

INTERNATIONAL KARATE CONNECTION ASSOCIATION NEWS



NEWSLETTER #8

3rd QUARTER 1996



The Sizzling Schenectady Seminar

The location of J.K. Kenpo, the Karate Connection's New York Connection is beautifully pastoral. The surrounding countryside is rolling hills blanketed by heavily wooded areas and deep green meadows with rivers and streams running through them. The city of Schenectady and especially the Stockade area is steeped in history. For those of us from the West coast it was fascinating and we want to thank Jeff Blay once again for having us.

As to the Seminar itself, we did something a little different this time. Usually the evening before the Seminar is spent in a very informal manner allowing the arriving participants to get to know one another and for us to become more personally acquainted with our video students. This time however, we utilized that time in a better way. There were enough local students and arriving participants to justify it and after taking a poll we found everybody wanted it. We ran a two hour class in the theory and implementation of Kenpo freestyle. Covering areas such as the specific reasons for freestyle and the benefits we expect to achieve from that kind of training. We have found over the years that all too many Karate schools freestyle for all the wrong reasons and in all the wrong ways, actually producing a negative effect from such practice.

Example: Padding up and using protective gear is one of the most intelligent things you can do and is mandatory in most schools for insurance reasons.

However, we have seen altogether too many tournaments in which the participants were so completely protected it gave them a feeling of total security. Therefore they were barreling into one another with complete disregard for their own safety and welfare. In other words, they weren't concerned in the least with getting slammed in the face as they made their attack.

Now you know what's going to happen the first time they're on the street and they run into your everyday homespun straight jab and someone knocks their front teeth down their throats. They're going to go into total shock.. They've never been hit **like that** before. Yes, they may have been hit that **hard** before but because of all the protective gear, all that happened was their head was snapped back and they could laugh it off after the match. It's different when someone's bare knuckles meet the bare flesh and bones of your unprotected face.

We are **not** saying that you should freestyle without protective head gear. What we are saying is that **it's the responsibility of the head instructor to make sure every student is aware of the realities and of the consequences of such blows and to make equally sure that his students are trained do everything spontaneously to avoid allowing that to happen.**

The people in that kind of tournament aren't the least bit concerned with blocking, deflecting or avoiding any of their opponent's attacks, or counters to their own attacks. All that concerns them was getting in there and getting a point, regardless of how hard they themselves might get blasted during or after the earning of that point.

Those individuals are literally being trained, to not only ignore, but to **invite** the possibilities of serious injury, when not in a tournament but on the street. At times we wouldn't see two blocks during an entire tournament.

That's only one of the topics covered in our Kenpo Freestyle Class. Some of the other were: Fighting Distance - where to be and where not to be; How to Bridge the Gap – cheating distance through switching, using broken timing, etc; Forcing Things to Happen – through faking; Pinning and Checking – tying your opponent up. In addition we taught setting up counters for those who favor counter-fighting and a host of other topics, as they came up during the class.

It's especially gratifying to have ranking Black Belts come up to you after such a class and tell you that in all their years of training they've never attended a class specifically designed to be taken to the depth that they just went to, on the subject of Freestyle. Most said, they never had **any** training or tutoring along those lines. They learned the same way their instructors had, by being thrown in there and having it beaten into them. We are in the process of making these subjects the focus of a training video. We'll let you know when it will be available.

The Seminar on Saturday was three hours of as intense a workout and dispensation of information, as we've ever been a part of. The overall group was broken down into three units. Mr. LeRoux began teaching the most advanced level. Mr. Wheeler, who accompanied us from

California, as he did for the Amite, Louisiana Seminar, took the intermediate unit and I took the basic level, which is nearest and dearest to my heart. At the one and a half hour mark we rotated instructors so each unit could get the flavor of another style of instruction. Although we all accomplish the same goals set forth in our Seminar guidelines, it's interesting seeing how it's arrived at by different instructors.

Saturday night was a blast. Mr. Blay organized a private dinner in the Banquet room of a great local restaurant he frequents often. We broke bread, watched a compilation of old video and film footage Mr. LeRoux had put together then moved to the bar where Reggie Hamilton our Main Man from North Carolina proceeded to entertain us for the rest of the evening.



Mr. Blay's school is ideal for such a seminar. It's spacious, custom carpeted, clean as a whistle and laid out beautifully. He also has plans to incorporate a training camp, making it a compound complete with a combat course in the heavily wooded area behind the dojo and a barracks-like building for those staying for a week or more.

The plan is to make our trip there an annual event, coordinated with the training camp activities, as well as an IKCA Tournament. So, if you are anywhere in the vicinity of up-state New York or even east of the Mississippi, think about joining us there next September, this is the kind of thing you'd hate to miss and we'd love to see you.



WHAT A GREAT LOOKING CREW

(Except maybe the skinny guy in the middle!)



These beautiful people are Joey Cadena (right), Sandra Almindarez and Sammy Garza. The skinny guy in the middle is “Bruised Lee”.

Joey began with the Karate Connection Video Program a little over two years ago and currently holds a Brown Belt. He has competed in several tournaments and placed in the top three in just about whatever division he has entered, purely on the basis of what he’s learned through the IKCA Video Program. Sandra and Sammy, winners also, have used the tapes but have the added advantage of having Joey guide them. Joey told us whenever he is awarded his trophy he makes a point of telling the judges and spectators that he’s never had a formal Karate lesson and then goes on to tell them where he learned his award winning technique. He says it really blows them away. We can imagine

Sandra and Joey did a demo of the form and mass attack for the crowd at the Amite, Louisiana Seminar back in June and we were all genuinely impressed with the sharpness, fluidity and poise under pressure they possessed. It’s easy to see how they keep coming away from tournaments with trophies.

FITNESS AND THE MARTIAL ARTS



Bruce Pahl "The Cat Man" is a 1st Degree Black Belt with the IKCA. He is also a personal fitness trainer and former competitive bodybuilder. He currently resides in Wilmington, DE, USA. We met him on video a couple of years ago and in person at the New York Seminar in September. He had some fascinating things to tell us about fitness as related to the Martial Arts and we asked if he would mind sharing them with the membership. Here's his answer.

Cardiovascular or aerobic exercise is one of the main factors for good health and performance in the Martial arts. It's important for most athletes to perform cardiovascular exercise on a regular basis to optimize your performance. Whether your goal is to be a competitive athlete or just to maintain good health, regular cardiovascular exercise is a must.

Before beginning any exercise program, ask yourself these two questions: What is my goal? and What am I trying to accomplish? With answers clear in your mind, you can create an exercise program based on your goals and schedule.

Exercise must be approached in a common sense manner. Before beginning an exercise program it's best to see your health care provider. If you haven't been exercising regularly, start out at a slow to moderate pace, two to three times a week, working up to thirty minutes. Exercise can include waling, biking, rowing, swimming or anything that gets your heart rate up to a working level and is maintained for a minimum of twenty minutes. Here is a good method to identify your proper pace. If you can talk in short sentences without gasping for air, you are working optimally. This type of basic program will soon show increased health benefits, general conditioning and a faster metabolism.

For the more serious athlete and martial artist, cardio should be performed 4-6 times a week. The intensity of the workouts should be varied. It's recommended to train 1-2 times a week at high intensity, 2-3 times a week at moderate intensity, and 1-2 times a week at low intensity. Interval training is also a key element in overall cardiovascular conditioning. An example of interval training would be:

- Workout #1: A long distance run of 3-5 miles.
- Workout #2: Wind sprints, 40 yards, 5-10 times. Rest and repeat.
- Workout #3: Jumping rope for 20-30 minutes at a varied pace.
- Workout #4: Jogging at a moderate pace for 20 minutes.

The best way to get in shape for a specific activity is to perform that activity. For example, performing the Karate Connection Master Form is an excellent way to get your cardiovascular conditioning in for the day. The Master form is done repetitively for 15-30 minutes, non-stop, three times a week. In addition, sparring, boxersize and no contact aerobic kickboxing are also great methods of training.

In closing, the four factors for optimal health and athletic performance are: 1) proper nutrition (including supplementation), 2) cardiovascular conditioning, 3) strength training and 4) stretching. These and other topics will be discussed more in-depth in future issues of the IKCA Newsletter.

Thanks Bruce, this is terrific. We're looking forward to more.

BOOK REVIEW

UNSETTLED MATTERS

The Life and Death of Bruce Lee

By Tom Bleeker
Gilderoy Publications

This book review marks another first for your IKCA Newsletter. It isn't often we have the time to sit and read for pleasure but this book is a must for all Martial Artists or athletes in general and especially so for those of us who go back far enough to have personally witnessed the rise and fall of the late, great Bruce Lee. His life was fascinating but his death, even more so, and it still remains one of the greatest mysteries of modern times.

Tom Bleeker didn't start out to write about Bruce the way a normal biographer might have. He began gathering his knowledge of the man in the best possible way, with a personal friendship in the early years. At a far later date he was treated to a much closer introspective view through his marriage to Bruce's widow, Linda.

What began as a biography soon turned into a quest for the truth. If you have seen the movie **DRAGON** based on Linda Lee's book "*THE BRUCE LEE STORY*" which was co-authored by Tom you have been grossly mis-led. The only similarity to the movie and fact is that Bruce Lee and Linda were indeed married and that's about where it ends. The movie was a touching love story and little more. "*UNSETTLED MATTERS*" reveals the reasons for the movie's misleading story line.

You'll be given the facts and theories, the motives and movements of the key players. For the truth as to what happened to Bruce and the mystery you'll be drawn into, you will have to read "*UNSETTLED MATTERS*" and come to your own conclusions.

I had the great pleasure of reading an early draft and quite frankly I couldn't have recommended it as highly as this final published version. Mr. Bleeker did an incredible job of investigation for this work. He crisscrossed the Pacific several times and did a ton of medical research, much of which had been ignored or deliberately hidden and never made public until now. Unfortunately there was far too much of it in the early draft. I felt it might be of interest to a medical professional but the rest of us wouldn't have the faintest idea what it was all about. Fortunately very little of that found its way into the final work. However a synopsis, in lay terms, of what the medical research added up to, and how it affected Bruce, is there to allow you to draw your own conclusions on the man, his life, and his death.

I'm not sure how wide the circulation will be or how long it will be allowed on the market, because of pending litigation, so I recommend buying your copy directly from the publisher now. The Karate Connection has no involvement in this book beyond recommending something we think you will find immensely intriguing. You're in for some real surprises.

After you've read it, let me know what you think.

LET'S PARTY!

The IKCA is planning THREE SPECIAL EVENTS you won't want to miss!

Let's talk about **SPECIAL EVENT NUMBER THREE** first. In February or March of 1998 the IKCA will be holding it's first ever Seminar/Tournament here in Southern California for IKCA members worldwide. That might seem like a long way off but that's how much lead-time is needed to plan such a convention and secure the necessary reservations, etc.

As the plan presently stands, this event will take place at one of the hotels in the Disneyland area so that families of the participants will have more to do than sit in a hotel room while we do our thing.

We have felt the need to try to take Tournament Competition to a new and more realistic level. We have always felt that the judging in most tournaments was next to impossible. As an example, how does a Tang Soo Do practitioner judge a Shotokan kata? How does an Isshinryu stylist judge a Kenpo form?

If I don't know the other system's katas, sets or forms, or for that matter even their basics; How can I expect to honestly judge their performance? Because they do something differently than we do, I might judge it as incorrect, while in their system, it's perfectly correct. In short, just because you are a Black Belt, it doesn't necessarily qualify you to judge, and to try to do so could be a total injustice to the competitor.

We have been busy planning the competitive events for this Tournament and it's getting very exciting. For the first time we can institute the kind of competition, unavailable so far, at any tournament. The reason is, that the people who will be competing all know the same material and have been trained in the same manner. They are all acquainted with IKCA drills and if they haven't been practicing them, they will now, in preparation for this competition. The dominant reason that we are able to do what hasn't been done in the past is that we now have the **personnel** to judge such unique events. We have the great fortune to have enough people who are knowledgeable as to every facet of the system, to be able to judge these unprecedented types of competitions.

By now you should certainly be aware that the Karate Connection has devoted itself to taking it's students to a new and heightened state of preparedness by stressing **SPONTANEITY!** We've said it over and over, "the greatest gift a system can give you is Spontaneous Reaction". "If you have to think about it, it's too late." "Survival is measured in milliseconds." And that's what our competitive events will be all about, and

bridging the gap between the dojo and the street, striking with all the precision, velocity and intensity necessary to do grave bodily damage. And how better to prove that it's really happening than to see it performed on our old friend, the **life-size dummy**? That will be one of the events. Each competitor will perform designated techniques on a dummy, his or her size, and be judged on **accuracy**, **speed** and **power**. The judges will be placed in a position to not only see and hear each blow but to practically feel their impact. For the Finals in this competition they will perform a blended series of techniques on the dummy and will be judged in a similar manner. This is only one of the competitive events. There are several more on the drawing board.

There will also be a category for Kenpo competitors from other schools. Obviously, they won't be able to compete in the IKCA events that require specific techniques known only to the IKCA competitors. We didn't want to shut other Kenpo people out, so we will include some events they can participate in, while gaining an insight as to what your Karate Connection is all about.

You will receive all the necessary information to begin your preparation for competition long before the Championships. As a matter-of-fact you can even bone up for it if you live anywhere near Schenectady, New York, which brings us to...

SPECIAL EVENT NUMER TWO

When we go back to Schenectady in September of 1997 for our annual Seminar we are going to institute the kind of competition described above. Mr. Jeff Blay wishes to hold these competitions annually in conjunction with the Seminar and is more than excited by what we have described so far. He has many other ideas to contribute and intends to help during...

SPECIAL EVENT NUMER ONE

If you have been a member of the IKCA for any length of time you know by now that we rely heavily upon the membership's creative ingenuity. We asked you to help name the techniques and you did. We asked for input in designing the Kenpo ring and you came back with some great ideas. We asked for Letters to the Editor with questions that helped define what the Karate Connection is all about and you responded. Now we are going to ask for your help in planning and executing the IKCA CHAMPIONSHIPS. We already have several events in the fundamental stages but we know that with the talent we have available, we can take our basic ideas to new heights of inspiration. We would like to get together and pound out most of the ideas one at a time.

We have decided to make this a **PARTY** of its own. We are going to do it on a **WEEKEND CRUISE** out of San Pedro, California which is actually considered Los Angeles Harbor. Sometimes during the cruise we'll all sit down and put our heads together for these upcoming Tournaments. That in itself will be fun and it won't take away from the party, it'll add to it. There's nothing like having your own gang for something like this. This is a one of a kind trip!



Letters to the Editor

Once again, this past quarter, the IKCA received numerous letters but not many directed specifically to this column. As earlier stated, unless there is a question or observation we feel would be of interest to the majority of the membership, it probably wouldn't make it into print. We thank you for your many wonderful comments concerning the program but this section of the newsletter is reserved for the aforementioned only.

Dear Chuck and Vic,

I have a few questions I'd like to ask. First: I'm basically a new member and I'm really having trouble motivating myself to train. I mean I've been a member since March and I've only trained 3 or 4 times. I haven't even watched all of the tapes yet.

It's not like I haven't had any training. I have been in Isshinryu but it was hands-on and I'm having trouble learning from just the videos. If you guys have any suggestions they would be greatly appreciated.

Second: Would you please explain the difference in American and Chinese Kenpo?

Third: Where can I locate a Kenpo tournament in my area?

Fourth: What kind of weaponry is used in Kenpo?

Thanks once again. Your answers would be greatly appreciated.

Your Brother in Kenpo,
Walt Mull

This is the reply to Walt's letter.

Dear Walt,

Thanks for your letter and your interesting questions. First let me say that motivation is a very difficult thing to self-achieve. We know how hard it is when you are receiving no feedback.

My first suggestion is to involve someone else who has a desire to learn this great Martial Art. If you put out the word among your friends, relatives, neighbors, acquaintances, fellow workers and perfect strangers, someone out there would be

happy to find the same thing you're looking for, a workout partner. It's always easier to motivate each other than to do it solo.

If push comes to shove Walt, you always have a workout partner in one of us. If you'll take the Orange Belt test we'll let you know exactly where you stand, what you're doing right and what you're not doing in Kenpo manner. We can guide you the same as being there and the Orange Belt test requires no partner. You'll be surprised what we can accomplish together. As far as watching all of the tapes, don't worry about that for now, just concentrate on the basics and the techniques on the Orange Belt Tape. It's the most important tape of the series. Study it, devour it, make the knowledge yours, then we'll worry about how you're going to progress. We'll find a way and who knows, maybe just the act of getting started will motivate you in itself.

Your second question concerns the difference between Chinese and American Kenpo. To begin with, Kenpo is Chinese. **Period.** Our form of it was brought from China to the Hawaiian Islands. There Mr. Chow taught it to Ed Parker, who brought it to the Mainland (USA – Hawaii was not a state at that time.) It was here I was taught by Mr. Parker.

I suppose some people feel that whatever happened to the system while it was being developed further here would be Americanizing it, therefore **whatever** is now being taught here is American Kenpo. If that's the way they feel, that's fine and I suppose there's certain logic to it. As for myself, what I learned from Mr. Parker in the early days of the late 1950's and early 1960's, was still close enough to the **original Kenpo** that I consider it the Chinese version; and since Mr. LeRoux and myself took the system back, as close to the original as possible, we still consider it Chinese in nature. That's why we have the words **Chinese Kenpo** on our school patch.

As for Kenpo Tournaments: There are very few purely Kenpo Tournaments anywhere and I doubt if you are going to be able to find one in your state. The closest you'll probably come would be an Open Tournament where Kenpo practitioners would compete. It would be great for an organization to be able to put on a **Pure Kenpo Tournament**. There could be types of competition not found in other tournaments at all. It's an idea we've been working on. The only problem is that we would, more than likely, hold it here in the West Coast. Actually, it wouldn't be a tournament in the strict sense of the word. It would rather be more of a congress, seminar or symposium sort of gathering with certain competitive events held more as a fun sideline than the main reason for having such a function.

Your last question asked what weaponry is used in Kenpo. Kenpo by its very nature is a **weapon-less system of self defense**. There are no weapons in Kenpo. However, many of the Kenpo practitioners have substituted weaponry for the natural weapons of their hands, feet, knees, forearms, elbows, etc., and done a very nice job of it, but the system itself was conceived as weapon-less. As for myself, if I can't carry it down the street, in open view, and not cause stares and incredulous looks from the folks passing by, I won't waste my time practicing with it and so far all of the weapons I've seen people use in conjunction with Kenpo would indeed draw that kind of attention. I suppose if a person were to become proficient enough in the system as to get bored and needed a hobby, weapons probably wouldn't be all that bad a diversion but who do you know that has ever become that accomplished? I wish I could claim that distinction but I can't.

These are good questions, Walt. I hope I've answered them for you. I know at times I tend to get a little tongue-in-cheek but I can't help it. I love the Art and take it seriously but I like having a bit of fun at the same time. My only hope is that you can have as much enjoyment with it as I have.

If you have any further questions feel free to ask them at the end of the video test, we'll be happy to answer them. I'm rarely able to find time to respond as I have here, you caught me during an unusual period and I enjoy answering questions about Kenpo, but it's a whole lot easier to talk than to type so we try to restrict questions and answers to our video correspondence. I'm looking forward to meeting you on video.

Your Brother in Kenpo,

Chuck Sullivan, 8th Dan, Kenpo

Here's an excerpt from a letter sent by Blair L. Faulk, a student in Nigeria, Africa.

Let me share a recent experience:

We went to the Yankari Game Reserve. While walking down to the river, a baboon (full grown, 100 lbs.) decided to take my daughters lunch. The baboons have two inch fangs and can bite through a man's arm. Before I thought, I gave her a right roundhouse kick to the side. It must have surprised the baboon too, because she fled, screaming.

KENPO rises to all occasions! Thanks, Blair.





To Our Students:

We would like to take this opportunity to congratulate you on your promotion. We know what kind of dedication and perseverance it requires to earn rank in the Martial Arts and we wish to pay our sincerest respects to you, for having shown what it takes to appear on this list.

CONGRATULATIONS!

Eric Bantz	Cypress, CA, USA	Orange
Bradley Price	Modesto, CA, USA	Orange
John Quinn	San Bernardino, CA, USA	Purple
John Cheatham	Santa Maria, CA, USA	Purple
Debbie Franklin	Maggie Valley, NC, USA	Green
J.P. Keith Breazeale	Leland, NC, USA	Brown
Michael Lee	Susanville, CA, USA	Brown
John Kortman	Zuid-Beijerland, HOL	Blue
Richard H. Robishaw	Bowdoinhani, ME, USA	Orange
Derek A. Smith	Military APO	Purple
Mark Allen Williams	Galveston, TX, USA	Purple
Todd Jenkins	Galveston, TX, USA	Blue
Nathan D. Murphree	Branson, MO, USA	Blue
Anthony C. Day	Killeen, TX, USA	2 nd Degree Black Belt
Abelardo N. Ordonio, Jr.	San Jose, CA, USA	1 st Degree Black Belt
Athos Antoniades	London, ENG	Blue
Barbara M. Day	Killeen, TX, USA	Orange
Eli Bachara	California City, CA, USA	Brown
Rick Joy	Logan, OH, USA	Blue
Keith D. Hessler	Pasadena, MD, USA	Green
Jose Cabaluies	San Jose, CA, USA	Brown
Terry O'Conner	Phoenix, AZ, USA	Orange
Mike Dagley	New Castle, IN, USA	Purple
Keith Drankiewicz	Milwaukee, WI, USA	Blue
Bruce Camise	Princeton, FL, USA	Green
Greg Dudley	Everett, WA, USA	Yellow
Mark Olsen	Everett, WA, USA	Orange
Tommy Lee Ford	Everett, WA, USA	Purple
Ashley Perez	Falfurrias, TX, USA	Yellow
Steven Sosa	Falfurrias, TX, USA	Yellow
Christopher Jay Sosa	Falfurrias, TX, USA	Yellow
Javier Perez, Jr.	Falfurrias, TX, USA	Yellow
Jason Schacheri	Falfurrias, TX, USA	Orange
Joshua Martin	Falfurrias, TX, USA	Yellow
James C. Onderdonk, Jr.	Falfurrias, TX, USA	Yellow
Sharis Mohair	Falfurrias, TX, USA	Orange
Ernesto Julian Williams	Falfurrias, TX, USA	Orange
Marc Cadriel	Falfurrias, TX, USA	Orange

Nadia V. Rana	San Jose, CA, USA	Brown
Hugo A. Meza	San Jose, CA, USA	Brown
Erin Jackson	Cypress, CA, USA	Yellow
Joey Cadena	Falfurrias, TX, USA	Brown
Ron Kinney	Ferguson, MO, USA	Purple
Michael S. Leske	South St. Paul, MN, USA	Purple
Brent A. Harper	Loma Linda, CA, USA	Green
Jeff Anderson	Marietta, GA, USA	Brown
Timothy L. Wion	Phoenix, AZ, USA	Blue
Curtis Tate	Cedar City, UT, USA	Blue
Nicholas Froyd	Cedar City, UT, USA	Purple
Shad Roundy	Cedar City, UT, USA	Blue
Todd Jackson	Cedar City, UT, USA	Orange
Blair L. Faulk	Nigeria, AFR	Orange
Jeff Faulk	Nigeria, AFR	Orange
Wes Faulk	Nigeria, AFR	Orange
Lucien M. LeFlohic	Garden Grove, CA, USA	Purple
Chuck Permenter	Austin, TX, USA	Orange
Celesta Lyman	Cedar City, UT, USA	Brown
Reggie Hamilton	Thomasville, NC, USA	Brown
Clay Brasuell	San Jose, CA, USA	Brown
Bradley Price	Modesto, CA, USA	Purple
Michael Hall	Everett, WA, USA	Yellow
Dave Emerson	Santa Clarita, CA, USA	Orange
Colin Clark	Santa Clarita, CA, USA	Orange
Michael C. Jolly	Ferndale, WA, USA	Orange
Keith Tague	Cypress, CA, USA	Yellow
Mark Tague	Cypress, CA, USA	Yellow
Jared Norton	Cypress, CA, USA	Yellow
Ray Gong	Alhambra, CA, USA	Blue
Bill Jones	Whitmore Lake, MI, USA	Orange
Bradley Price	Modesto, CA, USA	Blue
Richard L. Barton	Thomasville, NC, USA	Blue
Kurt Hersee	Ontario, CAN	Blue
Darren Malcolm	Edmonton, AB, CAN	Orange
Alexei Smirnov	Edmonton, AB, CAN	Orange
Jeffrey K. Blay, Sr.	Schenectady, NY, USA	2nd Degree Black Belt
Holly Gates	Falfurrias, TX, USA	Orange
Rene Sanchez	Falfurrias, TX, USA	Purple
Deborah Barnett	Redondo Beach, CA, USA	Blue
Jay Allison	Ontario, CAN	Orange
Gary DiPadua	Johnston, RI, USA	Orange
Gerard Perez	Howell, MI, USA	Green
Sandra Almendarez	Falfurrias, TX, USA	Blue
Timothy A. DiPadova	Willowick, OH, USA	Blue
Carl E. Britt	Wyomissing, PA, USA	4th Degree Black Belt
Glen Lower	Susanville, CA, USA	Orange
Mark K. Shepard	Woodbury, MN, USA	Orange
Clayton Pait	Hartsville, SC, USA	Green
Richard J Scafuto	Bloomington, IL, USA	Orange
Erik Shank	Galveston, TX, USA	Orange

Mark A. Williams	Galveston, TX, USA	Blue
Claus L. Hansen	Sundby, DEN	Blue
Joseph Washburn	Meadville, PA, USA	Green
Todd Jenkins	Galveston, TX, USA	Green
Fred L. Ward	San Jose, CA, USA	Brown
Ken Andes	Plainfield, NJ, USA	Orange
Ted Barnes	Joshua Tree, CA, USA	Orange
Frank Smith	Cleveland, TN, USA	Green
Athos Antoniades	London, ENG	Green
Lou Blizzard	Ajax, ON, CAN	Brown
Bruce Pahl	Wilmington, DE, USA	1 st Degree Black Belt
Glen R. Lyman	Cedar City, UT, USA	4 th Degree Black Belt
Boyd Davezac	Montrose, AL, USA	Orange
Earl J. Stokley	Kempton, PA, USA	Blue
Anthony Glorioso	Torrance, CA, USA	Brown
Ray Gregory	Anaheim, CA, USA	Blue
Winston Farrow	Detroit, MI, USA	Orange
Don Van Gorden	Midlothian, VA, USA	Purple
Logan Franklin	San Rafael, CA, USA	Purple
Michael P. Hyatt	Perry, UT, USA	Green
Brandon Freeman	Perry, UT, USA	Orange
Vince Van Voltenburg	Antelope, CA, USA	Orange
Mike Youngblood	San Jose, CA, USA	Orange
Joseph A. Karpinski	Cleveland, OH, USA	Orange
Keith Drankiewicz	Milwaukee, WI, USA	Green
Perry Lee	Waterloo, ON, CAN	Purple
Debbie Franklin	Maggie Valley, NC, USA	Brown
Clay Brasuell	San Jose, CA, USA	Brown
Bradley Price	Modesto, CA, USA	Blue
Michael Hall	Everett, WA, USA	Yellow
Dave Emerson	Santa Clarita, CA, USA	Orange
Colin Clark	Santa Clarita, CA, USA	Orange
Michael C. Jolly	Ferndale, WA, USA	Orange
Keith Tague	Cypress, CA, USA	Yellow
Mark Tague	Cypress, CA, USA	Yellow
Jared Norton	Cypress, CA, USA	Yellow
Mark Haller Wade	Santa Clarita, CA, USA	Orange
Erik Shank	Galveston, TX, USA	Purple
Simon Geller	Galveston, TX, USA	Orange
Jon Allen Thompson, Jr.	Galveston, TX, USA	Orange
Jesus E. Vasquez	San Jose, CA, USA	Brown
Steven W. Mosley	Gainesville, GA, USA	Green
Jason Mummaw	DeBary, FL, USA	Green
Tiger Edwards	Mill Valley, CA, USA	Purple
Steven T. Hunter	Desoto, TX, USA	Orange
Victor Jimenez Arellanes	San Jose, CA, USA	Brown
Chris Barnett	Los Alamitos, CA, USA	Purple
Robby Barnett	Los Alamitos, CA, USA	Green
Francois Bissonnette	Quebec, QU, CAN	Orange
Brent Harper	Loma Linda, CA, USA	Brown