



NEWSLETTER #64

3rd QUARTER 2010

## **WELCOME TO THE FIRST DIGITAL-ONLY IKCA NEWSLETTER IN THE MEMBERS ONLY SECTION OF THE IKCA WEBSITE**

In the beginning there was the Karate Connection, which was a business created by Vic LeRoux and me. Our idea was to teach people from a distance what had been taught to us by Mr. Parker. We knew that there were people across the country, and indeed the world, that had no way of learning Kenpo because it simply wasn't available to them, so we decided to make it available through video and video correspondence. A method whereby they could see us move and hear us explain the finer points of what we were teaching as well as us being able to see them doing the material and then correcting them over the course of their instruction.

We were not sure that our video training would be effective and that people could really learn this fantastic art in such a manner, but the plan looked good, so we decided to give it a shot to see just how effective or maybe how ineffective it would be.

It didn't take too long to figure out that we had hit a home run. It not only worked, but it worked beautifully, a lot better than we had anticipated and the enthusiasm has only grown over the years.

### **Talk About Great Ideas**

Now, let me tell you about my partner, Mr. LeRoux. He's an idea guy, he'll throw out ideas ten at a time without taking a breath. Unfortunately, when you're popping out ideas at that rate, most of them aren't going to be of sterling quality. In fact, most of them aren't gonna be worth much of anything, ***but*** every now and then he'll drop a gem and then I need to go back to him and ask him about that particular idea. That's when he'll take off and give it to me, both barrels, and some of those ideas that I do need to go back to revisit, are really good.

As an example, it was Vic's idea to create some sort of an Association for our students to belong to and the Association was to be responsible for setting the rules for the amount of time between tests for the under-belts (White through Brown Belt) and promotions for Degrees in Black Belt, which are only a couple of items among a long list of other things that concern our students and their Martial Arts experience.

It was Vic and I who decided upon all of the rules initially, but then we did a very unusual thing. We also put in a rule that said that the rules could only be changed by a vote of the Members. So that, in and of itself, made this Association a very unusual type of Karate Organization.

A Karate Organization is usually run by one individual, and his word is final. There is no argument or even discussion; it's his domain and his domain only. You can suggest all you want but the final word is up to the man whose name is out in front.

That's what makes the IKCA so unusual. If enough members think a particular rule contained in the original Bylaws is not a good idea, they are allowed to challenge that rule or get rid of it altogether, or replace it with one of their own, provided that they can get the votes.

So, for the first time in history, as far as we know, a Karate Organization became a democracy, giving the membership the power to govern its own destiny.

## Why Bother?

Quite frankly, at the time he suggested an Association I didn't see the need for one. Our students were our students, what did they need an association for? The answer was, so that they could be represented for and by themselves.

Was that a good idea? You bet it was and I'll tell you the best part: Vic and I don't ever need to make a decision about an idea that someone feels is great. We let the membership decide, as has happened with the four amendments that have been voted upon before this last one to be put to a vote.

I don't even remember what the first four were about, however I do know that they were voted down by an overwhelming majority, but at least the creators of those ideas had their chance. Their ideas were presented to, and rejected by, the membership so no one was ever able to come back and say, "Well, Vic and Chuck didn't like my idea so they rejected it." We had nothing to do with it except to present it to the membership and let them vote on it.

The first amendment, which is printed in your IKCA Membership booklet, is not really an amendment but more of an addendum, meaning an addition, because it should have been there in the first place but was overlooked at the time that the original document was drawn up. So it was added later, but the next four proposed amendments were definitely rejected by the membership.

The last proposed amendment, proposed just within this past year, was overwhelmingly voted into IKCA law because everyone thought it was a great idea whose time had finally come, which if you're new to the organization is the one that says that when you earn Certified Instructor status you automatically receive another degree on your Black Belt for that achievement. Great idea! And it passed by a landslide.

If you have any more ideas like that, the Association would be grateful to hear them.

## Some Work and Some Don't

Sometimes, an individual or even a group will feel that their idea or ideas are so good that they can't lose. They feel that all they need to do is present it to the membership and everyone will jump up and down for joy at hearing it, and thump them on the back for bringing it to them.

They feel that they've thought it out so thoroughly that there isn't even one little pinhole to let the air out. It's a perfect plan and it isn't just for me, or us, this is going to make us all better Martial Artists in ways you won't believe, so why in the world would anyone not want it?

Plus, they've thought it out so thoroughly that they've got every argument plugged up and they've got their agenda so planned, and their presentation so smooth and their combined voices so loud that nothing can stop this from becoming law and the way it's going to be from now on.

Well unfortunately, or maybe fortunately, we don't all see things the same way, but with a vote, everyone has an equal voice in the matter. And with a vote nothing needs to be decided in an instant. Everyone gets a chance to think it over and decide for themselves, or even discuss it with their peers as to what's going to be best for the membership at large.

## Sometimes You Get Lucky

Vic and I had no idea what we were doing when we created the IKCA but we knew that we wanted an organization that could withstand the ravages of time. We wanted an organization that would stand on its own no matter who the leadership fell to in the future because all the leadership needs to do is make it available to the people and they will make sure it continues to do what it was intended to do, because no individual or group would be able to control it, the membership is the controlling factor.

We felt that if the premise was good enough for the United States of America then, by and large, it would certainly be good enough for the IKCA, and it has been. It has proven itself over and over again.

The reality of it is that if an individual, or a group of people, is in disagreement and cannot come to terms with the Bylaws of the Association, or the Karate Connection System as it's being taught and has been taught, while making minor but necessary modifications throughout its history, and has proven itself from its inception to present day, they are free to leave and do whatever it is that they wish to do. This is the United States of America and they are free to create their own system as well as their own Association over which they may have complete control.

And there have been a few, over the years, who have done just that. We have no idea what's happened to them or their ideas because they seem to have faded into complete obscurity, they're just simply not around anymore.

Go in Peace.



# NOW LET'S TALK KENPO!

In each issue of the IKCA Newsletter, I try to cover Kenpo in some form or other, not necessarily what's going on with the Association or the people of Kenpo, but Kenpo itself. After all, that's what we're all doing here in the first place, isn't it?

So, what can we talk about this quarter that we haven't talked about in the past?

How about the Kenpo Techniques?

*What are you talking about? We talk about the techniques all the time, don't we?*

Well, yes we do. We do talk about the techniques quite a lot, but not in the way I'd like to discuss them in this issue. A couple of newsletters ago we talked exclusively about the techniques. We listed virtually **every weapon** we use in Kenpo **and all of the targets** we strike with those weapons, so what's left to talk about?

What's left to discuss is why we practice the techniques to the degree that we do **when most of them won't actually work in reality on the street?**

**What?!!!**

**What do you mean they won't actually work on the street?** *We thought that's why we practiced them to the degree that we do, because they work on the street the way they do in the dojo, and we can rely upon them when the chips are down.*

No, not really.

What the techniques do is give us a functional way of learning all of the **weapons of the body** and how to apply them against all of the **targets of the body** and at the same time give us a **flow of motion** we couldn't possibly gain any other way.

Imagine trying to learn all of the targets by studying a list of them or looking at a chart or drawings or even photographs. Then imagine trying to learn them and remember them **when you need them**. No, the best way to learn the **targets** is to strike to them, repeatedly, and in as realistic a manner as possible; the same with the **weapons**. You don't want to be thinking about what weapon you want to use when the time comes that you need to use it. They need to be ingrained into the fibers of your very soul by that time, or it isn't just gonna happen. That's why we practice the Kenpo Techniques the way we do.

That's why we have a training partner come at us with a punch or kick who then allows us to block that attack and counter it with a series of strikes, that in theory, will disable or otherwise incapacitate him, which will allow us to leave unharmed. That's the

theory and that's the way we practice until we are so comfortable striking with any manner of weapon to any possible target that it becomes second nature to us. You no longer need to think about it, it just comes naturally.

## **It's the Added Elements that Take It Toward Reality**

Of course we have added to that equation many other elements, such as using our life-size dummies, so that our strikes encounter real opposition rather than just thin air. A person can strike like the wind when the wind is the only resistance, but as soon as a physical entity is introduced everything changes. The blow is stopped. The flow of motion is stopped, the timing is altered, and oftentimes your balance is even challenged. Everything is thrown off just a little, or even a lot at first, until you become accustomed to having that happen, then everything comes back into focus. You slowly begin to regain your speed and timing and eventually are just as fast and fluid as in the air, but with a skill you didn't possess then: the ability to hit solid objects, hit them hard and keep hitting hard with good stance, balance and stability.

## **Then There are Those Who Can Actually Make Them Work On the Street**

Don't misunderstand, some people with the dedication, a great training regimen and the talent, plus tons of practice might just be able to make many of our techniques work in their entirety on the street, but the average practitioner will, in most cases, find the need to alter the technique to fit the situation. Meaning, that once your first counter strike has landed, you're likely to find that the reaction of the opponent won't be what the technique anticipated, which is always just one of many possibilities, which means that the next series of strikes will of necessity be changed in the middle of the action, and that is why we practice borrowing, blending and combining. The technique you started out doing, in an instant, becomes just the beginning of bits and pieces of other techniques until you've created, what in essence is, a new technique based upon the situation at hand.

Even a kick to the groin, which in all probability will produce a doubling over effect, might not. If it does, fine, we've got a number of targets such as the kidneys, spine, base of the skull and back of the knees to work with if those are the targets presented to us, but what if he doesn't double over? Okay, we've still got any number of other weapons and targets at our disposal. In fact there is practically no position or juxtaposition you can be, in relation to your opponent, when you don't have a weapon and a target. You might need to alter your distance and even change some angles while you're doing it, but they're there.

## Compliant Training

There have been observations over the years that having an attacker come in with a locked-out punch and allowing us to pummel his body with blows is being too ***compliant*** and we will admit that it is a compliant situation, but how else are you going to learn and be able to practice those moves, to strike those targets, to move into and out of range and do all of the other things necessary to become proficient? It's just a training method, it has nothing to do with reality and it's been working for as long as I've been in the Art. In the final analysis, what the practitioner gains is a vast knowledge of the human anatomy and the range of weapons with which to do great bodily harm when the necessity arises, and they acquire that knowledge through repetitious practice of our proven methods, and the techniques.

## Then There's Freestyle Fighting!

Now here's where the stuff really hits the fan. Freestyle Fighting is where we employ all of our defensive tactics, one hundred percent, without reservation because to do otherwise might spell disaster. Even though we trust our training partners to do their best in coming close to the target but without actually striking it, it would only be a fool who would put his complete faith in such an arrangement.

Any time you have two adult human beings square off for combat, you have a dangerous situation, one where either of them may be seriously injured even though in this situation their weapons are padded and they are actually trying not to cause any injury at all. The idea being to come as close as possible without making actual contact to a vital target

## Not an Easy Task To Say the Least

If either of the participants unexpectedly moves too close or hesitates a fraction of a second longer than he should, or misjudges the distance of his opponent, or produces an overly effective faking maneuver that catches the other completely off guard, or a multitude of other things that can happen in a freestyle match, someone gets hit, hopefully not severely enough to produce an injury but nonetheless contact can be made.

That's why all of our defensive elements need to be in place every time we step onto the mats for a freestyle match, because you never know. The action is usually so fast that an accident is no more than a fraction of a second away, and try as we may this can't be avoided. Not that I'm sure it would be a good idea to try to completely abolish it. There needs to be at least a certain degree of danger to make the fighters aware that if they mess up they can get hurt engaging in this type of training. It keeps them on their toes.

## One Hundred Percent Spontaneous

Nobody's being compliant or submissive in freestyle, here you have a situation where you don't know what the other guy is going to do and he doesn't know what you're going to do and there are blows coming at you that could, if allowed to land, possibly take you out.

So what do you do?

**You Fight as good a fight as you can!**

That's what you do, and you fight a fight that's almost as real as it gets, except once again, you're trying to control your shots to come within just a fraction of an inch of their intended targets but with all of the speed and power that you would employ on the street.

That's asking a lot of both parties, but that's the game we play and those are the rules we play by. In fact, those are about the only rules we have and they are for Freestyle Fighting in the dojo. On the street there is only one rule. You get to go home, and the other guy, or guys, gets to wait for the ambulance.

## The Street is Actually Simpler

When you are freestyling and trying to hit all manner of moving targets, you are asking even more of yourself than if you were fighting on the street because in a freestyle match, you have three dimensions to consider: height, width and depth. When you are fighting on the street you actually are concerned with only two out of the three, height and width, because as far as depth is concerned you're just gonna **go for it**.

In the dojo you're very concerned with depth because that's where the contact comes into play, on the street you just blast right through the target and let the chips fall where they may, or the opponent to fall where he may, to be more specific.

The byproduct is that a good freestyle match gives you all of the experience of being in a fight, possibly for your life, but without the dangers of actually being in a fight. It's the best of both worlds. You get to use all of your defensive skills and at the same time you get to practice your offensive expertise against another fighter of equal training and experience, unless you can find an opponent with more skill and experience than you. If you have that opportunity, go for it every time, because that's where you'll learn some really good stuff.

Then there's the first time you get smacked up long side your head and the overall picture snaps into much sharper focus. Your blocks become sharper, your distancing becomes more accurate and your offense will become stronger because



nothing teaches that old adage that, the best defense is a good offense, better than seeing it in action and having it work for you. You'll begin employing more combinations than single shots and you'll start creating openings rather than waiting for them to happen and you'll develop the habit of physically controlling your opponent rather than allowing him to control you. In other words, you'll learn how to fight a smarter fight. And nothing does it like freestyle fighting. Add to all of that the fact that the more you freestyle, the more calm you'll be and the more calm you are, the more controlled you are and the more controlled you are, the more in control of the fight you'll be.

If all you were to train for is freestyle fighting, you could become a darn good fighter but you'd lack the finishing techniques that the rest of the Art gives you. By just freestyle fighting you'd become accustomed to getting your shot in and then getting out before your opponent can catch you with a counter shot. Remember, freestyle fighting is still a game and there are rules that must be observed. True Self Defense requires that you do enough to ensure that your opponent is unable to counter your attacks or your counters and then knowing when to stop.

Remember always the question a judge asked a trained martial artist in a court of law. After the martial artist had given his testimony about what he did to his opponent. The judge asked. "And why did you need to strike this man six times?" The martial artist answered, "Because five would not have been enough Sir, and seven would have been too many".

Case dismissed.

## A Word About Protection

We all want to protect ourselves and our students from injury. But protection can actually be taken too far and to the detriment of the intention of freestyle fighting.

I remember an incident several years back when a Black Belt Instructor from another system, who had just begun to study with us, invited me to his Studio to observe his students engaging in an In-Dojo tournament. They were, by and large, teenage boys whom had already grown into the bodies of full grown men, most being bigger than I at the time. We grow 'em big in California.

I have to admit their offensive skills were impressive. They had very sophisticated attacking combinations and were extremely aggressive; in fact they were aggressive to a fault, because they completely lacked any defensive skills whatsoever. They were so protected with helmets, arm guards, shin guards, thigh guards and overall body protection that nothing could penetrate it. They were so totally and completely protected, they couldn't even feel the hardest kick or punch they were to receive. They were invulnerable, like a tank against a rifleman.

Not a bad idea for beginners, however these kids were on the verge of Black Belt with their attacking skills but still not even in the game with their defensive skills.

Fortunately, the tournament was relatively brief so I was able to restrain myself until it was over. When the Instructor asked me what I thought of his kids I said I'd like to speak to him in private.

What I had to say was that although it's a great idea to pad and protect our students against all possible injuries, in the beginning, we had to begin to eliminate certain items of protection in time until they were fighting with mouthpieces, gloves, and shin guards only.

I recall the Instructor registering surprise at my comments and asked why. I said, "Because these kids have no idea of what it's like to really get nailed and they have absolutely no fear of it because they're so protected, nothing can hurt them." I followed that up with, "Did you see how many times they were stopped cold by a counter punch but they totally ignored it and continued on with their attacks?" The Instructor shrugged as if to say, "So?" To which I replied. "Think about the street. What would have happened if they weren't wearing those helmets with the metal face guards?" "They would have gotten blasted square in the face, and when bare knuckles smash their nose flat against their face and their mouth and sinuses fill with blood and their eyes fill up with salty tears, and they have to use their tongue to see if their teeth are still in place, how effective do you think they'll be then?" I asked, "How anxious do you think they're gonna be to get back into the battle as they try to assess their injuries. And what's going to happen with the next round of attacks by their opponent when they suddenly realize that they have no way of effectively blocking any future attack. It could come as quite a shock, right?"

We talked about it for quite a while and fortunately someone there had videotaped the event, so I suggested that the Instructor watch the video and take a good hard look at his student's performance from a self defense point of view, and I further suggested that he count the number of blocks his kids should have but didn't deploy.

All those kids had been taught how to do was attack, attack, attack, and they knew nothing about how not to get hit. There were so many serious clashes I stopped counting. They'd just launch into one another with total disregard to their personal safety and I know too many martial artists that would be waiting for them to make just that mistake. Or, for those kids to be attacked by someone who knows how to block and check their counter attacks while staying on the attack themselves.

I can't even estimate how many times I've been saved by my ability to block and block well. And to move, remember those perceptive words of the renowned Steve (Sanders) Muhammad, "It's a poor set of feet, that'll let a body get beat." So, move, move, move and keep on moving.

## Blocking Itself Can Also Be a Deterrent

Most of the time, we put only a small to moderate percentage of our power into the blocks while freestyling that we would have on the street. First, because of the way our blocks are designed; that's all the power we need to deliver in order to effectively block what needs blocking. Secondly, we are consciously trying not to injure our training partner, and finally, because the adrenaline isn't pumping at the same rate it would be if this were an actual encounter. And still, our blocks are sufficient to stop most of the shots directed at our vital targets.

As far as the blocks being a deterrent is concerned, just remember that famous quote by our Founder and Senior Grand Master of Kenpo, Edmund K. Parker when he said "Your weapon is my target", and if you have ever had the privilege of being blocked by Ed Parker you know what he meant by that. His blocks were devastating to say the least, and if he were ever to have gotten serious, all it would take would be one block and that striking limb would be useless from then on and would make anyone think twice about trying it again, lest your other limbs would be similarly destroyed.

To Mr. Parker, the terms "Block" and "Strike" were interchangeable when it came to Blocks. Half the time he referred to them as Blocks and the other half as Strikes, but you always knew what he was talking about. He always intended to do as much damage against an opponent's offending weapon as he could, but it was also intended as a block which was intended to keep him safe from an opponent's attack, which it always did.

## Scenario Training is Also Good

We try to envision as many scenarios as possible. We want to put our students and ourselves in as many compromising situations as we can.

Years ago, we came to the realization that not all attacks come from directly in front of us. Let's face it, we have three hundred and sixty degrees to be aware of and to be attacked from, so why not practice against attackers coming at us from as many of those angles as is feasible?

That's when we devised the semi-circle, which has grown into the full-circle, with those in front of us and up to ninety degrees to the sides attacking with punches or kicks and those behind and up to ninety degrees with grabs, holds or locks.

If you're the guy in the middle and everyone around you is an attacker, you're going to get in the habit of moving as quickly as possible at the first flicker of movement from anyone in the full-circle in front of you, and at the slightest touch from anyone to the rear of you. You can't afford to allow anyone from the rear to actually place a full hold on you, you've got to move, NOW!

A recent modification for the sake of functionalizing the system, we instituted the wearing of Macho type gloves, to minimize injury but to still be able to strike, and to have the attackers come in with multiple strikes. Most attacks on the street are of the windmill, haymaker type, the kind of attack you'd see on some of the reality TV shows where they catch people engaging in such foolishness. Nothing sophisticated at all, just people getting pissed off at people and trying to take them out. They simply come in throwing as many haymaker type of roundhouse punches as they can, hoping that one or more of them will find a target. You know the old adage – “If you throw enough mud at the wall, some is bound to stick.” Well, that's how most untrained people fight.

The object of our drill is to have each attacker come in with a flurry of blows and for the defender to block as many or as few of them as necessary and then to counter strike and keep counter striking so as to drive the opponent back and take over the offensive and dominate. There's usually not more than a couple of attacking shots thrown before we stop that attack and our counter attack takes effect. And it should be noted that we are making positive contact to our opponent's chest area with approximately one quarter power in order to stop his further aggression and to begin to drive him back. Nothing says it like contact. In another old adage from Ed Parker, he said, “To hear is to disbelieve, to see is to be deceived. Feeling is believing.” That's why we deliberately make contact in this drill, because we have to. We need to stop the aggression and drive the opponent back.

Sometimes when the action gets especially hurried, you might not be completely finished with one opponent when another is coming from another angle, so it's permitted to employ a defensive kick because of the safety it gives you, due to distance, in stopping the attack.

You know how that goes, you catch some movement out of the corner of your eye and before you know it, your foot has lashed out and is in someone's groin or ribcage because your leg is longer than his arm and the object is to stop him before he get close enough to hit you. And it's not even a conscious move, it just happens. It's training, it's Kenpo. God, I love that!

We have also done some other off-the-wall things in the dojo, like going outside into the dark of night and freestyling in a driveway between two buildings on asphalt with only one street lamp lighting just a portion of the driveway, the rest of it cast into practically total darkness. Or, hauling the furniture from the spectator area onto the mats and creating a room in the corner of the dojo so we had obstacles to fight around and to fight us Or, walking down a hallway only to have people jump out of doorways and attack us, sometimes after we had passed the doorway so they were behind us. That's fun too and it gives you just a little of the feeling that one might get in a real situation. Various military and law enforcement agencies use Scenario Training all the time to condition their people, so why not us?



# PROMOTIONS



We would like to take this opportunity to congratulate you on your promotion. We know what kind of dedication and perseverance it requires to earn rank in the Martial Arts and we wish to pay our sincerest respects to you for having shown what it takes to appear on this list.

Michel Arcard	Quebec, CAN	<b>BROWN BELT</b>
Steph Foley	Garden Grove, CA, USA	<b>ORANGE BELT</b>
Mathew Lungen	Johnston, RI, USA	<b>YELLOW BELT</b>
Lorenzo Santiago Badillo	Moca, PR	<b>ORANGE BELT</b>
Louis R. Matos Badillo	Moca, PR	<b>ORANGE BELT</b>
Gustavo Ruiz	Moca, PR	<b>ORANGE BELT</b>
Jorge J. Padron Monroig	Moca, PR	<b>ORANGE BELT</b>
Alek A. Fuentes Gonzalez	Moca, PR	<b>ORANGE BELT</b>
Alejandro R. Marrero Gonzales	Moca, PR	<b>ORANGE BELT</b>
Nisael J. Nieves Lopez	Moca, PR	<b>YELLOW BELT</b>
Monica D. Ruiz	Moca, PR	<b>YELLOW BELT</b>
Ricardo A. Forestier	Moca, PR	<b>YELLOW BELT</b>
Andres G. Santiago Badillo	Moca, PR	<b>YELLOW BELT</b>
Arrana Z. Ruiz Vega	Moca, PR	<b>YELLOW BELT</b>
Nicole Gordils Valentin	Moca, PR	<b>YELLOW BELT</b>
Carlos Y. Ramos Mendez	Moca, PR	<b>BLUE BELT</b>
Sebastian A. Rivera Perez	Moca, PR	<b>BLUE BELT</b>
Michael Sarvis	Douglasville, GA, USA	<b>BROWN BELT</b>
Patrick Stenberg	Irvine, CA, USA	<b>BROWN BELT</b>
Lorraine Pasamba	Riverside, CA, USA	<b>BROWN BELT</b>
Devin Chissus	Seldovia, AK, USA	<b>BLUE BELT</b>
Seth	Seldovia, AK, USA	<b>GREEN BELT</b>
Casey Clark	Napa, CA, USA	<b>BROWN BELT</b>
Pat Brennan	Fritz Creek, AK, USA	<b>GREEN BELT</b>
Cordell Celtic	Fritz Creek, AK, USA	<b>BROWN BELT</b>
Roland Kennedy	Fritz Creek, AK, USA	<b>ORANGE BELT</b>
Jeffery Allen Howard	Vass, NC, USA	<b>BLUE BELT</b>
Garrett Gollehon	Vass, NC, USA	<b>BLUE BELT</b>
Amber Bailey	Woodgate, NY, USA	<b>PURPLE BELT</b>
Shawna Bailey	Woodgate, NY, USA	<b>PURPLE BELT</b>
Kaitlyn Hutchins	Woodgate, NY, USA	<b>PURPLE BELT</b>

Zachary Dolan	Woodgate, NY, USA	<b>PURPLE BELT</b>
Fredrick P. Croniser	Woodgate, NY, USA	<b>BLUE BELT</b>
Carl Baily	Woodgate, NY, USA	<b>PURPLE BELT</b>
Damien Vanatta	Woodgate, NY, USA	<b>PURPLE BELT</b>
Brayden Poste	Woodgate, NY, USA	<b>PURPLE BELT</b>
Mareissa Lisowski	Woodgate, NY, USA	<b>ORANGE BELT</b>
Amber Palen	Woodgate, NY, USA	<b>ORANGE BELT</b>
Jessica DeHart	Woodgate, NY, USA	<b>ORANGE BELT</b>
Philip Chircop	Malta, Europe	<b>BROWN BELT</b>
Alex Guerrero	Napa, CA, USA	<b>BROWN BELT</b>
Ernie Quinn	Weeki Wachee, FL, USA	<b>BROWN BELT</b>
Alessia Vittone	Redondo Beach, CA, USA	<b>BLUE BELT</b>
Lawrence Aragon	Redondo Beach, CA, USA	<b>YELLOW BELT</b>
Michael Armstrong	Redondo Beach, CA, USA	<b>GREEN BELT</b>
Ravi Patel	Redondo Beach, CA, USA	<b>PURPLE BELT</b>
Daniel Rodriguez	Redondo Beach, CA, USA	<b>PURPLE BELT</b>
Jared Nitzschner	Redondo Beach, CA, USA	<b>BROWN BELT</b>
Jocelyn Popp	Manitowoc, WI, USA	<b>PURPLE BELT</b>
Cameron Grainger	Manitowoc, WI, USA	<b>PURPLE BELT</b>
Kaleb Heuer	Manitowoc, WI, USA	<b>PURPLE BELT</b>
Evan Hans	Manitowoc, WI, USA	<b>PURPLE BELT</b>
Hunter Sasse	Manitowoc, WI, USA	<b>YELLOW BELT</b>
Justin Kluezinske	Manitowoc, WI, USA	<b>YELLOW BELT</b>
Chet Nelson	California City, CA, USA	<b>BLUE BELT</b>
Danny Niegel	California City, CA, USA	<b>PURPLE BELT</b>
Jason Eoyett	California City, CA, USA	<b>ORANGE BELT</b>
Herb Starlin	Las Vegas, NV, USA	<b>ORANGE BELT</b>
Timothy Silva	Edmond, OK, USA	<b>BROWN BELT</b>
Andrew Ponce	Bellflower, CA, USA	<b>ORANGE BELT</b>
Robert Menchaca	Bellflower, CA, USA	<b>ORANGE BELT</b>
Michael Abasta	Bellflower, CA, USA	<b>ORANGE BELT</b>
Michael T. Edens	Bellflower, CA, USA	<b>ORANGE BELT</b>
Frederick L. Croniser	Woodgate, NY, USA	<b>BLUE BELT</b>
Sierra Fear	Woodgate, NY, USA	<b>BLUE BELT</b>
Frederick P. Croniser	Woodgate, NY, USA	<b>GREEN BELT</b>
Phil Musgrove	Northport, AL, USA	<b>GREEN BELT</b>
Cristian Jimenez	Redondo Beach, CA, USA	<b>BLUE BELT</b>
Carolina Rodriguez	Redondo Beach, CA, USA	<b>ORANGE BELT</b>
Chelsea Aragon	Redondo Beach, CA, USA	<b>YELLOW BELT</b>
Lawrence Aragon	Redondo Beach, CA, USA	<b>ORANGE BELT</b>
Katherine Aquaro	Redondo Beach, CA, USA	<b>ORANGE BELT</b>

McKenna Jolly	Ferndale, WA, USA	<b>Junior Black Belt</b>
James Todd Lubash	Napa, CA , USA	<b>2nd Degree Black Belt</b>
Dean R. Jones	Ferndale, WA, USA	<b>1st Degree Black Belt</b>
Art Embodio	Vallejo, CA, USA	<b>2nd Degree Black Belt</b>
Emily Russell	Bakersfield, CA, USA	<b>Junior Black Belt</b>
Marc Moody	Napa, CA , USA	<b>1st Degree Black Belt</b>
Jason Shumaker	Grovetown, GA, USA	<b>2nd Degree Black Belt</b>
Gregory Payne	Germantown, MA, USA	<b>6th Degree Black Belt</b>

