cost Marketing and how to work your area. He feels it's his job to do the research and bring you new tools, to inform you of new services, and what's new in the field of software that might be of value to you. Such as things that include tracking and improved sales techniques, and how to upgrade your students for greater income as well as new ideas on how to handle renewal of student membership.

**If you are in the business or thinking of getting into the business,
don't miss this seminar.**

**NOON TO 12:50 PM – Room #3
This session will not be repeated.**

Advanced Jujitsu-Grappling Shawn Monday

**Because of the complexities involved in these subjects, this session will be
an hour and fifty minutes.**

Advanced Session:

Mr. Monday will spend about 20 minutes reviewing some basic drills and flow techniques as a warm-up before going into some intermediate/advanced techniques.

Advanced Takedowns and Standing Submissions

This is geared toward teaching how to utilize takedowns and standing submissions. Depending on the training surface, he will not teach the full takedown unless there is a mat present. The standing basics that will be taught are:

Advanced Clinching Techniques

Striking to takedown combinations

Takedown reversals and counter throws

Advanced Ground Positioning/submission techniques

He will be teaching some combination positions/submissions, along with advanced submission techniques and show how to add them to the drills taught in the warm-up. Some brief examples are:

Mount/arm lock combinations

Top Cross Mount utilizing leg locks and shoulder locks

Guard techniques

Half-Guard techniques

Scarf Lock (kesa gatame) choking and arm lock techniques

Top Turtle techniques

Side Turtle techniques

Knee on Stomach

Arm Bar Combinations

Knee Bar Combinations

Arm and Choke Combinations

Business

Paul Metz

Mr. Metz is also in the business and teaches for a living. He runs a very successful school in Wisconsin and wants to share his business expertise with you.

We thought it would be a good idea for those involved in schools to get another point of view on business, just as it's a good idea to get different points of view on the Art itself. Knowledge is power. The title of Mr. Metz's seminar is:

Systemizing your school for greater student service

The topics covered would include but not be limited to:

Lead generation

First contact to first appointment

The enrollment process

Tracking/Rating student attendance

Staying in contact - Thinking of you

To promote or not to promote, that is the question

Automated FREE billing

Know your stats - The pulse of your school

5:00 TO 5:50 PM – Room #1
This session will not be repeated.



PROMOTIONS



We would like to take this opportunity to congratulate you on your promotion. We know what kind of dedication and perseverance it requires to earn rank in the Martial Arts and we wish to pay our sincerest respects to you for having shown what it takes to appear on this list.

Roman Marquez	Minden, NV, USA	BROWN BELT
Laura Thornton	Midland, TX, USA	1st Degree Black Belt
Amanda Alexander	Napa, CA, USA	PURPLE BELT
John Kelleher	Henderson, NV, USA	BROWN BELT
Christopher Wiley	Clarksville, TN, USA	ORANGE BELT
Cole K. Jose	Redondo Beach, CA, USA	YELLOW BELT
Kaevan Shahbodagloo	Redondo Beach, CA, USA	ORANGE BELT
Tamara D. Munro	Redondo Beach, CA, USA	PURPLE BELT
Kimberly A. Freisheim	Redondo Beach, CA, USA	PURPLE BELT
Ryan Cortes	Redondo Beach, CA, USA	PURPLE BELT
Christopher A. Oliver	Redondo Beach, CA, USA	PURPLE BELT
Jennifer Thomas-Hollenbeck	Redondo Beach, CA, USA	BLUE BELT
Jason Ferron	Kalispell, MT, USA	GREEN BELT
Dennis Winslow	Copenhagen, DEN	GREEN BELT
Jan Nielsen	Copenhagen, DEN	GREEN BELT
Doane Lucio	Redondo Beach, CA, USA	BLUE BELT
Alexis Lucio	Redondo Beach, CA, USA	BLUE BELT
Gary D. Anderson	Redondo Beach, CA, USA	BLUE BELT
Victor R. Anderson III	Redondo Beach, CA, USA	BLUE BELT
Cynthia Woodburn	Pittsburg, KS, USA	ORANGE BELT
Amy Brooksher	Pittsburg, KS, USA	ORANGE BELT
Zackary Ferron	Kalispell, MT, USA	BLUE BELT
Gary Lack	Cincinnati, OH, USA	PURPLE BELT
Jesse Sparks	Highland, CA, USA	ORANGE BELT
Guillermo E. Silva	Military APO	GREEN BELT
Roel Alafa	Killeen, TX, USA	GREEN BELT
Mikkel Christophersen	Copenhagen, DEN	YELLOW BELT
Markus Skov	Copenhagen, DEN	BLUE BELT
Bruce Cochran	Northport, AL, USA	ORANGE BELT
Diego Rios	Lompoc, CA, USA	BLUE BELT
Jeff Hurbace	Henderson, NV, USA	BLUE BELT
Matt Johnson	Edinburg, TX, USA	PURPLE BELT
Louie Eguaras	Valencia, CA, USA	PURPLE BELT
Scott Sumner	Severn, MD, USA	BLUE BELT

David Wallace	Webb City, MO, USA	ORANGE BELT
Dan Wallace	Webb City, MO, USA	ORANGE BELT
Gustavo Acosta	Vallejo, CA, USA	ORANGE BELT
Rene Otico	Vallejo, CA, USA	ORANGE BELT
Quincy Richardson	Vallejo, CA, USA	ORANGE BELT
Niko Leon Guerrero	Vallejo, CA, USA	ORANGE BELT
Jeff Devera	Vallejo, CA, USA	ORANGE BELT
Jose Acosta	Vallejo, CA, USA	ORANGE BELT
Basil John Patricio	Vallejo, CA, USA	ORANGE BELT
Jose Luis Acosta	Vallejo, CA, USA	ORANGE BELT
Glenn Jorgensen	Copenhagen, DEN	ORANGE BELT
Michael Toms	Pittsburg, KS, USA	ORANGE BELT
Tommy Maslen	Pittsburg, KS, USA	GREEN BELT
Jeff Cary	Northport, AL, USA	ORANGE BELT
Austin Rhodes	Benicia, CA, USA	BLUE BELT
Evan Gibbs	Benicia, CA, USA	BLUE BELT
Frank J. Bachara	California City, CA, USA	4th Degree Black Belt
Robert Kenyon	Cedar City, UT, USA	1st Degree Black Belt
Ethan Powell	Cedar City, UT, USA	Junior Black Belt
Wasyl P. Hrim	Woodgate, NY, USA	PURPLE BELT
Erik Pangelinan	Eugene, OR, USA	PURPLE BELT
Jennifer Morell	Napa, CA, USA	PURPLE BELT
Stephen Woodard	Napa, CA, USA	ORANGE BELT
Chris Roman	Napa, CA, USA	ORANGE BELT
Alberto DeLima	Napa, CA, USA	ORANGE BELT
Steve Caldwell	Napa, CA, USA	ORANGE BELT
Efren Palacios	Bellflower, CA, USA	2nd Degree Black Belt
Armando Deloa	Bellflower, CA, USA	7th Degree Black Belt
TJ Ingram	Pittsburg, KS, USA	PURPLE BELT
Ryan Thomas	Pittsburg, KS, USA	YELLOW BELT
Justin Ziolkouski	Lakewood, CA, USA	PURPLE BELT
Cynthia Woodburn	Pittsburg, KS, USA	ORANGE BELT
Amy Brooksher	Pittsburg, KS, USA	ORANGE BELT
Daniel Mercer	Olympia, WA, USA	ORANGE BELT
Fernando Gomez, Jr.	Oxnard, CA, USA	ORANGE BELT
Jesse Smith	Fritz Creek, AK, USA	GREEN BELT
Kimberly A. Freisheim	Redondo Beach, CA, USA	BLUE BELT
Tamara D. Munro	Redondo Beach, CA, USA	BLUE BELT
Ryan Morihara	Redondo Beach, CA, USA	PURPLE BELT
Ariana R. Barnett	Redondo Beach, CA, USA	YELLOW BELT
Eddo Accetola	Napa, CA, USA	PURPLE BELT
Richard Barry	Napa, CA, USA	ORANGE BELT
Todd Fowler	Napa, CA, USA	GREEN BELT
Shawn Morey	Pittsburg, KS, USA	BLUE BELT
Thomas J. Ingram	Pittsburg, KS, USA	PURPLE BELT

Kathryn Campbell	Pittsburg, KS, USA	ORANGE BELT
Jesse Smith	Fritz Creek, AK, USA	GREEN BELT
Nina K. Lolk	Copenhagen, DEN	1st Degree Black Belt
Guillermo Silva	Military APO	BROWN BELT
Duncan Brandt	Holyoke, CO, USA	PURPLE BELT
Sean Mitchell	Holyoke, CO, USA	BROWN BELT
Gary Lack	Cincinnati, OH, USA	BLUE BELT
Phyllip Parsons	Raleigh, NC, USA	PURPLE BELT
Walter Heckman IV	Raleigh, NC, USA	PURPLE BELT
Alex Risher	Raleigh, NC, USA	PURPLE BELT
Dana Witham	Coudersport, PA, USA	ORANGE BELT
Alejandro Garcia	Redondo Beach, CA, USA	1st Degree Black Belt
Ricky Hurtado	Bellflower, CA, USA	1st Degree Black Belt
Tom Darzes	Tualatin OR, USA	4th Degree Black Belt
Julius Deguzman	Vallejo, CA, USA	ORANGE BELT
Bryant Acosta	Vallejo, CA, USA	ORANGE BELT
Mathew Kenyon	Vallejo, CA, USA	ORANGE BELT
Douglas Caragan	Vallejo, CA, USA	ORANGE BELT
Justin Santos	Vallejo, CA, USA	ORANGE BELT
Brandon Nocon	Vallejo, CA, USA	ORANGE BELT
Jamila Stewart	Vallejo, CA, USA	ORANGE BELT
Irais Lopez	Vallejo, CA, USA	PURPLE BELT
Eric Redic	Vallejo, CA, USA	PURPLE BELT
Ivan Lopez	Vallejo, CA, USA	PURPLE BELT
Donna Patio	Vallejo, CA, USA	PURPLE BELT
Herbie Gough	Vallejo, CA, USA	PURPLE BELT
Justin Strode	Holyoke, CO, USA	PURPLE BELT
Mark Farnsworth	Holyoke, CO, USA	ORANGE BELT
Elliott Suttle	Northport, AL, USA	BROWN BELT
Christian Serrano	Puerto Rico	ORANGE BELT
Juan Carlos Medina	Puerto Rico	ORANGE BELT
Zeke Watson	Pittsburg, KS, USA	YELLOW BELT
Pete Hanson	Pittsburg, KS, USA	ORANGE BELT
Blake Rooks	Pittsburg, KS, USA	ORANGE BELT
Frank Rooks	Pittsburg, KS, USA	ORANGE BELT
Jay Pope	Northport, AL, USA	BROWN BELT
Jeremiah Blasi	Dublin, CA, USA	PURPLE BELT
Eugene Tolburt	Columbia, SC, USA	ORANGE BELT

KARATE CONNECTION VIDEOS, MERCHANDISE AND SERVICES

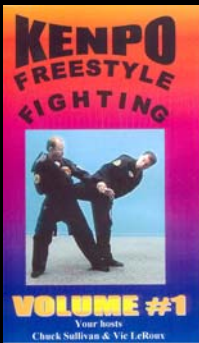


TRAINING VIDEOS - \$54.95 EACH or ENTIRE SET - \$274.95 (Orange, Purple, Blue, Green, Brown, Black) VIDEO TESTING \$64.95 Orange-Brown \$150.00 Black



VINTAGE KENPO

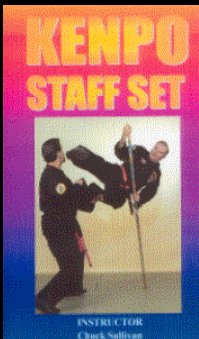
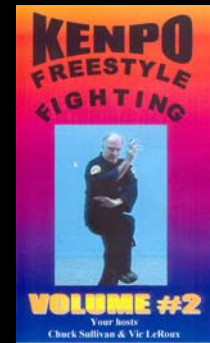
Back in 1962 Senior Grandmaster Ed Parker and Chuck Sullivan filmed a series of, what is believed to be, the first training films on the subject of Kenpo ever produced. You can see them here as Chuck and Ed Parker, Jr. discuss them and the times when they were made. - **\$39.95** (Running time 53 min.)



FOUR FULL HOURS OF KENPO FREESTYLE FIGHTING

Principles, Concepts and Applications

Never in the history of Kenpo has such a collection of talent been together to share their knowledge and experience so selflessly where it is more needed than in Freestyle Fighting. That's why we decided to travel to those who couldn't come to us, so we could bring together an assemblage of the finest Freestyle Fighting instructors in Kenpo today. This two-volume set is priced at **ONLY: \$59.95** (Special IKCA Members Only price)



KENPO STAFF SET

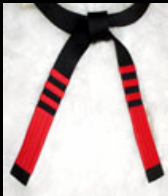
If you have ever wanted to learn the Classical Kenpo Staff Set, here is your chance. Now you can learn it at your own pace and there isn't even a test. From the tape you will learn each of the individual elements that make up the Set as a drill. Then we will put the pieces together, with the transitions, transforming it in the final Set. At the end of the tape you will also see the Staff Set as it was originally done back in 1962 when Chuck performed it as Mr. Parker filmed it.

\$34.95 (Special IKCA Members Only price) Running time 40 min.



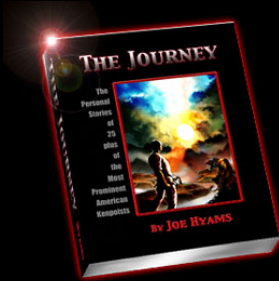
THE KENPO ULTRAMAN DUMMY

He's the perfect workout partner when no one else is available. He's tough and built for abuse. KENPO ULTRAMAN is so reasonably priced you can't afford to be without one. We will deliver the ULTRAMAN to you for only **\$299.95 (plus sales tax of 7.75% in CA)**. Otherwise that's the total price, **Shipping and Handling is included!** The gi is not included, but we'll throw in a Size 5 lightweight gi for only **\$19.95**.



ATTENTION KENPO BLACK BELTS!!

Now you can buy a Black Belt with your rank professionally sewn on in brilliant red. All ranks and all sizes are available. These are wide, top-quality belts at a very reasonable price. Please check the Karate Connection website for color photos and a complete price list.



THE JOURNEY

The Karate Connection has what might be the last available copies of this unique book. If you would like Chuck and Vic to dedicate their portions to you please let us know in a brief note.
\$27.50 – S&H Book rate \$6.50 – 1st Class \$7.90

CLUB PATCH Large and Small Sizes	Lg. \$9.95 Sm. \$5.95
Large Belt Ranking Certificates 11x17 Yellow Belt thru Black Belt	\$19.95
T-Shirt with Karate Connection Logo	\$15.95
Various Seminar and Tournament T-Shirts Call for availability	\$15.95
Sterling Silver Club Ring or Kenpo Dragon Pendant	\$79.95 Add \$20.00 for Gold Plate call for prices for solid gold.
Sterling Silver Black Belt Ring (Family Tree Black Belts Only)	\$79.95 Add \$20.00 for Gold Plate call for prices for solid gold.
Karate Connection Silk Banner	\$7.50
Lifetime IKCA Membership	\$80.00
Large Rainbow Dragon Patch (For jacket or gi)	\$39.95
Fun Tattoos – Karate Connection Logo (full color)	2 for \$1.00 – 5 for \$2.00 15 for \$5.00

The Karate Connection also carries a full line of Uniforms, from Lightweight to Super Heavyweight Instructors Gis in all sizes. Uniforms are priced according to size and fabric weight. Call for prices and availability. We also have a complete assortment of protective equipment with too many items to list here. The quickest and easiest way to order is by phone using your credit card Call us at **1-714-229-0372**

