NEWSLETTER #45

4th QUARTER 2005

KARATE CONNECTION STATEMENT OF MISSION

Question:

What is the Mission of the Karate Connection Video Training Program?

Answer:

The Karate Connection Video Training Program was created with the intention of taking a beginning student, from the basics to Black Belt, inclusive of all of the mechanics, concepts and principles of a complete Weaponless, Standup Self Defense System and to do it as expeditiously as possible.

That was the Mission we set out to fulfill in the fall of 1988. Creating it, planning it and executing it was the challenge.

To begin with, we realized from the beginning that we were going to have to teach our system in a completely different manner than the way we were taught or it could never be accomplished by distance learning. We knew that because we had learned how difficult it was to teach the system to students in person while trying to retain them and advance them. And we weren't alone in this dilemma; our fellow Kenpo instructors at other schools were experiencing the same problems. There was simply too much material. Another problem was that the system itself had never been organized into a logical, cohesive, progression for a student to follow, understand and retain, so we were forced by sheer common sense to create a system that a student *could* follow, understand and retain. We accomplished that task by first defining the mission in our own minds and then working step by step toward resolving it.

Our first task was to scrutinize in detail all that we had learned throughout the years. We started with the basics and found that they were, by and large, solid and teachable the same way they were taught to us by Mr. Parker in the beginning. It was another major component of the art that had, for many reasons, become un-teachable: the techniques.

When we began, there were only a handful of techniques, and they had real substance, which Mr. Parker drilled into us until we had them down to perfection. By the time we set upon teaching students by video, there were tons of techniques, too many of which repeated themselves with only slight variations and too many others that actually violated principles, making them contrary to effective self-defense application. That needed to be changed!

How and why this happened to the system is of no consequence here. The fact that it happened is what prompted us to make the necessary adjustments in order to present a complete, cohesive system of Standup Fighting that could be learned to the point of proficiency in a reasonable period of time. Plus, we wanted to educate our people to the point where any student of the Karate Connection, who achieved his or her black belt, could walk into any dojo in the world, and even if they couldn't understand the spoken language, they would have a thorough understanding of the language of body mechanics and of the principles and concepts of self defense, so they would know within a scant few minutes if what they were watching had genuine validity or was just plain garbage. There are degrees of differences between value and garbage and we pride ourselves on having students who can easily discern those differences and degrees.

HOW FAR TO TAKE THE CONCEPT

How far to take our concept became the next question. We knew there had to be a cutoff point. We were aware of the fact that there were a number of directions in which to go, either during the initial training or after our students reached the level of First Degree Black Belt.

We decided that it would be too monumental a task to attempt to take each student in all directions during the trip to Black Belt, so we decided to stick to one agenda, a complete Weaponless, Standup Self Defense System - Kenpo. Then allow the student to make a choice after he or she had sufficient knowledge and experience to make an educated decision on their own, and enough training and background to effectively defend themselves against almost any attack on the street that they might encounter.

Let's examine the Mission Statement once more: The Karate Connection Video Training Program was created with the intention of taking a beginning student, from the basics to Black Belt, inclusive of all of the mechanics, concepts and principles of a complete Weaponless, Standup Self Defense System and to do it as expeditiously as possible.

When we talk about a beginning student, we are referring to either a person with absolutely no martial arts background or one with a previous history in the art, just coming into our style and system, who should accelerate through the program at an even faster pace. Not always, but in most cases.

It was for this reason that we did not attempt to create the material that would take the practitioner to the various levels of Black Belt, commonly referred to as Degrees. We knew from experience that each person would have their own preferences and agendas for getting to where they wanted to go. And if they decided not to further their knowledge at all and simply keep practicing and perfecting what they had already learned, which would serve them well on the street without the need for further martial arts training, so be it.

We did feel, however, that there should still be a way of acknowledging their time in the art, beyond First Degree Black Belt. Also, there would be no way for us to evaluate each individual's progress in fields as far from one another as say, Grappling, Knife Fighting, Capoeira, Standup Manipulation, Pain Compliance, Pressure Point Striking or whatever else they might find themselves involved in. That's why we went with a time formula of three years per degree with proof of continuing proficiency, through the Master Form.

We decided to leave it up to our Black Belts to do the teaching of those and other subjects in the future, and for us to concentrate on what we do best -

taking people to Black Belt in a <u>Weaponless</u>, <u>Standup Self Defense System and doing it as expeditiously as possible.</u>

Further, and equally as important, we expect you as a Black Belt instructor to give your students the same advantages the Karate Connection gave you. Stick with the program that allowed you to become the kind of Black Belt you became, in the time it took you, so that your students can then go out and further their martial arts knowledge in their own direction and on their own time, once they are a Black Belt under you.

If you happen to be one of those Black Belts who gets into other fields of martial arts and are able to teach them to your students, <u>all the better</u>. <u>However</u>, and this is a <u>BIG HOWEVER</u>, don't teach them any of that material until they become Black Belts under you. If they know you have the ability to teach other material, they will no doubt ask why you are not teaching it to them. That's when it becomes necessary to explain why you are not. And the reason you are not is legitimate. It's because you want to bring them to Black Belt as quickly and efficiently as possible, just the way you came up, and if you try to interject other material into the program you will be diluting the system as you learned it, and lengthening the time it will take them to become as good as you did, in the time that it took you to do it.

Think about it. What if the Karate Connection had tried to integrate another entire system of self-defense or even more into its curriculum and forced it on you when you were coming up? First of all, the other material might not have been to your liking. We might love grappling and you might hate it. But more importantly, it would have taken much longer for us to teach it to you and much longer for you to achieve the degree of expertise you did, in the period of time you did it.

If you are already a Black Belt and you have furthered your knowledge in another art, it gives you somewhere to take your students when they make Black Belt. Plus, it gives them a convenient place to continue their study at your school, and it gives them the added motivation to get their Black Belt through you because the promise of that future material becomes the pot of gold at the end of the rainbow, which is an added incentive to not guit on their way to Black Belt.

As you know from your own experience, your students will learn more as Black Belts than they ever did on their way up. Because, it's at that level that they will be in a position to understand what they need from other styles, systems or arts and to be able to recognize it when they see it.

HOW GOOD IS THE KARATE CONNECTION SYSTEM ANYWAY?

Take a look at our Black Belts! We have always felt that the truest test of any style or system is simply to look at the Black Belts it has turned out, and as a testimonial we have produced a video strictly devoted to our Black Belts. Mr. LeRoux or I never appear once during this video; it features only people who have come up through the Karate Connection Video Program or in some cases, through instructors who have become certified in the program and have taught some of the people who appear in the video.

You can see this video free on our website, www.karateconnection.com if you have high-speed download or streaming capabilities. If you are on a dial-up system, the video will come in pieces as it downloads. It's not nearly as pleasurable to watch but it will at least give you some idea of what it is, and the

world is rushing toward high speed computer capabilities anyway, so it won't be long before that's all there is.

When the KARATE CONNECTION video were first advertised in Black Belt Magazine, there were those who scoffed at the idea of first, effectively learning by video and secondly, that because of having only fifty-five techniques we were offering a watered-down version of the art. Those who knew us never questioned our credentials; they just didn't like what we were doing. It threatened their way of doing things. God forbid there should be a better way, one that they weren't prepared for. Like maybe, the future?

Here are a few questions to ponder.

Where have these people gone?

How come we don't hear those comments any longer?

Could it be, because they themselves have learned a lot through video?

Could it be, because they've seen the Karate Connection's Black Belts?

Could it be, because their students have gotten their butts kicked by our people in tournaments?

Could it be, because they themselves have finally come to the realization that the system, as it was, was un-teachable and they've had to cut it down themselves?

Ya think?

I wish, at the very least, they could get their definitions straight. First of all, it's not the Karate Connection who was offering a watered-down version of the art. They were the ones watering it down, we were condensing it. How do you water something down? By adding the most common element in the world to it, water. In the case of Kenpo, it's more Kenpo and more Kenpo and still more Kenpo. But rather than going into a long and boring dissertation, let's just revert to Ed Parker's famous quote. "I'd rather have ten techniques I can fight with, than a hundred techniques that fight me." That's it folks, that says it all.

It's taken a long time for some people to figure that out, and the sad part of it is, that while some of them have taken the time to figure it out, there are those who are still stumbling around blindly in the classical maze of watered-down Kenpo, and it's their students who suffer for it.

THE FORK IN THE ROAD

In closing, let's discuss how you will go about making the decision as to where to go. If you are coming up under one of the Karate Connection's Certified Instructors, you will no doubt already have been introduced to other subjects just through observing what's going on around you. Hopefully, he or she hasn't watered down the system by trying to integrate those subjects into the Karate Connection Program. If you are a video student, we know that hasn't happened. You're getting it exactly as it was intended, pure and full strength.

If you are a Black Belt, the whole world of martial arts is open to you but it's a big and confusing world, so where do you start? By attending the IKCA Seminars such as those held annually in Long Beach, California for the past seven years, which is going to be held at the Stratosphere Hotel on the Strip in Las Vegas, Nevada on July 29, 2006. You can read all it on the next page.

Attending one of these seminars, as a Black Belt, will give you access to a variety of subjects you didn't get as an under-belt. As an under-belt, it will

accelerate your progress toward your Black Belt. At this stage of your training, our only job is to give you everything it takes for you to join the ranks of the finest Black Belt Corps in the world.

Remember: You are only going to be an under-belt for a relatively short period of time and once you are a Black Belt, you are a Black Belt forever. So, if you are in the art for twenty years, your time as a Black Belt will have been about ninety percent of that time. So take it as it comes, there's plenty of time to delve into the material that will be available to you later. But whatever you do, get there first. Don't dilute the system; get it in its purest form and it will serve you well for the rest of you life. It's sad but true, that if you study at one of those all-inclusive schools and quit within the first few months, you'll most likely never get enough of anything to be of real value, if and when you need it on the street. With your Karate Connection training, however, getting all of the basics as strongly as we demand you get them at the very beginning, you're already well into the game within the first few months. You'll have a strong stance, you'll know how to punch and you'll have a variety of kicks and blocks. If that's all you ever got you'd be ahead of the game on the street. My brother-in-law only studied three months but ten years later he showed me his punch and his ball kick and they still sizzled. But getting your Black Belt makes all the difference in the world. And we're only talking a couple of years.

Where you go after you get your Black Belt is up to you, no one can choose for you. The fact that Karate Connection Kenpo will keep you safe against the vast majority of attacks that you could encounter on the street is enough for a lot of people and they don't feel the need to study any further. They're happy to practice what they have and feel confident with it. Others love the continuing challenge of furthering their knowledge and approach it more as a hobby and a labor of love, than a necessity. Whatever your personal goals and ambitions, we're sure you'll find them through your association with the IKCA. Have fun and enjoy the journey and the brotherhood. Our lives wouldn't be the same without it.





THE WEST COAST KENPO CONFEDERATION MOVES TO LAS VEGAS



The name of the event is going to have to be changed to reflect what it is, an IKCA Seminar. We've had a great time for the past two years by inviting the BKF and the American Kenpo people to our event, but in defining the actual mission of the Karate Connection we realized that it was far more productive for *our people* when we devote the day just to them. By inviting practitioners from outside our organization we naturally couldn't include them in our curriculum, therefore we had to create elements that could accommodate them, and in doing so we feel that we took valuable time away from what's most important to us, *our own people*. It would be great if we could have it both ways but after trying it for a couple of years, we don't see how that's possible, so we are going back to our original way of doing things. It's more productive to the people this organization is devoted to, our IKCA members.

The seven years we spent having our event at the SeaPort Marina Hotel in Long Beach, California was just about as good as it could get. The dividable hotel Grand Ballroom and the downstairs Garden Room as well as the hotel management were great for our purposes, and who knows, someday we might return to those familiar surroundings but at least for 2006 we are going live it up in Vegas. Everyone needs a change now and then and this is ours. People have been trying to get us to do something in Vegas for years and we're finally taking the plunge.

In researching this move, Vic had to make a trip there to inspect the various facilities and their availability. Then we both had to make a quick trip there to confirm that what he felt was suitable for our purposes did indeed fulfill our needs, so we could begin planning the event. We feel the choice was the best we could make. The hotel is working with us and we have secured a special rate for those attending our event.

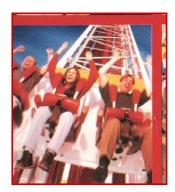
With hotel rooms in Vegas starting at around a \$150 a night for the weekend (Friday and Saturday nights) and going up from there, we feel we struck a real deal for you at \$97 dollars a night, plus tax and all the other usual charges that goes with the territory. You know that whenever you book a hotel room

anywhere in the United States, the room price is never the final price tag. But this is still a heck of a deal, and the best is yet to come. If you want to make a real vacation of it, the room rate for the Tuesday, Wednesday and Thursday nights before the weekend and the Sunday after is ---- are you ready for this? ---- ONLY THIRTY NINE BUCKS A NIGHT! If that isn't a deal in today's economy I don't know what is. I haven't seen room rates in Vegas like that since the sixties. But then I've never attended a convention or other function where they were making deals. Who knew?

The kicker to all this is that you have to make your room reservations at least 30 DAYS AHEAD OF THE DATE OF THE SEMINAR. So, that means you only have about five months to get it done. And remember, the meeting rooms where the Seminar will be held are on the 24th floor, so if you want to be right where the action is, make your reservations early and see if you can get a room on that floor. You will need a code when making your reservation, to get the special rate, and the code is C//KARAC.

The last time I was in Vegas (before this trip) it was for the "Gathering of Eagles". It was the Karate event where Tom Bleecker's book, *The Journey*, was unveiled for the first time. That evening a huge group of us ran into each other in the line to the buffet and were able to get together in the restaurant. We had a blast. They let us stay as long as we wanted and nobody seemed to mind the laughter coming from our group of tables. I hope we can do something like that at the Stratosphere; they've got a great buffet facility.







There are also a number of other features to recommend the Stratosphere, such as indoor and outdoor swimming pools, a health spa and those crazy rides on top of the needle, plus all sorts of restaurants and of course the gaming.

As to the Seminar itself, if you are a Black Belt we will be telling you in the coming Newsletters what to expect in the way of instructors and subjects to be covered. We are working on a very special Guest Martial Artist from outside the IKCA to give you some thoughts about directions you might wish to take for your future in the Arts.

If you are an under-belt, we are going to give you all the help we possibly can to accelerate your progress toward your Black Belt. As we stated earlier, that's our mission and this is our opportunity to get eight hours of hands-on time with you. We should be able to do some very serious work toward getting you to the first giant step in you journey, getting you to Black Belt.

If this looks like your kind of event, start making your plans now and remember "What happens in Vegas stays in Vegas". Except for what you'll learn, that goes with you.



Every now and then one of our members has something to say about Kenpo and we love hearing from them. The following is a submission from Brenda King.

Brenda goes way back with the Karate Connection, all the way back to before we had a video program, all the way back to the eighties in Hawthorne, California when the Karate Connection was just a dojo.

Brenda is now a Senior Certified Instructor with a great following in Denmark, teaching Karate Connection Kenpo and carrying the torch for the IKCA in Europe.

Thanks for taking the time to write this, Brenda. It's excellent!

We all know that maintaining our balance is critical for winning/overcoming any self-defense situation. We also know that whenever we kick we must support our entire body using only one foot. Logic would tell us that fighting on one foot is not conducive to winning a fight.

Why then would we want to be on one leg, which occurs when we kick, and risk losing our balance? Kicking, when done incorrectly can be our own worst enemy. But, if we kick using IKCA's philosophy, our kicks will not only be functional but also extremely devastating.

Here is why:

First, Kenpo means "LAW OF THE FIST". Not "LAW OF THE FOOT". IKCA has kicks within its system but it is not a kicking art. There are no fancy, high-flying, acrobatic kicks within the system. Why? Because they are not functional for the purpose of self-defense. Our kicks are designed to inflict pain not to score points.

Next, in Kenpo our kicks are the prelude to using our fists. Our kicks support and set up the use of our hands (Law of the Fist). Few of our techniques take out our opponent by using kicks alone. Even in Thai Boxer we enter with a groin kick...transition to the thigh kick... and add on elbows, claws and various other hands strikes to complete the job. Third, in IKCA Kenpo, we use LOW LINE KICKS. Meaning: kicks below the belt. We target areas that disrupt our opponent's height, width and depth zones while inflicting devastating pain. Below are just a few philosophical reasons why Low Line Kicks are the preferred method to use in self-defense:

- -Low line kicks help us minimize the loss of our balance while inflicting pain and balance displacement in our opponent so we can get back to using our hands.
 - -Low Line Kicks are much harder to block and evade.
- -Low Line Kicks target and take advantage of the Zone Theory; stopping our opponent momentarily so we can finish our technique.
- -Low Line Kicks can be executed much faster than high line kicks; using economy of motion and the principles of power.
- -Low Line Kicks allow us to maintain a good visual cue on our opponent and environment. High Line Kicks create momentary blind spots.
- Low Line Kicks allow us to maintain mobility, stance and body positioning.
- -Low line Kicks allow us to maintain our guard. Keeping our hands high, protecting our own high line, so that we can continue using our hands.

- -Low Line Kicks can be executed extremely effectively for people of all ages. They are not restricted to youth like many high kicks are.
- -Finally, low line kicking bridges the space gap and allows us to enter into the "LAW OF THE FIST RANGE".

Think about the functionality of the kicking selection within IKCA Kenpo. Every kick:

- -Causes Pain.
- -Causes Balance displacement.
- -Cancels one or more of the Zone Theory: height, width, and depth.
- -Allows us to enter with our hands to finish the technique while maintaining our balance.

In closing, kicks can be dangerous if executed incorrectly. Using high kicks can cause us to lose our balance. High kicks can also be blocked or grabbed allowing our opponent to enter into our space.

Using the Low Line Functional Kicks found in IKCA Kenpo will provide you with a complete arsenal of weapons that support the use of your hands. So, keep on kicking, just keep them low.

Brenda King, Senior Certified Instructor, 4th Dan IKCA



The price of the Karate Connection's UltraMan Dummy continues to spiral upward.

When the Ringside Company first began manufacturing the UltraMan for the Karate Connection they were able to utilize parts from a long past project. At first they were just happy to be able recoup what they had written off as a loss, but when that material was gone and they went overseas to replicate it they discovered that prices had taken a dramatic jump in the interim.

The price of the UltraMan Life-size Dummy is now \$349.95 and the Karate Connection has just ordered two more for our own personal use just in case Ringside is forced to discontinue manufacturing them altogether.

Even at that price, considering what he does for us, the UltraMan is still the best deal in town. If you have one, consider yourself lucky, and if you don't, consider getting one as soon as possible.

IT HAS BEGUN



It seems that the tattoo craze that has been sweeping the nation has finally hit the Karate Connection.

People who have avoided getting their bodies permanently engraved for over fifty years are now doing it freely and willingly. And if you are going to do it, why not do it with something that has great significance to you and is heartfelt?

Here are a couple of examples. It's obviously the same subject but with slightly different artwork.

Above is the one that appears on the right arm of Vic Le Roux. It is his one and only tattoo, but now that the ice is broken it may be followed by more. I can see a time in the not too distant future when Tigers and Dragons will roam rampantly across the length and width of his body.



The tattoo to the left is on the right arm of Jerry Brooksher, who is a veteran of several others.

It would seem that unless that spot is already occupied by another tattoo, the upper right arm is the place to sport this particular artwork, if you are contemplating joining the Karate Connection Tattoo Corps.

Vic has been doing his best to get me to join up, but having avoided it for seventy-four years, I think I can hold out for a few more. Then again, I must admit I like the design.

If you want the artwork for your favorite tattoo artist to copy, contact Jerry Brooksher at, jbrooksher1@cox.net. He'll be happy to send it to you.

THE DVD OF THE 2ND WEST COAST KENPO CONFEDERATION IS HERE



We really captured the essence of the day on this ONE HOUR AND FORTY-TWO MINUTE DOCUMENTARY, which is as long as the average Hollywood Feature Film. We hope you enjoy it as much as you enjoyed the day itself.

If you attended the Confederation you will receive one at no charge, which is our way of saying thank you for being there, because without you it wouldn't have been what it was. Everyone there contributed to making it a memorable event.

If you couldn't attend, but would like to see what took place, you can own the DVD for \$9.95 and we'll pay for the shipping and handling.

PLEASE SEND ME THE 2 ND WES' CONFEDERATION DVD ENCLOSED, PLEASE FIND \$9.95 included. NAME		
ADDRESS		
CITY	_STATE	ZIP
PHONE		



We would like to take this opportunity to congratulate you on your promotion. We know what kind of dedication and perseverance it requires to earn rank in the Martial Arts and we wish to pay our sincerest respects to you for having shown what it takes to appear on this list.

Lori Kelleher	Henderson, NV, USA	ORANGE BELT
Wayne Wrath	Henderson, NV, USA	PURPLE BELT
Shaun Bowen	Henderson, NV, USA	ORANGE BELT
Gady Silva	Redondo Beach, CA, USA	YELLOW BELT
Gady Silva	Redondo Beach, CA, USA	ORANGE BELT
Sylvain Curadeau	Redondo Beach, CA, USA	YELLOW BELT
Sylvain Curadeau	Redondo Beach, CA, USA	ORANGE BELT
Anthony Ruiz	Redondo Beach, CA, USA	YELLOW BELT
Zak Powers	Redondo Beach, CA, USA	YELLOW BELT
Maylene Silver	Redondo Beach, CA, USA	YELLOW BELT
Ariana R. Barnett	Redondo Beach, CA, USA	ORANGE BELT
Ronald M. Eisma	Redondo Beach, CA, USA	YELLOW BELT
Shane W. Vogt	Redondo Beach, CA, USA	PURPLE BELT
Gary D. Anderson	Redondo Beach, CA, USA	GREEN BELT
Victor R. Anderson III	Redondo Beach, CA, USA	GREEN BELT
Oliver Medak	Redondo Beach, CA, USA	YELLOW BELT
Katie McCarthy	Redondo Beach, CA, USA	YELLOW BELT
Erik McCarthy	Redondo Beach, CA, USA	YELLOW BELT
Erik McCarthy	Redondo Beach, CA, USA	ORANGE BELT
Lyle Johnston	Las Vegas, NV, USA	YELLOW BELT
Elizabeth McIntyre	Las Vegas, NV, USA	YELLOW BELT
Laura Hughes	Las Vegas, NV, USA	ORANGE BELT
Cynthia Woodburn	Pittsburg, KS, USA	BLUE BELT
Denise Ibanez	Bellflower, CA, USA	BLUE BELT
Mark Gonzalez	Bellflower, CA, USA	ORANGE BELT
Roman Mondragon	Bellflower, CA, USA	ORANGE BELT
Darin Davis	Bellflower, CA, USA	PURPLE BELT
Rudy Parra	Bellflower, CA, USA	PURPLE BELT
Brad Endean	Canada	BROWN BELT
Christopher "AC" Wiley	Clarksville, TN, USA	PURPLE BELT
Randall Brown	Vass, NC, USA	PURPLE BELT
Andrew Woodburn	Pittsburg, KS, USA	PURPLE BELT
Jennifer Thomas-Hollenbeck	Hermosa Beach, CA, USA	1st Degree Black Belt
Raudel Villareal	Edinburg, TX, USA	GREEN BELT
Raudel Villareal	Edinburg, TX, USA	BROWN BELT
David Peterson	Minden, NV, USA	BLUE BELT
Casey Rowoldt	Midland, TX, USA	PURPLE BELT
Kyla Armitage	Midland, TX, USA	PURPLE BELT
Anthony Madrid	Midland, TX, USA	YELLOW BELT

Katy Rowoldt	Midland, TX, USA	ORANGE BELT
Kim Armitage	Midland, TX, USA	ORANGE BELT
David Bounds	Midland, TX, USA	ORANGE BELT
Robert Begs	Midland, TX, USA	ORANGE BELT
Kelly Dunson	Midland, TX, USA	BLUE BELT
Casey Rowoldt	Midland, TX, USA	BLUE BELT
Kyla Armitage	Midland, TX, USA	ORANGE BELT
Selena Martinez	Midland, TX, USA	BLUE BELT
Robert Garza	Midland, TX, USA	GREEN BELT
Harry Wilford	Casa Grande, AZ, USA	4th Degree Black Belt
Arlan Morett	Midland, TX, USA	1st Degree Black Belt
Patrick Weatherred	Midland, TX, USA	1st Degree Black Belt
Doug Pilcher	California City, CA, USA	GREEN BELT
Kimberly A. Freisheim	Redondo Beach, CA, USA	GREEN BELT
Tamara D. Munro	Redondo Beach, CA, USA	GREEN BELT
Doane Lucio	Redondo Beach, CA, USA	GREEN BELT
Alexis Lucio	Redondo Beach, CA, USA	GREEN BELT
Taylor Smithson	Pittsburg, KS, USA	YELLOW BELT
Gregory R. Satterfield	Torrance, CA, USA	6th Degree Black Belt
Lena Barna	Australia	ORANGE BELT
Sidartha V. Lonngi Reyna	Mexico	PURPLE BELT
Natalie Hobby	Australia	PURPLE BELT
Gary Lack	Cincinnati, OH, USA	BROWN BELT
Jean Averette	Northport, AL, USA	ORANGE BELT
Martin Seck	Indian Trail, NC, USA	ORANGE BELT
Kevin B. Johnson	Crestview, FL, USA	ORANGE BELT
Jeremy B. Willis	Crestview, FL, USA	ORANGE BELT
John F. Willis	Crestview, FL, USA	PURPLE BELT
	Redondo Beach, CA, USA	BROWN BELT
Gary D. Anderson Richard Barry	• •	PURPLE BELT
Steve Caldwell	Napa, CA, USA	
	Napa, CA, USA	PURPLE BELT ORANGE BELT
Crystal Walden	Pittsburg, KS, USA	
Shon P. Sturm	Pittsburg, KS, USA	ORANGE BELT
Sara Lewis	Loudersport, PA, USA	PURPLE BELT
Andrew Jackson	Bowie, MD, USA	ORANGE BELT
Wasyl P. Hrim	Woodgate, NY, USA	BLUE BELT
Daniel Mercer	Olympia, WA, USA	PURPLE BELT
Steve Zalazowski	Salinas, CA, USA	PURPLE BELT
Carl E. Britt	Wyomissing, PA, USA	6th Degree Black Belt
Frank Rasmussen	Copenhagen, DEN	1st Degree Black Belt
James Parson	Lompoc, CA, USA	3rd Degree Black Belt
Chris Cole	Lompoc, CA, USA	1st Degree Black Belt
Bill Mathews	Pittsburg, KS, USA	1st Degree Black Belt
John Brand	Pittsburg, KS, USA	1st Degree Black Belt
Gage Viss	Pittsburg, KS, USA	Junior Black Belt
Hugo Garcia	Long Beach, CA, USA	4th Degree Black Belt
Elliott Suttle	Northport, AL, USA	1st Degree Black Belt

KARATE CONNECTION VIDEOS. MERCHANDISE AND SERVICES













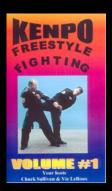
TRAINING VIDEOS - \$54.95 EACH or ENTIRE SET - \$274.95 (Orange, Purple, Blue, Green, Brown, Black) VIDEO TESTING \$64.95 Orange-Brown \$150.00 Black



VINTAGE KENPO

Back in 1962 Senior Grandmaster Ed Parker and Chuck Sullivan filmed a series of, what is believed to be, the first training films on the subject of Kenpo ever produced. You can see them here as Chuck and Ed Parker, Jr. discuss them and the times when they were made. - \$39.95 (Running time 53 min.)



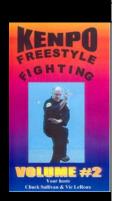


FOUR FULL HOURS OF KENPO FREESTYLE FIGHTING

Principles, Concepts and Applications

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